

ACTIVITY GUIDE

FALL 2026



**Parks
Make
Life
Better!**

Alameda Recreation And Park Department
(510) 747-PLAY • www.alamedaca.gov/recreation
Camps • Classes • Events • Parks • Services • Sports • more

ARPD - CITY DIRECTORY & CONTENTS



Alameda City Council

Marilyn Ezy Ashcraft	Mayor
Michele Pryor	Vice Mayor
Greg Boller	Councilmember
Tony Daysog	Councilmember
Tracy Jensen	Councilmember

Alameda City Manager

Gerry Beaudin	City Manager
Amy Wooldridge	Assistant City Manager

Rec and Park Commission

Wesley Radez	Chair
Drew Swartz	Vice Chair
Adrienne Alexander	Member
Kareem Burney	Member
Vacant	Member

Golf Commission

Lynn Jones	Chair
Ed Downing	Vice-Chair
Lily Boris	Member
Hamill Serrant	Member
Clifford Tong	Member

Commission Meetings

Golf Commission

Meets 2nd Tuesday at 6:30pm,
every other month
(Jan, Mar, May, July, Sept, Nov)
City Hall, Room 360

Mastick Senior Center Advisory Board

Meets 3rd Wednesday at 9:30am
Mastick Senior Center,
1155 Santa Clara Ave, Room D

Recreation & Park Commission

Meets 2nd Thursday at 7:00pm
City Hall Council Chambers
Everyone welcome.
Also televised live on Channel 15

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MESSAGE FROM THE DIRECTOR

As we welcome the fall and winter seasons, I'm excited to share the many ways ARPD continues to invest in our community. This year brings several exciting projects, including ongoing improvements at Estuary Park, safety enhancements at Lincoln Park, work beginning this fall at the Alameda Skate Park, and paving improvements at Longfellow Park. Beyond these projects, this guide is packed with opportunities for residents of all ages. From youth sports and enrichment programs to fitness, arts, and lifelong learning opportunities for adults and seniors, there's something for everyone to enjoy.



We invite you to explore the guide, try something new, and connect with your community through our parks, programs, and events. As you enjoy Alameda's parks and open spaces, please remember to keep pets on a leash so everyone can have a safe and enjoyable experience. Thank you for being part of our Recreation and Parks community. We look forward to seeing you this season!

Thank you,
Justin Long
 Recreation and Parks Director, City of Alameda

PARK MAINTENANCE

Enjoy Alameda's beautiful parks this Summer and Fall. Beat the heat with a picnic in the shade at Lincoln Park or Franklin Park, take a stroll along Shoreline Park, or enjoy the beautiful waterfront views at Seaplane Lagoon.

Alameda's newest park, Estuary Park Phase 2, is continuing to take shape and is anticipated to open in early 2027. This fall, a new playground is scheduled to be installed at Leydecker Park, and the new trail connectors at Jean Sweeney Open Space Park are now open for the community to enjoy.

ADAPTATIONS & ACCESSIBILITY

Should you need support accessing Recreation & Parks facilities or programs, or would like to request special accommodations for those with a disability and/or special needs, please contact Morace McKay, Recreation Manager at 510-747-7510.

FINANCIAL ASSISTANCE AVAILABLE

Financial Assistance is available for families who qualify. Up to 75% in assistance is available for Youth Programs, Camps and Classes. To learn more, or to apply, visit the ARPD website: www.alamedaca.gov/recreation. Printed copies of our Financial Assistance Program Procedures and Application are available at the ARPD office during regular business hours.

ARPD Staff

Justin Long	Director 510-747-7570 jlong@alamedaca.gov
Matt Nowlen	Assistant Director 510-747-7587 mnowlen@alamedaca.gov
Morace McKay	Recreation Manager 510-747-7510 mmckay@alamedaca.gov
Patrick Russi	Recreation Manager 510-747-7550 prussi@alamedaca.gov
Oscar Ledesma	Park Maintenance Supervisor 510-747-7587 oledesma@alamedaca.gov
Eric Vlnar	Park Maintenance Supervisor 510-747-7587 evlnar@alamedaca.gov
Christina Bailey	Recreation Supervisor I – Pre K & Youth 510-747-7554 cbailey@alamedaca.gov
Joey Carroll	Recreation Supervisor I – Sports, Facilities & Rental Staffing 510-747-7555 jcarroll@alamedaca.gov
Stacy Thomas	Recreation Supervisor I – Aquatics 510-747-7586 stthomas@alamedaca.gov
Rich Castrillon	Recreation Assistant 510-747-7511 rcastrillon@alamedaca.gov
Ashley Cendejas	Recreation Assistant 510-747-7575 acendejas@alamedaca.gov
Daria Nyberg	Recreation Assistant 510-747-7552 dnyberg@alamedaca.gov

Contact Us!

Website & Online Registration

www.alamedaca.gov/recreation

Email arpd@alamedaca.gov

Facebook www.facebook.com/playARPD

Phone 510-747-PLAY (7529)

Fax 510-523-4071

Hours Monday - Friday: 8:30am - 5:30pm

Park and Facility Issues After Hours
510-775-5459

Field Condition Hotline After 2pm
510-747-7540

Mastick Senior Center 510-747-7500
www.alamedaca.gov/mastick
masticksuggestion@alamedaca.gov

Hours: Monday to Friday, 9:00am - 4:00pm
Saturday, 9:00am to 2:00pm

Parks & Facilities See page 47

Online Reservation

- Bocceball
- Picnic Tables
- Recreation Centers

www.alamedaca.gov/recreation

COMMUNITY - DIRECTORIES & HOTLINES

CITY DEPARTMENT DIRECTORY

Emergency (Life or Property at Risk)	911
City Information	510-747-7400
City Attorney	510-747-4750
Prosecution and Public Rights Unit	510-747-4760
City Clerk & City Council	510-747-4800
Mayor's Office	510-747-4701
City Manager's Office	510-747-4700
Alameda Municipal Power (AMP)	510-748-3900
Base Reuse and Economic Development	510-747-6890
Finance	510-747-4881
Fire (Non-Emergency Only)	510-337-2100
Corica Park	510-747-7800
Housing Authority	510-747-4300
Housing and Human Services	510-747-6890
Human Resources	510-747-4900
Job Opportunities	www.governmentjobs.com/careers/alamedaca
Information Technology (IT)	510-747-7412
Library	510-747-7777
Media Contact	510-747-4714
Planning, Building and Transportation	510-747-6800
Police (Non-Emergency Only)	510-337-8340
Anonymous Tip Line	510-337-8450
Animal Services	510-337-8562
Animal Control (After Hours)	510-337-8340
Public Works	510-747-7900
Maintenance Services (Streets, Sidewalks, Non-Park Issues)	510-747-7900
Alameda Rent Program	510-747-7520

HOTLINES

Transportation Hotline www.511.org or call 511

511 is a one-stop phone and web source for up-to-the-minute Bay Area traffic, transit, rideshare, and bicycling information. It's FREE and available whenever you need it – 24 hours a day, 7 days a week – from anywhere in the nine-county Bay Area.

Information & Referral Assistance Hotline - 211

Need Help? Get answers by simply dialing 211. 211 is a free, non-emergency, confidential, three-digit phone number and service (www.211alamedacounty.org) that provides easy access to housing information and critical health and human services. 211 operates 24 hours a day, seven days a week with multi-lingual capabilities.

JOIN OUR TEAM!

PART-TIME RECREATION POSITIONS AVAILABLE

www.alamedaca.gov/recreation




COMMUNITY DIRECTORY

AC Transit	www.actransit.org
Alameda Adult School	www.adult.alamedaunified.org
Alameda Boys and Girls Club	www.alamedabgc.org
Alameda Chamber & Economic Alliance	www.alamedachamber.com
Alameda Education Foundation	www.alamedaeducationfoundation.org
Alameda Family Services	www.alamedafs.org
Alameda Family Services – Head Start	www.alamedafs.org/support-main.html
Alameda Food Bank	www.alamedafoodbank.org
Alameda Friends of the Parks Foundation	www.alamedaparks.org
Alameda Health System (Alameda Hospital)	www.alamedahealthsystem.org
Alameda Historical Museum	www.alamedamuseum.org
Alameda Holiday Boutique	www.alamedaholidayboutique.com
Alameda Meals on Wheels	www.alamedamealsonwheels.org , 510-865-6131
Alameda One Stop Career Center – COA	www.alameda.edu/students/college-of-alameda-career-and-employment-center
Alameda Point Collaborative	www.apcollaborative.org
Alameda Professional Child Care Assoc	www.alamedapcca.org
Alameda Unified School District	www.alamedaunified.org
American Red Cross	www.redcross.org
BANANAS	www.bananasbunch.org
Building Futures	www.bfvc.org
California Historical Radio Society	www.californiahistoricalradio.com
California State Park Info and Reservations	www.parks.ca.gov
Center for Independent Living	www.centerforindependentliving.org , 510-841-4776 or 510-356-2662
College of Alameda	www.alameda.edu
Doug Siden Visitor Center at Crab Cove	www.ebparks.org/parks/visitor-centers/crab-cove
East Bay Paratransit	www.eastbayparatransit.org
East Bay Regional Park District	www.ebparks.org
Girls Inc. of the Island City	www.girlsincislandcity.org
Girls on the Run Bay Area	www.gotrbayarea.org/programs
Rhythmix Cultural Center	www.rhythmix.org
USS Hornet Foundation Museum	www.uss-hornet.org

COMMUNITY SPORTS

Aeronautics – Tethered Model Airplane Flying	rbush88@juno.com
Alameda Attack Lacrosse Club	www.alamedalacrosse.sportngin.com
Alameda Babe Ruth Baseball	www.alamedababeruth.com
Alameda Dragon Flyers Dragon Boat Team	www.alamedadragonflyers.com
Alameda Gators Swim Team	www.teamunify.com/team/alga/page/home
Alameda Girls Softball Association	www.alamedagsa.com
Alameda Little League	www.alamedalittleleague.org
Alameda Soccer Club	www.alamedasoccer.org
Alameda Swimming Pool Association	www.teamunify.com/Home.jsp?_tabid_=0&team=psaspa
Alameda Vipers Basketball Club	www.alamedavipers.com
Alameda Wolverines Football	www.afawolverines.com
Alameda Youth Basketball	www.alamedayouthbasketball.club
Artemis Rowing	www.artemisrowingclub.org
Corica Park	www.coricapark.com
Special Olympics (Alameda)	www.sonc.org/programs/community-sports-programs/county/alameda

COMMUNITY EVENTS

Starlight Movies in the Park

Back to the Future: Friday, July 24, Multi-Purpose Field

The Goonies: Friday, August 28, Leydecker Field

Jurassic Park: Friday, September 18, Jean Sweeney Open Space Park

Free Starlight Movies in the Park will continue this summer for all families to enjoy. The event starts at 6:30pm, with pre-show festivities including games and crafts for kids. The featured movie begins between 8:15-8:45pm, depending on darkness. Snacks and food are available, with proceeds supporting the Alameda Youth Committee and Teen Programs. Bring your own chairs and blankets and enjoy a film under the stars.

Dive-In Movie

The Little Mermaid: Friday, July 17, Encinal Swim Center, Registration is Open, \$15.00/person (pre-registration is required)

Grab your capes, masks, and floaties – it's time for a heroic night at the pool! Doors open at 6:30pm for Family Swim, crafts, and games that'll unleash your inner superhero. Splash around with fellow heroes or chill in the pool before the big show!

