

## Prepare Our Island

### Week 6: On-the-Go Go Bags

Your mission this week is to prepare bags for your car and/or for work. This is to ensure that you will have access to supplies you would need during an emergency, no matter when or where it strikes. These bags can be less extensive or smaller than the ones you have in your home.

#### Basic Checklist: On-the-Go Go Bags

- Kept in car and/or workplace
- Snacks, water
- Clothing
- Tools

1. Items in your bag should include but not be limited to:
  - a. Snacks
  - b. Water
  - c. Flashlight
  - d. Extra batteries
  - e. Portable radio
  - f. First Aid Kit and manual
  - g. Whistle
  - h. Hygiene Items
  - i. Lighter/ waterproof matches
  - j. Portable charger for phone
  - k. Sturdy shoes
  - l. Cold weather and rain gear
  - m. Shovel
  - n. Toilet paper
  - o. Any items specific to the needs of your family
    - i. Medicine
    - ii. Glasses and/or contact lens supplies
    - iii. Items for babies (such as formula, diapers, and wipes)
2. Documents
  - a. Emergency contact lists
  - b. Medical, insurance and credit card information

**For more information, please see:**

- Totally Unprepared: "[Far From Home?](#)"
- Ready.gov: "[Car Safety](#)"