

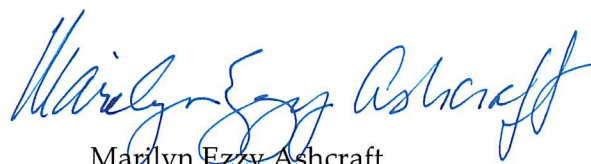
Proclamation

- Whereas,** a national nutrition program for seniors 60 years and older was established on March 22, 1972 when President Richard Nixon enacted an amendment to the Older Americans Act of 1965; and
- Whereas,** in March 2002, Meals on Wheels America established the March for Meals campaign to recognize the historic month and the importance of Older Americans Act Nutrition Programs, and to raise awareness about the problem of senior hunger in America; and
- Whereas,** in 2020, March for Meals celebrates 18 years of providing support for Meals on Wheels programs that deliver vital and critical services by donating, volunteering and raising awareness about senior hunger and isolation; and
- Whereas,** Meals on Wheels programs – both communal and home-delivered, have served our communities admirably for more than 40 years in California, and for 46 years in Alameda; and
- Whereas,** Alameda Meals on Wheel’s volunteers are the backbone of the program, delivering nutritious meals to seniors and individuals with disabilities who are at significant risk of hunger and isolation; and
- Whereas,** Alameda Meals on Wheel’s programs help seniors throughout the City maintain their health and independence, thereby prevent unnecessary falls, hospitalizations and/or premature institutionalization; and
- Whereas,** we recognize and thank Alameda Meals on Wheels for their contributions to our community.

Now, therefore, be it resolved, that I, Marilyn Ezzy Ashcraft, Mayor of the City of Alameda, hereby proclaim March 2022 as the

20th Annual March for Meals Month

and urge every citizen to take this month to honor our Meals on Wheels of Alameda County programs, the seniors they serve and the volunteers who care for them. Our recognition of, and involvement in, the national 2020 March for Meals can enrich our entire community and help combat senior hunger and isolation in America.



Marilyn Ezzy Ashcraft
Mayor