Bring your own rafts, rings, or super-floaties to kick back in the water while watching a super-powered movie under the stars! The movie starts between 8:15-8:45pm (as soon as darkness strikes).

Snacks and heroic treats will be available, lifeguards will keep watch, and deep-end swim tests will be offered for those brave enough to take the plunge. Don't forget your chairs, blankets, and best superhero gear – it's going to be a legendary night of action and adventure!

51st ANNUAL**Elks Hoop Shoot Competition**

Fall: October to December – Free!

A national event, this contest is sponsored locally by the Alameda Elks Lodge 1015 and conducted by the Alameda Recreation and Park Department. Over three million youth from throughout the country enter the competition yearly.

This free competition will be held at the Alameda Point Gym on December 11, 2026. The event is open to boys and girls 8 to 13 years-old and who attend a school or reside in the city of Alameda. The contest consists of shooting free throws. Each contestant has 25 shots at the hoop.

Classifications are as follows:

Class A - 12-13 year-olds

This division is open to youth who do not reach their 14th birthday before April 1, 2027.

Class B - 10-11 year-olds

This division is open to youth who do not reach their 12th birthday before April 1, 2027.

Class C - 8 to 9 year-olds

This division is open to youth who do not reach their 10th birthday before April 1, 2027. Seven year olds who reach their eighth birthday before April 1, 2027, are also eligible in this category.

The winners in each division will go on to represent the City of Alameda and the Alameda Elks at the District Shoot-Off in mid-January, 2027.

**Winter Lights Celebration**

Saturday, December 5

Get into the Holiday spirit by joining the City's Winter Light Celebration on Saturday, December 5th in front of Alameda City Hall from 4:00-6:00pm. Music and Dancing Christmas Trees will perform. Tree Lighting Ceremony will begin at 5:30. Take a photo with good old St. Nick. More entertainment and festivities to come.

Visit website for more information at www.alamedaca.gov/winterlights

Breakfast with Santa

Saturday, December 12, 10:00am - 12:00pm, Class # 33704

Location: Albert H. DeWitt O'Club, 641 West Redline Ave.

Res \$35, NRes \$40 (13 years and older); Res \$15, NRes \$20 (2 - 12 years); FREE (under 2)

You better watch out, you better not cry, you better not pout, I'm telling you why – Santa's BACK in Alameda! Join Santa for breakfast, arts & crafts, and take a photo with the big guy. All attendees must pre-register regardless of age. All children must be accompanied by an adult and pre-registration is required. Space is limited. Register by December 4th. No refunds or credits will be issued.

Santa's Home Visits

Saturday, December 19, 5:00pm - 8:05pm, Class # 33631

Sunday, December 20, 5:00pm - 8:05pm, Class # 33632

\$50 for one 10-minute home visit

Ho! Ho! Ho! Santa, Rudolph and the gang are happy to be back in Alameda. Santa and his elf will make a special ten-minute visit to your child at home. Arrangements can be made for Santa to bring a gift. Please note that Santa may not be able to speak to every child if he visits a large party. Registration will begin on November 4.

Santa's Virtual Visits

Monday, December 21, 5:00pm - 8:00pm, Class # 33633

\$30 for one 10-minute Zoom visit

Ho! Ho! Ho! Santa decided to give us options this holiday season, so he plans to spread some holiday cheer through Zoom. Santa's Elves will be busy dropping off treats to the homes (Alameda Only) registered on the night of your visit.

You will choose your preferred window of time on your choice of night. Once Santa schedules your time within your preferred window, you will receive a questionnaire that will help Santa personalize your visit with your child(ren). Your receipt will be emailed to you and will confirm the hour and day you chose. You will receive a Zoom link 24-48 hours prior to your visit. Registration will begin on November 4. Once registration begins, and depending on enrollment numbers, Santa's Elves may need to contact you for an alternative day and/or time.

ALL AGES - ALAMEDA WALKS

ALAMEDA WALKS!

Walks begin at 9:00am and typically last one hour and 15 minutes unless otherwise noted. For everyone's comfort and safety, we kindly ask that pets stay at home.

July 11: Towata along Southshore and Veteran's Court

Meet at Towata Park (3315 Bridgeview Isle), picnic area. This walk covers the history of Towata Park and follows the shoreline trail, highlighting plans for geomorphology, habitat assessment, and beach revitalization in a vulnerable stretch of bay shoreline. The route returns via Veteran's Court, with discussions on local flood resilience efforts and ways to get involved. Led by Lauren Eisele, Community Action for a Sustainable Alameda (CASA).

July 25: Old Town of Alameda

Meet at the fountain at High St. & Encinal Ave (across from Encinal Market, 3211 Encinal Ave). Explore Alameda's oldest settlement, founded in 1852 by William Worthington Chipman and Gideon Aughinbaugh. Walk up High Street to the former wharf site while learning the origins of the town's name and street names. Led by Dennis Evanosky.

August 1: Encinal Beach to Alameda Point Promenade

Start at the Encinal Boat Ramp on the Bay Trail. This 2.5-mile flat walk follows the waterfront past the USS Hornet, Seaplane Lagoon Promenade, and Alameda Waterfront Park before returning to Encinal Beach. Focus on local wildlife; bring binoculars (limited supply available). Led by East Bay Regional Park District naturalist Susan Ramos. Duration: 2 hours 15 minutes.

August 15: Oakshade, Historic Baseball Diamond to Svendsen Maritime Park

Meet at McKinley Park (2165 Buena Vista Ave), in front of the Recreation Building. Explore the park's history, a historic baseball diamond, and the northern waterfront, ending at Svendsen Maritime Park with its informational displays.

August 22: North Shore Marina Cove Waterfront

Meet at Marina Cove Waterfront Park (1575 Clement Ave at Ohlone St). Walk along Clement Ave. to the transformed Del Monte Warehouse and nearby neighborhoods. Learn about local industrial history, including Del Monte, Encinal Terminals, Chipman Moving and Storage, and the Alameda Belt Line, and the creation of Jean Sweeney Open Space Park. Enjoy seeing 19th-century Marcuse & Rimmel creations along the way. Led by Dennis Evanosky.

September 12: Crown Beach

Meet at the Doug Siden Visitor Center (1252 McKay Ave, Crab Cove), front steps on the park side. This 2.5-3 mile shoreline walk explores Crown Beach's natural and land-use history, including wildlife, dune restoration, erosion, and shoreline resilience. Led by East Bay Regional Park naturalist Michael Charnofsky with guest Lauren Eisele Community Action for Sustainable Alameda (CASA). Duration: 2 hours 15 minutes.

September 26: Bay Farm from Godfrey Park

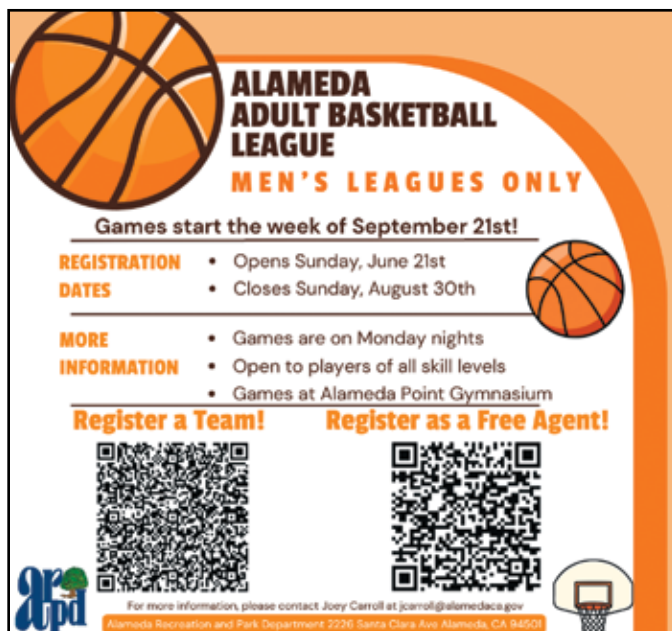
Meet at Godfrey Park (281 Beach Rd). Stroll through former farmland once known for hops and asparagus and learn about early families (1850s-1980s), remaining historic sites, and the area's transition to residential development. View the last surviving family home and the original farm well. Led by Dennis Evanosky.

October 17: Bayport to Estuary Phase 2

Meet at Bayport Park (301 Jack London Ave), by the picnic tables near the restrooms. Explore post-Naval Base redevelopment, revitalization of the Linear Park watershed, and development of Estuary Park. Discover one of the West End's standout shoreline areas.

October 24: Burbank/Portola Neighborhood

Meet at Washington Park (1300 8th St at Central Ave). Learn about the neighborhood's hidden history including a former locomotive attraction, rifle range, velodrome, and buried swimming pool beneath Washington Park. Hear the mystery of a mansion lost to fire and how Utah Construction reshaped the area and its shoreline. Led by Dennis Evanosky.



ALAMEDA ADULT BASKETBALL LEAGUE
MEN'S LEAGUES ONLY

Games start the week of September 21st!

REGISTRATION • Opens Sunday, June 21st
DATES • Closes Sunday, August 30th

MORE INFORMATION • Games are on Monday nights
• Open to players of all skill levels
• Games at Alameda Point Gymnasium

Register a Team! **Register as a Free Agent!**

For more information, please contact Joey Carroll at jcarroll@alamedaca.gov
Alameda Recreation and Park Department 2226 Santa Clara Ave Alameda, CA 94501



Alameda Men's, Women's, and CO-ED Softball!
Adult Softball Leagues

Registration Dates:
Opens June 21st!
Closes July 26th!

Games start the week of August 17th!

Register a Team! **Register as a Free Agent!**

Information:
• Games every weekday
• Open to all skill levels
• Games at Washington & Leydecker Park

For more information, please contact Joey Carroll at jcarroll@alamedaca.gov
Alameda Recreation and Park Department 2226 Santa Clara Ave Alameda, CA 94501

Summer Aquatics 2026

SWIM LESSONS · CAMPS · PRIVATE LESSONS · FAMILY SWIM · FITNESS

Get ready for the most totally rad summer ever with Alameda Aquatics! This summer is packed with fun for all ages, including swim lessons, aquatics camps, diving, Fin University, mer-person adventures, intro to swim team, triathlon training, family swim, lap swim, and exciting adult fitness classes. Whether you are looking to build confidence in the water, stay active, learn a new skill, or just have fun with friends and family, there is something for everyone this summer.

SWIM LESSONS

Swim Lessons for All Ages

We've refreshed our lesson structure with flexible scheduling, skill-based groupings, and clear progression pathways to help every swimmer succeed.

Lesson Programs

StarBabies (6 months–3 years)

StarTots (Ages 3–5)

Swim School (Ages 6–12)

Teen Lessons (Ages 13–17)

Adult Lessons (18+)

New 2-Week Session Format

All group swims lessons now run in consistent 2-week sessions to support better progress and skill development.

PRIVATE LESSONS

Flexible Private Lessons

Flexible packages for all ages — book week- by-week or plan your whole summer. Online calendar opens June 12.

