

Mastick Senior Center

2022 Special Events Calendar

MAY



TUE	3	<p>Book Club 12:15 p.m., via Zoom Alexander Technique: Improving the Vagus Nerve Function (T/W/Th, May 3-5, 10-12), 1:30 p.m. – 3:00 p.m., via Zoom</p>
WED	4	<p>Movie Matinee: Free Guy (PG-13) 12:30 p.m. – 2:30 p.m., Dining Room 2</p>
THUR	5	<p>Great American Songbook (May 5 & 19), 1:00 p.m., via Zoom</p>
FRI	6	<p>Movie Club 10:00 a.m. – 12:00, via Zoom</p>
TUE	10	<p>Medicare Alert: Prevent Medicare Fraud & Abuse 10:00 a.m. – 11:00 a.m., Room D</p>
THUR	12	<p>New Member Orientation 10:30 a.m., Game Room Hula Expo 12:00 p.m. – 12:50 p.m., Room A</p>
FRI	13	<p>Trip: Sea Plane Lagoon Kayaking Tour 9:00 a.m. – 12:00 p.m.</p>
WED	18	<p>MSCAB Meeting 9:30 a.m. – 10:30 a.m., Room D Movie Matinee: Tick, Tick...Boom! (PG-13) 12:30 p.m. – 2:30 p.m., Dining Room 2 Connections & Senior Resources 1:00 p.m. – 2:00 p.m., Room D</p>
WED	25	<p>Diabetes Support Group, 10:00 a.m. – 12:00 p.m., Room D</p>
THU	26	<p>Birthday Celebration, 12:30 p.m., Courtyard Music Appreciation, 1:30 p.m., Dining Room 2</p>
MON	30	<p>Center Closed for Memorial Day Holiday</p>



PROGRAM DATES, LOCATIONS, AND TIMES ARE SUBJECT TO CHANGE.

Please refer to www.mastickcenter.com or call (510) 747-7500
for registration requirements. Thank you!