

# *Mastick Senior Center*

## *2022 Special Events Calendar*

### **JUNE**

WED	1	<b>AARP Smart Driver Standard Course</b> (Wed., June 1 & 8) 9:00 a.m. – 1:30 p.m., Rm D <b>Movie Matinee: Red Notice (PG-13)</b> , 12:30 p.m. – 2:30 p.m., DR 2
THUR	2	<b>Summer Walking Club @ Waters Edge Lodge</b> (Tues. & Thur.), 9:30 a.m. – 10:30 a.m., 801 Island Dr.
FRI	3	<b>Seniors Sea Plane Lagoon Kayak Tour</b> 10:00 a.m. – 12:30 p.m., Encinal Boat Ramp, 190 Central Ave., <b>Mastick Movie Club</b> , 10:00 a.m., via Zoom
TUE	7	<b>Free Food Distribution</b> , 10:00 a.m. – 1:00 p.m., Mastick Parking Lot, <b>Book Club</b> , 12:15 p.m., via Zoom <b>Transportation 101 – AC Transit App Training</b> 1:00 p.m. – 3:00 p.m., Rm D
FRI	10	<b>Eye Health with Dr. Liu</b> , 9:00 a.m. – 10:00 a.m., DR 2
SAT	11	<b>54th Annual Sand Castle &amp; Sculpture Contest</b> , 9:00 a.m. – 1:00 p.m., Robert Crown Memorial State Beach
MON	13	<b>Open Registration for Fall Programs!</b> 9:00 a.m., visit <a href="http://www.alamedaca.gov/Departments/Recreation-Parks">www.alamedaca.gov/Departments/Recreation-Parks</a> , in-person, or call 510-747-7500
TUE	14	<b>Keeping Elders Safe: Overview of Elder Abuse &amp; Legal Remedies</b> 10:00 a.m. – 11:00 a.m., DR 2
WED	15	<b>MSCAB Meeting</b> , 9:30 a.m., Room D, All welcome! <b>Movie Matinee: Mowgli: Legend of the Jungle (PG-13)</b> 12:30 p.m. – 2:30 p.m., DR 2 <b>Senior Connections &amp; Resources</b> , 1:00 p.m. – 2:00 p.m., Rm D
THUR	16	<b>Protecting Older Adults from Telephone Scams</b> (Thur., June 16 & 30), 1:00 p.m. – 2:00 p.m., Rm D
TUE	21	<b>Pole Walking for Balance &amp; Maintaining Independence</b> 9:00 a.m. – 11:45 a.m., Rm D <b>Hop on the Bus with Us!</b> 1:00 p.m. – 3:00 p.m., Game Rm/Off-site <b>Thriving with Parkinson's @ Waters Edge Lodge</b> (Tues. & Thur., June 21 – Aug. 11), 11:00 a.m. – 12:00, 801 Island Dr.
WED	22	<b>Diabetes Support Group</b> , 10:00 a.m. – 12:00, Rm D
THUR	23	<b>Birthday Celebration</b> , 12:30 p.m. – 1:00 p.m., Courtyard <b>Music Appreciation – Music from Finland</b> , 1:30 p.m. – 2:30 p.m., DR 2
MON	27	<b>Train Your Brain @ Elders Inn</b> (Mon. & Wed., June 27 – Sept. 27), 10:00 a.m. – 11:00 a.m., 1721 Webster St.

PROGRAM DATES & TIMES ARE SUBJECT TO CHANGE!

Please refer to the Mastick E-Newsletter for registration and fee requirements. Thank you!