- 4, 6, 10 & 16-lesson packs
- Choose your instructor, Dates and Times
- 48-hr cancellation policy

WEEKDAY

1-WEEK SESSION DATES

WK1	Jun 15–18	WK2	Jun 22–25
WK3	Jun 29–Jul 2	WK4	Jul 6–9
WK5	Jul 13–16	WK6	Jul 20–23
WK7	Jul 27–30	WK8	Aug 3–6

Weekend Lesson Dates

Saturdays: July 11, July 18, August 1, August 8

Sundays: July 12, July 19, August 2, August 9

AQUATIC CAMPS

Five-Day Summer Adventures

Themed full-week camps with field trips, games, crafts & tons of water fun. Many sessions sell out every year!

NEW

EXTENDED CARE

Need Extra Flexibility?

Our Extended Care Program is available for working families who need extra time before or after camp. Add up to one hour to the start or end of your camp day.

Group Lesson Sessions — 2 Weeks Each

SESSION 1

Jun 15 – Jun 25

SESSION 2

Jun 29 – Jul 9

SESSION 3

Jul 13 – Jul 23

SESSION 4

Jul 27 – Aug 6

All Summer Lessons

Full-summer families receive **first priority placement** and a guaranteed spot — even if a class fills up. The best way to keep your child progressing and building confidence all summer.

FULL SUMMER PERKS

- First priority class placement
- Guaranteed spot in your chosen time
- Multi-session discount savings
- Consistent progress all summer
- Select your preferred lesson time

Discount applies only when all registered sessions are kept. If sessions are cancelled, refunds are recalculated at full non-discounted rates for attended sessions.

Special Events & Programs

ALL SUMMER

Family Swim

Themed nights, games & music. Begins June 19.

ALL SUMMER

Lap & Fitness Swim

Aqua Warrior, lap swim & new adult classes.

JULY 17

Dive-In Movie Night

The Little Mermaid under the stars. \$15/person.

Intro to Swim Team – Class #32855

Build endurance, confidence, and swim team skills in a fun and supportive environment. Great for swimmers preparing for swim team or improving fitness.

Triathlon Training Camp – Class #32859

Youth triathlon training focused on swimming, biking, and running through fun workouts designed to improve stamina, strength, and technique.

ALL AGES - AQUATICS



FALL SWIM
LESSONS START
AUG 15TH

SEE WEBSITE FOR
MORE DETAILS



**Pumpkin
Patch
Pool Party**

October 25th, 2026



TURKEY DIP

2026

MOVE YOUR FEET... BEFORE YOU BATT!

November 28, 2026



ARPD AQUATICS

DIVE INTO FUN ALL YEAR!

Year-round swim lessons for all ages

- Fitness Swim (Lap & Water Walking)
 - Lane & Pool Rentals
 - Special Events & Dive-In Movies
 - Youth Aquatic Camps
- ...and much more!

✉ **Contact Us:**
arpdaquatics@alamedaca.gov

➔ **Learn More:**
Scan the QR code or visit:
www.alamedaca.gov/
Departments-Parks/Aquatics



NORTH POLE SWIM

PHOTOS WITH SANTA \$15 per person

SWIM WITH SANTA COCOA CRAFTS

December 13th

12-3pm



COMMUNITY RECREATION - FREE - ALL AGES

FREE DANCE

Dance: Afro-Beats/ Caribbean Street Dance

All Ages, FREE

This is FREE Community recreation class for all ages! Afro-Beats Caribbean street dance may be one of the most fun ways to stay fit, have fun, and express yourself without saying a word! All skill levels are welcomed in this class, in which we will explore movements you can use at your next family BBQ, reunion, or holiday party with confidence and swag!

Class #33928	Sep 11	F	6:30pm - 7:30pm
Free	ARPD Staff	Washington Park, Open Space	

Dance: Michele's R&B Hustle Dance

All Ages, FREE

This is FREE Community Recreation Class for ALL ages: This is a fun, exciting dance class for everyone. You will learn current, vintage, and FUN dances like Boots on the Ground, Cha Cha Slide, the Electric Slide and Cupid Shuffle! Songs by Temptations, Marvin Gaye, Bruno Mars and Michael Jackson. All genders are WELCOME!

Class #33930	Oct 3	Sa	10:00am - 11:00am
Free	Michele Germany	Bohol Circle Immigrant Park, Open Space	



FREE ENRICHMENT

Games and Crafts in Parks!

All Ages, FREE

Come and join us for a variety of games and crafts! Spend an afternoon in a park. Play and Learn! This is not drop-in activity; parents/caregivers need to stay with their children. Registration recommended, but not required.

Class #33876	Sep 16	W	3:30pm - 5:00pm
Class #33880	Sep 30	W	3:30pm - 5:00pm
Class #33877	Oct 7	W	3:30pm - 5:00pm
Class #33878	Nov 4	W	3:30pm - 5:00pm
Free	ARPD Staff	Jean Sweeney Park	
Class #33881	Nov 18	W	3:30pm - 5:00pm
Free	ARPD Staff	Lincoln Park	



Music in the Parks!

All Ages, FREE

Ozzy's Music Academy and ARPD will bring Mindful Musicianship straight to your neighborhood! Drop by the instrument petting zoo to try ukuleles, guitars, electric pianos, and electronic drumsets! Bring those instruments with broken strings, they'll have the guitar and ukulele first aid kit to get you tuned up and strumming again! This is not drop-in activity; parents/caregivers need to stay with the children. Registration recommended, but not required.

Class #33920	Sep 15 - Nov 17	Tu	10:30am - 11:30am
Free	ARPD Staff	Jean Sweeney Park	
Class #33921	Sep 17 - Nov 19	Th	3:00pm - 4:00pm
Free	ARPD Staff	Franklin Park	

JOIN OUR TEAM!

**PART-TIME RECREATION
POSITIONS AVAILABLE**

www.alamedaca.gov/recreation

ALL AGES - COMMUNITY RECREATION - FREE

FREE FITNESS

Iaido Ancient Japanese Martial Art

Ages 5+, FREE

Muso Jikiden Eishin-Ryu is a classical Japanese swordsmanship style emphasizing precise techniques, mindfulness, and grace. Ideal for developing discipline, coordination, and a deep connection to martial art traditions. Any age and everybody are welcome to join!

Class #33898	Oct 4	Su	2:00pm - 3:00pm
Free	Mikhail Faiguenblat	Seaplane Lagoon Promenade	
Class #33899	Nov 1	Su	2:00pm - 3:00pm
Free	Mikhail Faiguenblat	Seaplane Lagoon Promenade	

Intro to Tai Chi Qigong

All Ages, FREE

Tai Chi Qigong, a therapeutic practice for health and longevity. Each class will include a full-body warm up with meridian tapping and breathwork. After class you will leave feeling relaxed and energized, supple and strong. Let's experience joyful movement together!

Class #33925	Sep 9	W	11:00am - 12:00pm
Free	Nicole Stone	Lincoln Park, Open Space	
Class #33926	Oct 13	Tu	5:30pm - 6:30pm
Free	Nicole Stone	Lincoln Park, Open Space	

Karate in the Park

Ages 5+, FREE

Wado Kai Karate combines striking techniques of Karate with classical Jujitsu principles, emphasizing fluid movement, efficiency, and harmony. It focuses on evasion, timing, and counterattacks. Any age and everybody are welcome to join!

Class #33896	Sep 20	Su	2:00pm - 3:00pm
Free	Mikhail Faiguenblat	Seaplane Lagoon Promenade	
Class #33897	Oct 25	Su	2:00pm - 3:00pm
Free	Mikhail Faiguenblat	Seaplane Lagoon Promenade	



Yoga in Park

All Ages

Come enjoy Mobile Recreation classes and learn information about ARPD and Mastick Senior Center classes. More to come! Yoga outside in beautiful Lincoln Park for yogis of all ages and levels of experience. Please bring your mat.

Class #33893	Sep 12	Sa	11:00am - 12:00pm
Free	Leah Orloff	Lincoln Park, Open Space	
Class #33894	Oct 17	Sa	11:00am - 12:00pm
Free	Leah Orloff	Lincoln Park, Open Space	
Class #33895	Nov 14	Sa	11:00am - 12:00pm
Free	Leah Orloff	Lincoln Park, Open Space	

Yoga with Dina in the Park!

All Ages, FREE

Alignment-based yoga targets modified poses focusing on strength, flexibility, and balance. Synchronize your mind and body while having fun. Dress in layers, bring a yoga mat, strap, and blanket for relaxation/warmth. All ages welcome to join! Bring a water bottle and sunscreen. Medium intensity. 45 min.

Class #33843	Sep 26	Sa	10:00am - 11:00am
Free	Dina Hondrogen	Jean Sweeney Park, Open Space	
Class #33844	Nov 7	Sa	10:00am - 11:00am
Free	Dina Hondrogen	Jean Sweeney Park, Open Space	
Class #33892	Oct 10	Sa	10:00am - 11:00am
Free	Dina Hondrogen	Jean Sweeney Park, Open Space	

Zumba Party!

Ages 5+, FREE

What is better than a dance party? Zumba Dance party! We are inviting you to join Anna's Zumba dance party! Anna is local to Alameda and a mom of two young children. Anna says her dance style is more like a journey around the dance world from a classic salsa, a fast feet merengue to a modern reggaeton and a spicy Brazilian funk. Any age and everybody are welcome to join. Bring a water bottle and a sunscreen. Medium intensity. 50 min.

FALL PARTY			
Class #33847	Sep 13	Su	10:30am - 11:30am
Free	Anna Gardner	Seaplane Lagoon Promenade	
HALLOWEEN PARTY			
Class #33848	Oct 11	Su	10:30am - 11:30am
Free	Anna Gardner	Seaplane Lagoon Promenade	
THANKSGIVING PARTY			
Class #33849	Nov 15	Su	10:30am - 11:30am
Free	Anna Gardner	Seaplane Lagoon Promenade	

GOLF

Corica Park

Corica Park is located in the City of Alameda and within five minutes of the Oakland Airport. In addition to a large driving range and extensive practice facility, the three golf courses are suitable for players of all skill levels. Fast greens and swirling winds challenge seasoned golfers, while wide fairways and rolling hills welcome those newer to the game. Onsite instructors offer top quality instruction for all skill levels. Visit our website at www.coricapark.com for information about rates and hours.

On The Green at Corica Park

There is a lot happening at the course! Our On The Green initiative seeks to integrate Corica Park into the wider community. We're reimagining space use with inclusive programming for golfers and non-golfers alike. Check out our Community Programs and Calendar of Events to learn more.

Youth On The Green

- **Free Golf:** free walk-up play on all three courses after 3:00 p.m. during the fall and winter months and 4:00 p.m. in the spring and summer months for all youth under 18. Wednesday walk-up play for golf and footgolf is free all day, year-round on the Mif unless the course is closed for other programming.
- **School Outings:** recreational opportunities in footgolf and golf for field trips and after school programs.
- **On the Green Golf & Play Summer Camps:** week-long summer camps offered at no cost including transportation and meals to youth from underserved East Bay communities.
- **Sundays On The Green Program:** small group lessons and mentorship offered at no cost to Alameda youth in partnership with All Good Living Foundation.

Group Outings On The Green

- **Tournaments:** full-service tournament and group outing planning & execution, including food and beverage offerings for fundraisers, company events, golf clubs, competitive leagues, special occasions and other group events.
- **Team-building:** full-service team-building event planning and execution for local businesses and other groups. *Special packages available for mission-aligned nonprofit organizations.

