

Mastick Senior Center

2022 Special Events Calendar

AUGUST

TUE	2	Chat Room: Finding Meaning in Your Life 9:30 a.m., via Zoom Book Club 12:15 p.m., via Zoom Transportation 101 / Transit App Training 1:00 p.m., Room D
THU	4	Great American Songbook (August 4 & 18), 1:00 p.m., via Zoom
THU	11	New Member Orientation 10:30 a.m., Game Room
TUE	16	Holding Space - How to Have Satisfying Conversations Again! 10:00 a.m. – 11:30 a.m., Dining Room 2 Hop On the Bus with Us! 1:00 p.m., Game Room / Off-site
WED	17	MSCAB Meeting 9:30 a.m., Room D Senior Connections & Resources 1:00 p.m., Room D What to Do with Our Home Full of “Stuff” 1:00 p.m., Dining Room 2
TUE	23	The Last Gift Box 1:30 p.m., Room D
WED	24	Diabetes Support Group 10:00 a.m., Room D
THU	25	Birthday Celebration 12:30 p.m., Dining Room 2 Music Appreciation 1:30 p.m., Dining Room 2
FRI	26	Seniors Sea Plane Lagoon Kayak Tour, 10:00 a. m. – 12:30 p.m. launch from Encinal Boat Ramp, 190 Central Avenue

NOTE: PROGRAM DATES & TIMES ARE SUBJECT TO CHANGE!

Please visit www.alamedaca.gov/mastick or call 510-747-7500
for registration and fee requirements.

Thank you!