Community On The Green

We also offer a number of programs for schools, small businesses, nonprofits and other groups which are designed to diversify space use and increase access to Corica Park for broader community benefit. Please visit the Community Programs page on our website for applications and to learn more. Examples include:

- Space use for activities such as yoga and martial arts classes to promote healthy living and other forms of recreation.
- Classroom, meeting room and event space access for local nonprofits and other community groups to support organizations in forwarding their own missions.
- Sale and exhibition space access in our golf shop to support local businesses.
- Holiday gift drives to support low-income East Bay families.

Connect with Corica Park

info@coricapark.com, Facebook: Corica Park Golf Course, Instagram: @coricapark, Twitter: @coricapark

Alameda Junior Golf Club

Ages 7-18, June 11 - August 5, Wednesday

Our Leadership Team is busy getting the 2026 program set up. We will play every Wednesday. Participants will sign up for the Clinic, the MIF (that's the Par 3 course) or the South course. As skills improve, golfers will be encouraged to change levels. Every Wednesday there will be tournaments on the MIF and the South Course. Our wonderful volunteers will help with rules, scoring and golf etiquette.

If your child is interested in learning to play or is a golfer and wants to meet fun loving golfers, here is how to get all the Information and to obtain an AJGC Membership Application.

- Check our website: www.alamedajuniorgolf.memberplanet.com
- Email us alamedajuniorgolf@memberplanet.com
- You can also pick up an AJGC Application at the Corica Park Golf Course Pro-Shop or Driving Range and at Alameda Golf Works, 1710 Lincoln Ave., Alameda.



FAMILY ENRICHMENT

Community Building for Families

All Ages

Join us twice a month for a fun and welcoming family gathering focused on learning, recreation, and connection. Families will enjoy music, games, creative projects, early childhood development activities, family discussions, and community-building activities for all ages in a safe and engaging environment. This program encourages creativity, communication, social interaction, and quality family time while helping build strong community connections. Supplies and snacks will be provided. Children 12 and under attend free; however, please email dnyberg@alamedaca.gov with the number of children under 12 who will participate. Participants ages 12 and up must register.

Class #33901	Sep 12 - Dec 12	Sa	10:30am - 12:30pm
\$30	ARPD Staff	Tillman Park Center	

ALL AGES - KAYAKING

KAYAKING

Family Kayaking

Ages 5+

This tour is the perfect introduction to SEA kayaking for kids and families. We will travel in very safe double sea kayaks checking out the local harbor seals and US Navy ships. A short and sweet trip where you learn a little bit of sea kayaking while having fun! Parent/guardian participation is required. Fee covers 1 participant. Separate registration is required for all family members. All equipment included.

Class #33619	Sep 13	Su	9:30am - 11:30am
\$62	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class #33620	Oct 10	Sa	9:30am - 11:30am
\$62	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	

Introduction to Kayaking

Ages 12+

We will cover equipment, paddle techniques, trip planning, on land transporting, maintenance and safety. Develop boat control as you paddle around the area and practice your new skills. Fee covers 1 participant. Each participant must sign up and pay. All equipment included.

Class #33614	Sep 19	Sa	9:00am - 12:30pm
\$103	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class #33615	Oct 17	Sa	9:00am - 12:30pm
\$103	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	

Introduction to Stand Up Paddling

Ages 5+

Join us for the 3 hour class where you will learn the fundamentals of Stand Up Paddling. We will cover paddle strokes, trip planning, gear types, safety considerations, and more! We will start out on land then transition to the water to practice our newly learned skills and introduce a few more strokes to include self-rescue with a short tour in protected Bay waters. Fee covers 1 participant. Separate registration is required for all family members. All equipment included.

Class #33612	Sep 20	Su	9:30am - 12:30pm
\$93	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class #33613	Oct 17	Sa	9:30am - 12:30pm
\$93	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	



Sea Plane Lagoon Kayaking Tour

Ages 12+

Join us for our most popular kayak tour. You will paddle inside the Sea Plane Lagoon learning about the local marine life and upcoming Alameda Point development projects, the USS Hornet and US Navy's MARAD fleet, enjoy scenic views of SF, and more! Good for all abilities. Fee covers 1 participant. Each participant must sign up and pay. All equipment included.

Class #33608	Sep 12	Sa	9:30am - 11:30am
\$67	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class #33609	Sep 27	Su	9:30am - 11:30am
\$67	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class #33610	Oct 11	Su	9:30am - 11:30am
\$67	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class #33611	Oct 24	Sa	9:30am - 11:30am
\$67	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	

Self-Rescue Kayaking

Ages 12+

We will focus on edging your boat, brace strokes, incorporating your lower body into your paddle techniques, and assist + self-rescue techniques using close cockpit sea touring kayaks. This will take your kayak confidence to a new level. Fee covers 1 participant. Each participant must sign up and pay. All equipment included.

Class #33607	Sep 13	Su	10:00am - 12:30pm
\$93	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	

Sunset/Full Moon Kayaking Tour

Ages 12+

Enjoy a relaxing time on the water while the sun sets over the horizon and the moon rises. Tour the area with a short break before returning home under the moonlight. Bring a camera, the sights will be amazing! Fee covers 1 participant. Each participant must sign up and pay. All equipment included.

Class #33616	Sep 12	Sa	6:00pm - 8:30pm
\$83	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class #33617	Sep 26	Sa	6:00pm - 8:30pm
\$83	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class #33618	Oct 24	Sa	5:00pm - 7:30pm
\$83	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	

CANCELLATION / WITHDRAWAL / TRANSFER POLICY

A \$20 service fee will be charged for each class, camp, or program you cancel or withdraw from. Some specialty camps or programs may have different policies and service fees. Please refer to the description or details for any specific program prior to registration. A \$20 service fee applies to any changes or transfers made after your original registration.

Alameda Free Library

Fall 2026

New events are scheduled monthly! Please see our Events Calendar for the most current dates, times, and locations.

For more information, visit alamedafree.org.

Language Learning for Free!



MANGO



Mango Languages gives you 24/7 access to over 70 world languages and more than 20 ESL courses.

LOTE4Kids has over 4,500+ picture books in 75+ languages, with new books and languages released each month.

Both databases are available at alamedafree.org under "Online Resources."

Study Rooms at the Main Library

Five study rooms are available to use at the Main Library for free!

- Four Study Rooms are located on the second floor and accommodate 1-6 people.
- The Large Group Study Room is located on the first floor and accommodates 6-12 people.
- Study rooms are free to use.
- Individuals or small groups may have one reservation per day
- Maximum reservation time is two hours.
- Study room reservations can be made online, in person, or by phone.

Follow us on social media for much more!
@alamedafreelibrary



Storytimes happen every day at AFL

SUNDAY

Family | Main 12:30PM

MONDAY

Toddler + | BFI 10:30AM
New Book | Main 4:00PM

TUESDAY

Toddler + | Main 10:30AM
Toddlers | WEB 10:30AM

WEDNESDAY

Baby & Me | BFI 10:30AM
Baby & Me | WEB 10:30AM

THURSDAY

Mother Goose | Main 10:30AM
Toddlers | Tues. 10:30AM
Mother Goose | 1:30PM

FRIDAY

Toddler + | Main 10:30AM

SATURDAY

Family | Main 10:30AM
Family | BFI 10:30AM



ALAMEDA FREE LIBRARY
MAIN | 1550 OAK ST.
WEST END | 788 SANTA CLARA AVE.
BAY FARM | 3221 MECARTNEY RD.
510-747-7777
<https://www.alamedafree.org/>



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ALL AGES - MARTIAL ARTS, MUSIC & OUTDOOR

FAMILY MARTIAL ARTS

Youth & Family Iaido: Sword Art of Japan

Ages 10+

Discover Iaido, the classical Japanese art of drawing and using katana, in a youth-focused class where parents are also welcome to register and train alongside their children, creating a unique opportunity for family bonding, shared focus, and mutual encouragement. In Iaido practice, students develop calmness, inner strength, attention to detail, and confidence. Beginners welcome!

Class #33711	Sep 17 - Dec 10	Th	4:50pm - 6:00pm
\$225	Faiguenblat, Mikhail	Veteran's Memorial Building, Auditorium Room 250	

See more Martial Arts for all ages on page 21.



FAMILY MUSIC

Taiko Drums: Beginner

Ages 10+

This fun class covers simple rhythms, basic form and movement. It provides light exercise for students of all ages. There is a \$10 materials fee for drum sticks payable at the first session.

Class #33694	Sep 15 - Dec 8	Tu	6:30pm - 7:30pm
\$150	Jeff-Shannon Davidson	Albert H. DeWitt Officers' Club, Terrace Room	

Taiko Drums: Intermediate

Ages 10+

This fun class covers more complex rhythms, advanced skills, and somewhat more strenuous exercise. There is a \$10 materials fee for drum sticks payable at the first session.

Class #33695	Sep 15 - Dec 8	Tu	7:30pm - 8:30pm
\$150	Jeff-Shannon Davidson	Albert H. DeWitt Officers' Club, Terrace Room	

For more information

visit our website at www.alamedaca.gov/recreation or email Daria Nyberg at dnyberg@alamedaca.gov

CANCELLATION / WITHDRAWAL / TRANSFER POLICY

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FAMILY OUTDOOR ACTIVITIES

Plogging on the Shore: Walk and Clean Together

All Ages

Looking for a simple way to get outside, connect with others, and give back to the community? Join this friendly group for weekly shoreline walks that combine light exercise with a shared goal of picking up litter along the way (also known as 'plogging').

Class #33874	Sep 16 - Oct 21	W	10:00am - 11:00am
\$15	ARPD Staff	Elsie Roemer Bird Sanctuary	
Class #33873	Oct 28 - Dec 16	W	10:00am - 11:00am
\$15	ARPD Staff	Elsie Roemer Bird Sanctuary	

Walk Every Street in Alameda

All Ages

Explore every street on the island, one walk at a time! Join this friendly, low-pressure walking group for a series of curated walks through Alameda neighborhoods, discovering hidden corners, beautiful homes, and everyday sights you might otherwise miss.

Class #33872	Oct 31 - Dec 12	Sa	9:00am - 10:00am
\$63	ARPD Staff	*Different location every week	

*Teacher will send an email with the locations.

JOIN OUR TEAM!



PART-TIME RECREATION POSITIONS AVAILABLE



www.alamedaca.gov/recreation

PLAYGROUP, PRESCHOOL & DANCE - INFANTS & TOTS

PLAYGROUP & PRESCHOOL

Alameda Wee Play

Ages 6 month - 3 years

Alameda Wee Play is an interactive playgroup for children ages 6 months to 3 years and their parents or caregivers*, featuring arts and crafts, music, and hands-on developmental and exploratory play. With minimal structure, kids are encouraged to explore, create, and play at their own pace! NEW for Fall 2026 – Wee Play is excited to announce that Ozzy's Music Academy will be present on Wednesdays from 10:30am - 11:00am. It is a great opportunity for parents to learn about the benefits of music in early development. No class Nov 11, 23-27.

Sep 9 - Dec 18	M W F	10:00am - 1:00pm
\$6 Drop-in per day per child or		\$60 Drop-in Card for 12 visits
Volunteer to help with set-up or clean-up and receive free admission for that day – limited spots available.		*Children must be accompanied and actively supervised by a parent or caregiver at all times
Alameda Veteran's Memorial Building, 2203 Central Ave, Room 120, enter from ramp in front of building		

Tiny Tot Preschool

Ages 3 - Pre-K

We offer a play-based, recreational program for children ages 3 to 5 years old (pre-kindergarten). We follow the 4 basic building blocks of school readiness: Self-Care & Motor Skills, Self-Regulation & Social Expression and finally K-Academics. Children learn by doing. So, we offer a wide variety of activities from arts and crafts, storytelling, games, cooking, music, motor fitness, outside play and more. Always plan on having fun and sometimes being a little messy.

REQUIRED:

- Children must be the correct age on the first day of class
- Children must be completely potty-trained and able to attend to their own personal needs to the best of their ability
- Children must also be able to separate from their parents, and parents from child.
- Please bring a water bottle. Names must be on all items.

REGISTRATION: Online, email, or in person at our ARPD office

Fall Tiny Tots			
Registration will begin on Monday, July 6, 2026			
13-week Session from September 8 to December 11, 2026			
No class Nov 11, Nov 23-27.			
3 DAYS A WEEK: M W F			
Class #32582	M W F	9:00am – 12:00pm	Godfrey Park
Class #32584	M W F	9:00am – 12:00pm	McKinley Park
Class #32586	M W F	9:00am – 12:00pm	Woodstock Park
In Full \$1112; 2 payments \$571; 3 payments \$381; 4 payments \$285.50			
2 DAYS A WEEK: Tu Th			
Class #32583	Tu Th	9:00am – 12:00pm	Godfrey Park
Class #32585	Tu Th	9:00am – 12:00pm	McKinley Park
Class #32587	Tu Th	9:00am – 12:00pm	Woodstock Park
In Full \$741; 2 payments \$386; 3 payments \$257; 4 payments \$192.75			
Can combine a M W F class with a Tu Th class. Six students are required to open a site. *Full payment is required for online registration. If you wish to set up a payment plan, send your form to arpd@alamedaca.gov			

DANCE

Creative Movement

Ages 3 - 4

Creative Movement bridges Dance with Me and Pre-Ballet, introducing basic ballet concepts through imaginative play, music, and storytelling. Dancers build coordination, musicality, independence, and classroom skills in a fun, supportive, and creative environment.

Class #33606	Sep 12 - Nov 21	Sa	10:00am - 10:45am
\$279	ABA STAFF	Alameda Ballet Academy, 1402 Park St	

Dance With Me Ballet

Ages 3 - 4

A sweet first step into the world of ballet! This joyful class is designed just for our tiniest dancers and a grown-up they love. Together, you'll explore the magical basics of ballet--rhythms, positions, and movement--through playful songs, games, and imagination. Along the way, little ones learn how to follow classroom routines in a warm, creative and supportive space.

Class #33605	Sep 12 - Nov 21	Sa	9:30am - 10:15am
\$279	ABA STAFF	Alameda Ballet Academy, 1402 Park St	

Pre-Ballet

Ages 4 - 6

Pre-Ballet builds coordination, balance, and confidence through playful movement, storytelling, and music. Dancers begin learning foundationl technique while developing listening skills, creativity, and a love for dance in a structured yet joyful environment. Please visit the website for uniform information.

Class #33600	Sep 12 - Nov 21	Sa	10:00am - 10:45am
\$237	ABA Staff	Alameda Ballet Academy, 1402 Park St	
Class #33599	Sep 14 - Nov 16	M	3:45pm - 4:30pm
\$237	ABA Staff	Alameda Ballet Academy, 1402 Park St	
Class #33601	Sep 16 - Nov 18	W	3:45pm - 4:30pm
\$237	ABA Staff	Alameda Ballet Academy, 1402 Park St	

Preschool Dance and Drama

Ages 2 - 5

Get ready to shake, jump, wiggle and move! The program is all about fun, exercise, creativity and exploring all the amazing ways we can move our body, use our voices and be creative while building coordination and self confidence!

Class #33623	Sep 18 - Dec 11	F	10:00am - 10:45am
\$206	Kate Barnes	Veteran's Memorial Building, Auditorium Room 250	

INFANTS & TOTS - ENRICHMENT, MARTIAL ARTS & SCIENCE

ENRICHMENT

Baby & Me STEAM

Ages 0 - 3

Our Baby & Me STEAM program offers playful, hands-on experiences designed to spark curiosity in our littlest learners. With the guidance of their grown-ups, children explore the world around them through age-appropriate sensory play, movement, and simple science experiments.

Class #33917	Sep 17 - Dec 10	Th	10:00am - 11:00am
\$113	ARPD Staff	Leydecker Park, Art and Crafts Room	
Class #33689	Sep 18 - Dec 11	F	9:00am - 10:00am
\$113	ARPD Staff	Veteran's Memorial Building, Room 120	

Little Gardeners: Grow and Create

Ages 2 - 5

Let's get our hands in the dirt! In this playful, hands-on class, young children will explore the basics of gardening through planting, watering, and creative garden projects. We'll plant seeds, decorate small pots, paint garden rocks, and learn how plants grow, all in a fun, relaxed environment.

Class #33823	Sep 14 - Oct 19	M	11:30am - 12:30pm
\$120	ARPD Staff	Longfellow Park Center	
Class #33824	Oct 26 - Dec 7	M	11:30am - 12:30pm
\$120	ARPD Staff	Longfellow Park Center	

Little STEAMers: Winter Wonder Lab Camp

Ages 3 - 5

Bundle up for a season of discovery in this winter-themed STEAM adventure designed just for our youngest learners! Campers will explore hands-on activities inspired by snow, ice, and all things chilly, like simple science experiments, sensory play, and creative winter crafts.

Class #33629	Dec 21 - Dec 23	M Tu W	12:00pm - 4:00pm
\$138	ARPD Staff	Leydecker Park, Tiny Tot Room	

Tiny Tales: Storytelling for Pre-Writers

Ages 2 - 5

Young children are full of stories, long before they can write them down. In this playful, imagination-rich class, children ages 3-5 will explore storytelling through drawing, speaking, movement, and play. Each child's ideas are captured and shaped into written pieces, helping them see that their thoughts have value to become something lasting. Led by a credentialed teacher with over 20 years of experience helping young writers develop their ideas.

Class #33821	Sep 14 - Oct 19	M	10:30am - 11:30am
\$125	ARPD Staff	Lincoln Park Lodge	
Class #33822	Oct 26 - Dec 7	M	10:30am - 11:30am
\$125	ARPD Staff	Lincoln Park Lodge	



MARTIAL ARTS

Hanabi - Fireworks!: Chibi, Pre-Judo

Ages 3 - 4

In Chibi (little) judo, we jump, run, roll-developing balance, coordination and confidence. We say our names and sing in Japanese; we learn to fall safely. In our positive environment respect comes as naturally as smiling. There is an \$111 fee for uniform payable to the Instructor at the first class.

Class #33951	Sep 18 - Dec 11	F	4:00pm - 4:45pm
\$570	Dan Augustine	Veteran's Memorial Building, Room 280	

SCIENCE

Little Physicists: Rolling, Sliding, and Racing Science

Ages 2 - 5

In this fun, hands-on class, young learners will explore how things move through pushes, pulls, and simple motion activities. Students will engage in play-based experiments such as rolling, sliding, and racing objects to discover what makes them move faster, slower, or change direction.

Class #33777	Sep 16 - Oct 21	W	10:30am - 11:30am
\$140	ARPD Staff	Longfellow Park Center	
Class #33778	Oct 28 - Dec 16	W	10:30am - 11:30am
\$140	ARPD Staff	Longfellow Park Center	

For more information

visit our website at www.alamedaca.gov/recreation or email Daria Nyberg at dnyberg@alamedaca.gov

AFTER-SCHOOL & NON-SCHOOL PROGRAMS - YOUTH

AFTER-SCHOOL PROGRAM

Recreation Afterschool Program - RAP

Grades K-5

August 19, 2026 to June 3, 2027

A supervised afterschool program for elementary-aged children offering activities such as games and sports, cooking, arts and crafts, and a daily snack. RAP leaders meet students at dismissal and walk them to the park, where they may remain until 5:30pm. Students must dress appropriately for cold and rainy weather. Participants may register to attend 3 or 5 days per week. RAP does not operate on public school holidays, legal holidays, or AUSD staff development days. The program does include early Wednesdays and other modified school days. Children may be picked up by a designated adult or may sign themselves out with prior parent/guardian permission.

ONLINE REGISTRATION STARTS ON WEDNESDAY, JULY 1 AT 10:00AM

FALL Session Aug 19 - Nov 20 (Please note start date for RAP fall session)

WINTER Session Nov 30 - Mar 19, 2027

SPRING Session Mar 22 - Jun 3, 2027

RAP for Grades: All-Day K - 5 is offered at the following sites*:

- Bayport Park - Ruby Bridges School
- Franklin Park - Franklin & Love Schools
- Krusi Park - Otis School**
- Leydecker Park - Earhart School
- Lincoln Park - Edison School
- Tillman Park - Bayfarm School
- Washington Park - Maya Lin and Paden Schools

**Otis students will be picked up daily at the temporary Lum Campus by ARPD RAP Staff, in a chartered school bus and transported to Krusi Park. The 5-day option will be available only for Otis students during this school year and will have different fees due to the added transportation component.

*A minimum of 8 students must be registered at a school in order to be a RAP Pick-Up Site.

For more information about our RAP Program and Online Registration, please visit www.alamedaca.gov/Departments/Recreation-Parks/Recreation-Afterschool-Program-RAP

A limited number of partial scholarships are available. To apply, you will need to complete a Fee Assistance Request Form. Supporting documents will need to be submitted along with the application. For more information on our Financial Assistance Program, please visit www.alamedaca.gov/Departments/Recreation-Parks/Financial-Assistance

JOIN OUR TEAM!

PART-TIME RECREATION POSITIONS AVAILABLE

www.alamedaca.gov/recreation

CANCELLATION / WITHDRAWAL / TRANSFER POLICY

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NON-SCHOOL DAY PROGRAMS

Day in the Park

Grades K-5

Come spend your non-school day with ARPD! We'll be making special arts & crafts, playing great games, and many more surprises (TBD - field trip, outside contractor, jumper, lunch/treat, etc). Details will be firmed up after Activity Guide printing. Bring your own lunch; morning and afternoon snack will be provided. If your desired program is full, place your child on the waitlist as additional programs may be added to meet the demand of registration.

Class #33804	Oct 12	M	8:00am - 5:30pm
Res \$71, NRes \$80	ARPD Staff	Krusi Park Center	
Class #33807	Oct 23	F	8:00am - 5:30pm
Res \$110 NRes \$140	ARPD Staff	Bayport Recreation Center, Alameda Ferry with Exploratorium Trip	
Class #33802	Nov 23 - Nov 24	M Tu	8:00am - 5:30pm
Res \$136, NRes \$154	ARPD Staff	Lincoln Park, Harrison Center	

Fall Sports Day Camps

Ages 5 - 13

This fall, we're excited to offer a variety of fun and engaging youth programs for all ages and skill levels! Kids can enjoy our All Sports program, featuring traditional favorites like basketball, flag football, and wiffleball alongside exciting activities such as archery, pickleball, dodgeball, and capture the flag. Younger participants can build coordination, confidence, and social skills in our Sporty Tots Camp through obstacle courses, tag games, and beginner sports activities. We'll also offer an Intro to Basketball Camp designed specifically for young beginners, where campers will learn basic basketball skills, terminology, and ball handling through age-appropriate instruction, adjustable hoops, and fun competitive games.

Class #33524	Oct 12 - Nov 25	M Tu W	9:00am - 4:00pm
Res \$150, NRes \$175	ARPD Staff	AlamedaPointGym, 1101 W Redline Ave	
Full Day: Res \$150, NRes \$175		Half Day: Res \$110, NRes \$125	

Winter Wonderland Camp

Grades K-5

Make this holiday season unforgettable by registering your child (or children) for ARPD's Winter Wonderland Camp! Arts and crafts, games, and cooking activities – all with a seasonal twist – are just part of the excitement. Walking excursions may also be scheduled, depending on weather. On Dec 24 & 31 camp will ONLY operate from 8am - 12pm.

Class #33800	Dec 21 - Dec 24	M Tu W Th	8:00am - 5:30pm
Res \$200, NRes \$226	ARPD Staff	Lincoln Park, Harrison Center	
Class #33801	Dec 28 - Dec 31	M Tu W Th	8:00am - 5:30pm
Res \$200, NRes \$226	ARPD Staff	Lincoln Park, Harrison Center	

YOUTH - SPECIALTY CAMPS

SPECIALTY CAMPS

Art Camp w/ Ms. Y

Ages 6 - 12

Students paint, print, cut, and color arts and crafts activities, play games and make new friends with Ms. Y. Please pack a lunch and snacks. All materials included.

Class #33653	Nov 23 - Nov 25	M Tu W	9:00am - 2:00pm
\$103	JoAnne Yada	Veteran's Memorial Building, Auditorium Room 250	
Class #33654	Dec 28 - Dec 30	M Tu W	9:00am - 2:00pm
\$103	JoAnne Yada	Veteran's Memorial Building, Auditorium Room 250	

Art Unleashed: Spooktacular Artist

Ages 6 - 12

Join us for a frightfully fun one-day art adventure! Campers will dive into spooky-inspired creations like haunted house art, glowing ghosts, and pumpkin-themed masterpieces. Using a variety of materials and techniques, young artists will bring their imaginations to life in this creative, Halloween-themed experience. Perfect for a quick burst of artistic fun – no tricks, just treats!

Class #33598	Oct 23	F	8:30am - 5:30pm
\$57	ARPD Staff	Leydecker Park Center	

Cooking Explorers: Harvest Feast- Beginners

Ages 6 - 12

Celebrate the flavors of the season in this hands-on cooking adventure! Campers will explore fall-inspired recipes using fresh, seasonal ingredients as they create delicious sweet and savory dishes. From comforting classics to festive treats, young chefs will learn basic kitchen skills, practice teamwork, and build confidence in the kitchen. Get ready for a cozy and tasty experience full of autumn favorites!

Class #33626	Nov 23 - Nov 25	M Tu	8:30am - 5:30pm
		W	8:30am - 12:30pm
\$216	ARPD Staff	Leydecker Park Center	

Cooking Explorers: Harvest Feast - Intermediate

Ages 8 - 12

Celebrate the flavors of the season in this hands-on cooking adventure! Campers will explore fall-inspired recipes using fresh, seasonal ingredients as they create delicious sweet and savory dishes. From comforting classics to festive treats, young chefs will learn basic kitchen skills, practice teamwork, and build confidence in the kitchen. Get ready for a cozy and tasty experience full of autumn favorites!

Class #33628	Nov 23 - Nov 25	M Tu	8:30am - 5:30pm
		W	8:30am - 12:30pm
\$238	ARPD Staff	Leydecker Park Center	

Mad Science Camp: Jet Cadets

Ages 6 - 11

Explore the basic principles of flight, ride a hovercraft, build airplanes, and construct balloon copters! Set your eyes on distant skies and learn about outer space. Take a tour of distant galaxies and discover the incredible place where we live: The Milky Way. This hands-on Mad Science program teaches you all about aerodynamics and the world above us! Material fee is \$30 due to Mad Science on the first day of camp.

Class #33652	Nov 23 - Nov 25	M Tu	9:00am - 3:00pm
		W	9:00am - 12:00pm
\$314	Mad Science	Veteran's Memorial Building, Room 390	

Play-Well:

STEM + Minecraft using LEGO® Materials

Ages 5 - 9

Prepare for a full-day LEGO® camp packed with hands-on and minds-on STEM fun! First, build projects inspired by cool machines while applying real-world concepts in physics, engineering, and architecture. Then, venture into the world of Minecraft in our unique LEGO® experience. Get ready to build your base, craft your tools, and battle to stop the Ender Dragon!

Class #33820	Nov 23 - Nov 25	M Tu	9:00am - 4:00pm
		W	9:00am - 12:00pm
\$284	Play-Well TEKnologies	Veteran's Memorial Building, Rm 280	

STEAM: The Frost Lab

Ages 6 - 12

Step into a world of icy experiments and cool discoveries! In The Frost Lab, campers will dive into hands-on STEAM activities inspired by winter science.

Class #33627	Dec 21 - Dec 24	M Tu W Th	8:30am - 12:30pm
\$301	ARPD Staff	Leydecker Park Center	

Mad Science: Jet Cadets

Ages 6 - 11

Explore the basic principles of flight, ride a hovercraft, build airplanes, and construct balloon copters! Set your eyes on distant skies and learn about outer space. Take a tour of distant galaxies and discover the incredible place where we live: The Milky Way. This hands-on Mad Science program teaches you all about aerodynamics and the world above us! Material fee is \$15 due to Mad Science on the first day of camp.

Class #33651	Nov 23 - Nov 25	M Tu	9:00am - 3:00pm
		W	9:00am - 12:00pm
\$222	Mad Science	Veteran's Memorial Building, Room 390	

For more information

visit our website at www.alamedaca.gov/recreation or email Daria Nyberg at dnyberg@alamedaca.gov

ARTS & ENTERTAINMENT

ART Afterschool: Drawing, Painting, Clay Modeling and More Ages 6 - 12

Students will explore their creativity through drawing, painting, clay modeling, and more while learning essential art techniques in a fun, supportive environment. Each class offers a new project that students can proudly take home, helping them build both skills and confidence as young artists.

Class #33670	Sep 18 - Dec 11	F	3:30pm - 5:00pm
\$230	ARPD Staff	Veteran's Memorial Building, Room 390	

Kids Elite: K-Pop Demon Hunters Fun Lab Ages 5 - 10

Become a K-pop producer! Create AI music and video. Learn coding, 3D design, website design, and enjoy hands-on cooking and craft fun! There is a \$60 lab fee payable to instructor at first class.

Class #33674	Sep 16 - Dec 9	W	3:30pm - 4:30pm
\$433	Kids Elite	1429 High Street, Alameda, 94501	

BUSINESS & TECHNOLOGY

Game On: Create Your Own Game with Scratch Ages 7 - 13

In this hands-on class, students will learn to create their own interactive games using Scratch, a beginner-friendly coding platform. They will explore programming basics such as motion, sound, and sequences to bring their game ideas to life. Step by step, students will design characters, build levels, and test their creations while developing problem-solving and logical thinking skills. By the end of the course, each student will have built and shared their own original Scratch game. Students should bring their own computer.

Class #33761	Sep 14 - Oct 19	M	3:30pm - 4:30pm
\$165	ARPD Staff	Veteran's Memorial Building, Auditorium Room 250	
Class #33762	Oct 26 - Dec 7	M	3:30pm - 4:30pm
\$165	ARPD Staff	Veteran's Memorial Building, Auditorium Room 250	

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COOKING

Mini Bakers: Sweet Treats Studio

Ages 6 - 12

Get ready to whisk, mix, bake, and decorate! In this hands-on baking class, kids will explore the world of baking through fun weekly projects. From cookies and cupcakes to brownies, cheesecakes, pies, and cakes, each session builds creativity, confidence, and kitchen skills in a safe and engaging environment.

Class #33869	Sep 19 - Oct 24	Sa	9:00am - 10:30am
\$140	ARPD Staff	Longfellow Park Center	
Class #33870	Nov 7 - Dec 12	Sa	9:00am - 10:30am
\$140	ARPD Staff	Longfellow Park Center	

Tasty Time Travelers: Knead to Know

Ages 7 - 12

From pizzas to quesadillas, this lesson explores the world of flatbreads by connecting geography, culture, and cooking. Each week, students will learn about the grains grown in different regions and the techniques used to make everyday breads across the globe. As they travel the world, students will discover how similar ingredients can be transformed into unique and delicious dishes.

Class #33840	Sep 16 - Oct 21	W	3:30pm - 5:00pm
\$140	ARPD Staff	Longfellow Park Center	
Class #33839	Oct 28 - Dec 16	W	3:30pm - 5:00pm
\$140	ARPD Staff	Longfellow Park Center	

Tasty Time Travelers: The Great Noodle Adventure!

Ages 7 - 12

Get ready to travel through time with your taste buds! Kids will explore history through fun stories and learn to create delicious cultural dishes from around the world. Each week, students will try new recipes while discovering how people adapted and created dishes from other cultures using local ingredients to create their own unique twists.

Class #33837	Sep 16 - Oct 21	W	1:30pm - 3:00pm
\$140	ARPD Staff	Longfellow Park Center	
Class #33838	Oct 28 - Dec 16	W	1:30pm - 3:00pm
\$140	ARPD Staff	Longfellow Park Center	

YOUTH - DANCE, DRAMA & ENRICHMENT

DANCE

Ballet 1

Ages 6 - 10

Students build strong posture through core strength, turnout, and coordination. With stretching, barre, and center work, they learn foundational positions while developing musicality, grace, focus, and confidence in a fun, encouraging environment. See website for uniform information.

Class #33602	Sep 12 - Nov 21	Sa	11:00am - 12:00pm
\$279	ABA STAFF	Alameda Ballet Academy, 1402 Park St	
Class #33603	Sep 14 - Nov 16	M	3:45pm - 4:45pm
\$279	ABA STAFF	Alameda Ballet Academy, 1402 Park St	
Class #33604	Sep 16 - Nov 18	W	3:45pm - 4:45pm
\$279	ABA STAFF	Alameda Ballet Academy, 1402 Park St	

Kids Funky Fusion Dance Class

Ages 5 - 11

Your child will learn a fusion of jazz, funk and hip hop in our Funky Fusion Dance Class. No prior dance experience required. We want everyone to feel comfortable following the class while being free to express themselves through dance!

Class #33624	Sep 19 - Dec 12	Sa	9:30am - 10:30am
\$186	Kate Barnes	Veteran's Memorial Building, Auditorium Room 250	

DRAMA

Kids Acting

Ages 5 - 11

Our kids acting program will incorporate improvisation, acting games, script work, body movement and more! A positive and supportive environment for children to have fun expressing themselves and creating together.

Class #33625	Sep 19 - Dec 12	Sa	10:30am - 11:30am
\$186	Kate Barnes	Veteran's Memorial Building, Auditorium Room 250	



ENRICHMENT

Afterschool: Dungeons and Dragons

Ages 7 - 13

We create an epic adventure by guiding students through a Dungeons & Dragons-inspired role-playing game set in the modern-day San Francisco Bay Area. Blending classic elements of mystery, monsters, and imaginative storytelling with real-world settings, the game invites students to become heroes in a collaborative narrative shaped by their creativity and AI support.

Class #33784	Sep 16 - Oct 21	W	2:15pm - 3:15pm
\$140	ARPD Staff	Veteran's Memorial Building, Room 390	
Class #33786	Oct 28 - Dec 16	W	2:15pm - 3:15pm
\$140	ARPD Staff	Veteran's Memorial Building, Room 390	

Afterschool: French for Beginners

Ages 9 - 16

Learn basic French vocabulary and phrases through games, songs, and interactive activities.

Class #33703	Sep 15 - Dec 8	Tu	5:45pm - 6:45pm
\$306	Health Sciences Education Institute	Lincoln Park Lodge	

Beyond the Classroom: Building Real-World Confidence

Ages 9 - 13

This hands-on program helps students develop practical life skills they can use in everyday situations and future responsibilities. Through interactive activities, students will learn beginner budgeting, smart shopping and comparing prices, personal safety awareness, basic first aid, organization, communication, and time-management skills. Participants will work through real-life scenarios that encourage critical thinking, problem-solving, and responsible decision-making. The goal of the program is to help students build confidence, independence, and real-world readiness in a supportive and engaging environment.

Class #33757	Sep 14 - Oct 19	M	4:00pm - 5:00pm
\$120	ARPD Staff	Lincoln Park Lodge	
Class #33756	Oct 26 - Dec 7	M	4:00pm - 5:00pm
\$120	ARPD Staff	Lincoln Park Lodge	

Build, Test, Improve!

Ages 6 - 12

Students become inventors as they use everyday materials to build creative projects like towers, bridges, marble mazes, and simple machines. Through hands-on exploration, they experiment, solve problems, and learn that creativity and persistence matter more than perfection.

Class #33776	Sep 16 - Oct 21	W	2:30pm - 3:30pm
\$140	ARPD Staff	Lincoln Park Lodge	
Class #33775	Oct 28 - Dec 9	W	2:30pm - 3:30pm
\$140	ARPD Staff	Lincoln Park Lodge	

Exploring Geometry & Design Through Nature

Ages 9 - 14

Students explore patterns and shapes in nature, such as flowers, leaves, and shells. Using observation and simple tools, they investigate symmetry, repeating patterns, and proportion, and create designs inspired by what they discover. Materials fee is \$10 due on the 1st class.

Class #33818	Oct 27 - Dec 8	Tu	4:00pm - 5:00pm
\$174	ARPD Staff	Veteran's Memorial Building, Room 280	

Friends of Neptune Beach: The Neptune Beach History Project

Ages 7 - 11

Did you know that Alameda was once home to a thrilling seaside amusement park? In this creative hands-on class, participants will explore the history of Neptune Beach in a creative artistic workshop. Once filled with rides, games, and seaside treats, Alameda's past will be brought to life through simple crafts and art projects.

Class #33841	Sep 16 - Oct 21	W	2:30pm - 3:30pm
\$120	ARPD Staff	Woodstock Park Center	
Class #33842	Oct 28 - Dec 16	W	2:30pm - 3:30pm
\$120	ARPD Staff	Woodstock Park Center	

Kids Elite: Learn Chinese Through Play

Ages 5 - 10

Learn Chinese through play! Build reading, writing, and speaking skills using pop-up books, crafts, and hands-on activities like shopping with play money and interactive games. There is a \$48 lab fee payable to instructor at first class.

Class #33675	Sep 16 - Dec 9	W	2:30pm - 3:10pm
\$371	Kids Elite	1429 High Street, Alameda, 94501	

Play-Well: STEM Discovery using LEGO® Materials

Ages 5 - 9

Unleash your creativity with tens of thousands of LEGO® pieces at your fingertips! Build engineer-designed projects as you discover the world around us through our inquiry-based learning model. Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO® building system.

Class #33827	Sep 19 - Nov 21	Sa	10:30am - 12:00pm
\$313	Play-Well TEKnologies	Veteran's Memorial Building, Rm 390	

Radio and Broadcasting: California Historical Radio Society

Ages 8 - 12

Write and record your own PSAs that will be aired and record a radio play!

Class #33655	Sep 15 - Dec 8	Tu	4:00pm - 5:00pm
\$418	California Historical Radio Society	2152 Central Ave.	

MARTIAL ARTS

Aikido for Kids

Ages 5 - 14

Our kids Aikido program involves various exercises catered to children in order to promote their mental awareness, physical capabilities, and coordination skills which build healthy values, character, and self-esteem. There is a \$30 fee for gi/uniform, payable to Instructor on first day. One registration per child per family, please.

Class #33908	Sep 15 - Oct 7	Tu W	4:30pm - 5:10pm
\$78	Alameda Aikikai	Alameda Aikikai, 2429 Clement Ave.	
Class #33909	Sep 15 - Oct 7	Tu W	5:15pm - 5:55pm
\$78	Alameda Aikikai	Alameda Aikikai, 2429 Clement Ave.	
Class #33910	Oct 13 - Nov 4	Tu W	4:30pm - 5:10pm
\$78	Alameda Aikikai	Alameda Aikikai, 2429 Clement Ave.	
Class #33911	Oct 13 - Nov 4	Tu W	5:15pm - 5:55pm
\$78	Alameda Aikikai	Alameda Aikikai, 2429 Clement Ave.	
Class #33912	Nov 10 - Dec 9	Tu W	4:30pm - 5:10pm
\$68	Alameda Aikikai	Alameda Aikikai, 2429 Clement Ave.	
Class #33914	Nov 10 - Dec 9	Tu W	5:15pm - 5:55pm
\$68	Alameda Aikikai	Alameda Aikikai, 2429 Clement Ave.	

Hanabi - Fireworks!: Hajime, Beginning Judo

Ages 5+

Hajime! (Begin!) Fun tumbling and jumping exercises precede our learning to fall effortlessly. We can hold a person down, even if they are bigger, and throw someone upside down safely. Respect, discipline; sweating and smiling. There is an \$111 fee for uniform payable to the instructor at the first class.

Class #33952	Sep 18 - Dec 11	F	4:55pm - 5:55pm
\$606	Dan Augustine	Veteran's Memorial Building, Room 280	

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YOUTH - MARTIAL ARTS, MUSIC & OUTDOOR

Hanabi - Fireworks!: Honto, Real Judo

Ages 5+

Honto (Intermediate) - More advanced judo techniques for experienced judoka. Training is intense but our smiles are wide. Senseis carefully and supportively watch for effort, efficiency and safety. The environment... great! There is an \$111 fee for uniform payable to the Instructor at the first class.

Class #33953	Sep 18 - Dec 11	F	6:00pm - 7:30pm
\$680	Dan Augustine	Veteran's Memorial Building, Room 280	

Wado Kai Karate

Ages 8+

Wado Kai karate is a welcoming way to begin your martial arts journey. You'll explore the striking of traditional Japanese karate blended with the flowing movements of Jujitsu. The focus is on timing, balance, and calmness rather than brute force. Training helps you build fitness and confidence while fostering respect, harmony, and personal growth found in this classical style. Beginners welcome!

ONCE A WEEK			
Class #33710	Sep 15 - Dec 8	Tu	5:00pm - 6:30pm
\$225	Faiguenblat, Mikhail	Veteran's Memorial Building, Auditorium Room 250	
Class #33708	Sep 19 - Dec 12	Sa	1:00pm - 2:30pm
\$225	Faiguenblat, Mikhail	Veteran's Memorial Building, Auditorium Room 250	
TWICE A WEEK			
Class #33709	Sep 15 - Dec 12	Tu Sa	5:00pm - 2:30pm
\$300	Faiguenblat, Mikhail	Veteran's Memorial Building, Auditorium Room 250	

MUSIC

AJ & The Music Factory

Ages 5 - 13

Welcome to AJ & The Music Factory. It's a lively piano adventure for kids of all skill levels. Expect fun and interactive lessons, from piano performance, ear training, song transposition, to scales and chords. Students can choose time slots 3pm-3:30pm, 4pm-4:30pm, 5pm-5:30pm. Class is private or semi-private.

Class #33798	Sep 16 - Oct 7	W	30 minute class
\$206	AJ & The Music Factory	Veteran's Memorial Building, Rm 390	
Class #33700	Oct 14 - Nov 4	W	30 minute class
\$206	AJ & The Music Factory	Veteran's Memorial Building, Rm 390	
Class #33701	Nov 18 - Dec 9	W	30 minute class
\$206	AJ & The Music Factory	Veteran's Memorial Building, Rm 390	

Ozzy Music: Guitar Intermediate

Ages 9 - 17

Students explore guitar fundamentals, including strumming, chords, tablature, scales, and transposition. Learners gain the skills to play simple songs while developing confidence and creativity through engaging, age-appropriate activities.

Class #33887	Sep 17 - Oct 22	Th	4:35pm - 5:35pm
\$118	Ozzy Music	Veteran's Memorial Building, Room 280	
Class #33888	Oct 29 - Dec 10	Th	4:35pm - 5:35pm
\$118	Ozzy Music	Veteran's Memorial Building, Room 280	

Ozzy Music: Ukulele Beginners

Ages 7-13

Students explore ukulele fundamentals, including strumming, chords, tablature, scales, and transposition. Learners gain the skills to play simple songs while developing confidence and creativity through engaging, age-appropriate activities.

Class #33890	Sep 17 - Oct 22	Th	3:30pm - 4:30pm
\$105	Ozzy Music	Veteran's Memorial Building, Room 280	
Class #33891	Oct 29 - Dec 10	Th	3:30pm - 4:30pm
\$105	Ozzy Music	Veteran's Memorial Building, Room 280	

OUTDOOR ACTIVITIES

Homeschool: Forest School

Ages 6 - 13

Enjoy outdoor exploration, creative learning, and active play in this hands-on program for homeschoolers. Activities include scavenger hunts, map and compass skills, nature-based art, solar oven projects, and forest boot camp games with obstacle courses and team challenges. If weather does not cooperate, activities will be held indoors and will include fall-themed crafts and projects. Students will keep a journal to document their experiences throughout the program.

Class #33850	Sep 18 - Oct 23	F	9:00am - 12:00pm
\$120	ARPD Staff	Lincoln Park Lodge	
Class #33851	Oct 30 - Dec 11	F	9:00am - 12:00pm
\$120	ARPD Staff	Lincoln Park Lodge	

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SCIENCE & MATH

Afterschool: Engineering Explorers

Ages 8 - 18

The Alameda Engineering Explorers Program introduces youth and tween school students to core engineering principles through exciting, hands-on projects inspired by NASA. Students take on challenges like coding a Mars Helicopter video game, building hovercrafts, and simulating spacecraft landings, all while developing creativity, critical thinking, and teamwork.

Class #33752	Sep 14 - Oct 19	M	3:30pm - 4:30pm
\$165	ARPD Staff	Veteran's Memorial Building, Room 390	
Class #33753	Oct 26 - Dec 7	M	3:30pm - 4:30pm
\$165	ARPD Staff	Veteran's Memorial Building, Room 390	

Audio Adventures: Build a Story World

Ages 6 - 12

NoisyNarrators/Sound Scribes is designed to harness the power of sound to spark imagination and creativity. While the adult program focuses on memory and oral storytelling, the youth and teen versions emphasize imaginative play, creative writing, and collaborative world-building. Using curated audio soundscapes – from rainforests and alien planets to bustling city streets – students will learn how to transform what they hear into compelling characters, settings, and stories.

Class #33866	Sep 18 - Oct 23	F	3:30pm - 4:30pm
\$140	ARPD Staff	Veteran's Memorial Building, Auditorium Room 250	
Class #33867	Oct 30 - Dec 11	F	3:30pm - 4:30pm
\$140	ARPD Staff	Veteran's Memorial Building, Auditorium Room 250	

Creative Chemistry Lab:

Design, Craft, and Create

Ages 6 - 12

Get ready to invent, build, and explore! In this hands-on, project-based class, kids rotate through exciting creative stations where they design and create their own natural beauty and craft products.

Class #33746	Sep 14 - Oct 19	M	4:30pm - 6:00pm
\$150	ARPD Staff	Veteran's Memorial Building, Auditorium Room 250	
Class #33747	Oct 26 - Dec 7	M	4:30pm - 6:00pm
\$150	ARPD Staff	Veteran's Memorial Building, Auditorium Room 250	

For more information

visit our website at www.alamedaca.gov/recreation or email Daria Nyberg at dnyberg@alamedaca.gov

Homeschool: Elementary Math

Ages 6 - 12

In this class, students will receive extra support with the math concepts they are learning in school. Each session includes focused practice problems designed to build skills and confidence, along with fun games and group activities that make math interactive and engaging.

Class #33875	Sep 16 - Oct 21	W	11:15am - 12:15pm
\$140	ARPD Staff	Veteran's Memorial Building, Room 390	
Class #33792	Oct 28 - Dec 16	W	11:15am - 12:15pm
\$140	ARPD Staff	Veteran's Memorial Building, Room 390	

Homeschool: Elementary School Chemistry

Ages 6 - 12

Get ready to dive into the world of chemistry and science with fun experiments! Launch rockets with chemical reactions, pull out real DNA from strawberries, make gooey slime polymers, explore the colors of light with optics, and design fizzing lava lamps with acids and bases. You'll see how science is everywhere – and discover what it's like to think and explore like a real scientist!

Class #33748	Sep 14 - Oct 19	M	9:45am - 10:45am
\$150	ARPD Staff	Veteran's Memorial Building, Room 390	
Class #33749	Oct 26 - Dec 7	M	9:45am - 10:45am
\$150	ARPD Staff	Veteran's Memorial Building, Room 390	

Homeschool: Intro to Biochemistry

Ages 9 - 17

Explore the chemistry of living things, including enzymes, metabolism, and molecular biology. First hour is instructional; second hour is the lab. Lab materials fee \$30 payable to the instructor on the first day of class. The class is led by a professor from Alameda Community College.

Class #33702	Sep 15 - Dec 8	Tu	11:30am - 1:00pm
\$412	Health Sciences Education Institute	Veteran's Memorial Building, Room 390	

Homeschool:

Intro to Human Anatomy & Physiology I & II

Ages 9 - 15

A two-part journey into the structure and function of the human body. In Part A, students explore the foundations – cells, tissues, and basic systems – while Part B dives deeper into complex body systems and how they work together to sustain life. The class led by a professor from Community College.

Class #33900	Sep 15 - Dec 8	Tu	1:00pm - 2:30pm
\$412	Health Sciences Education Institute	Veteran's Memorial Building, Room 390	

Homeschool: Intro to Microbiology

Ages 9 - 15

This full-year program explores cells, genetics, bacteria, viruses, and protista. Students engage in hands-on lab work and receive a certificate of completion upon finishing this comprehensive, two-semester deep dive into the microscopic world. First hour is instruction; second hour is the lab.

Class #33690	Sep 17 - Dec 10	Th	1:00pm - 3:00pm
\$412	Health Sciences Education Institute	Veteran's Memorial Building, Room 390	

Mini Scientists Lab: Hands-On Science Experiments

Ages 5 - 12

Get ready to dive into the world of science with fun, hands-on experiments! Students will explore exciting reactions, build curiosity through observation, and discover how science works in everyday life. Activities include safe, engaging experiments such as Magic Milk, Oobleck, Elephant Toothpaste, Volcano eruptions, Chromatography Flower Art, and more age-appropriate science experiments.

Class #33740	Sep 16 - Oct 21	W	1:30pm - 3:00pm
\$140	ARPD Staff	Veteran's Memorial Building, Auditorium Room 250	
Class #33741	Oct 28 - Dec 16	W	1:30pm - 3:00pm
\$140	ARPD Staff	Veteran's Memorial Building, Auditorium Room 250	

My Coding Classes: BlockCode Adventure Lab

Ages 7 - 12

Students learn coding fundamentals using block-based platforms like Scratch, MakeCode Arcade, and Blockly. Create stories, games, and puzzles. The workshop ends with a final project built on their preferred platform. All materials included, computers will be provided.

Class #33673	Sep 15 - Nov 3	Tu	4:45pm - 5:45pm
\$165	My Coding Classes	Lincoln Park Lodge	

My Coding Classes: Build Your City in Roblox

Ages 8 - 14

Participants build a virtual city in Roblox Studio, learning world-building, terrain tools, and scripting basics while creating neighborhoods and mini-games in a fun, creative environment for all skill levels. All materials included, computers will be provided.

Class #33671	Sep 17 - Nov 5	Th	4:45pm - 5:45pm
\$165	My Coding Classes	Lincoln Park Lodge	



My Coding Classes: Music & Design

Ages 8 - 14

Unleash creativity with Code & Create! Students compose music using Sonic Pi and design visuals in Canva, creating interactive multimedia projects while building problem-solving skills in a fun, collaborative environment. All materials included, computers will be provided.

Class #33669	Sep 15 - Nov 3	Tu	6:00pm - 7:00pm
\$165	My Coding Classes	Lincoln Park Lodge	

Physics in Motion: Hands-On Fun

Ages 6 - 12

Discover how things move in this fun, hands-on Forces and Motion class! Students will explore pushes, pulls, speed, and direction through interactive experiments and simple engineering challenges. From racing objects to building moving creations, participants will see how physics connects to everyday life. Perfect for curious minds who enjoy learning by doing and tackling real-world problems.

Class #33864	Sep 17 - Oct 22	Th	3:30pm - 4:30pm
\$140	ARPD Staff	Longfellow Park Center	
Class #33863	Oct 29 - Dec 10	Th	3:30pm - 4:30pm
\$140	ARPD Staff	Longfellow Park Center	

The Science of Sound: From Waves to Wow

Ages 6 - 12

The Science of Sound demystifies the music and media we consume every day by exploring the physics and technology behind it. From understanding how sound waves travel through the air to stepping into the shoes of a cinematic sound designer, this program empowers students to transition from passive listeners to active audio creators. Students will explore the physics of sound – vibrations and waves – through DIY instruments and vocal play.

Class #33852	Oct 29 - Dec 10	Th	3:30pm - 4:30pm
\$140	ARPD Staff	Veteran's Memorial Building, Room 390	
Class #33857	Sep 17 - Oct 22	Th	3:30pm - 4:30pm
\$140	ARPD Staff	Veteran's Memorial Building, Room 390	

Soroban Abacus Mental Math Level 2

Ages 6 - 12

The Soroban Abacus Mental Math is a hands-on math program, blending the precision of the Japanese Soroban abacus with the child-centered methods of early development. Class is offered ONLINE.

Class #33692	Sep 19 - Dec 12	Sa	11:30am - 1:00pm
\$120	ARPD Staff	Online class	

Soroban Abacus Mental Math Level 3

Ages 9 - 14

The Soroban Abacus Mental Math is a hands-on math program, blending the precision of the Japanese Soroban abacus with the child-centered methods of early development. Designed for intermediate learners, who knows 3-4 grade math.

Class #33693	Sep 19 - Dec 12	Sa	10:00am - 11:00am
\$130	ARPD Staff	Online class	

STEM Kitchen Lab: Biology

Ages 7 - 12

Get ready to think like a biologist! In this hands-on program, students will learn biology topics through fun and interactive cooking experiments. From learning about nutrition and cell walls to exploring fermentation, students will observe how ingredients change and interact during the cooking process. Along the way, students will see how biology plays a key part in cooking through engaging experiments and delicious creations.

Class #33773	Sep 15 - Oct 20	Tu	4:30pm - 5:30pm
\$140	ARPD Staff	Longfellow Park Center	
Class #33774	Oct 27 - Dec 8	Tu	4:30pm - 5:30pm
\$140	ARPD Staff	Longfellow Park Center	

STEM Kitchen Lab: Chemistry

Ages 7 - 12

Step into the lab and become a kitchen scientist! In this hands-on program, students will explore chemistry through fun, engaging, and tasty experiments. They'll observe exciting reactions up close while learning how chemistry is a part of everyday cooking. From making cheese from scratch to creating homemade ice cream, each session gives students a chance to experiment, discover, and taste the science happening in the kitchen.

Class #33771	Sep 15 - Oct 20	Tu	3:30pm - 4:30pm
\$140	ARPD Staff	Longfellow Park Center	
Class #33772	Oct 27 - Dec 8	Tu	3:30pm - 4:30pm
\$140	ARPD Staff	Longfellow Park Center	

For more information

visit our website at www.alamedaca.gov/recreation or email Daria Nyberg at dnyberg@alamedaca.gov

SPORTS

Flag Football

Join us this fall for Alameda Recreation and Parks Department's Youth Flag Football League - a fun, supportive introduction to the game of football! Held every Saturday at the beautiful Estuary Park Multi-Purpose Field, this program is perfect for young athletes looking to learn the fundamentals of the sport in a positive and engaging environment. Our enthusiastic and knowledgeable staff will guide participants through drills that teach essential football skills such as throwing, catching, and understanding basic game concepts. As the season progresses, players will have the opportunity to put their skills into action through friendly, non-contact scrimmages. Whether your child is new to the game or looking to build on existing skills, our league provides a great way to stay active, make friends, and develop a love for football. We can't wait to see you on the field! No session on October 31st!

GRADES K - 1			
Class #33542	Sep 12 - Nov 21	Sa	9:00am - 12:20pm
Res \$180, NRes \$200	ARPD Staff	Estuary Park, Mutipurpose Field	
GRADES 2 - 3			
Class #33539	Sep 12 - Nov 21	Sa	9:00am - 10:00am
Res \$180, NRes \$200	ARPD Staff	Estuary Park, Mutipurpose Field	
GRADES 4 - 5			
Class #33540	Sep 12 - Nov 21	Sa	10:10am - 11:10am
Res \$180, NRes \$200	ARPD Staff	Estuary Park, Mutipurpose Field	
GRADES 6-7			
Class #33541	Sep 12 - Nov 21	Sa	10:10am - 11:10am
Res \$180, NRes \$200	ARPD Staff	Estuary Park, Mutipurpose Field	



CANCELLATION / WITHDRAWAL / TRANSFER POLICY

A \$20 service fee will be charged for each class, camp, or program you cancel or withdraw from. Some specialty camps or programs may have different policies and service fees. Please refer to the description or details for any specific program prior to registration. A \$20 service fee applies to any changes or transfers made after your original registration.

Group Tennis Lessons

Age 6 - 7

Designed for our youngest players, this class introduces the game of tennis in a fun, low-pressure environment. We teach fundamentals of technique and cultivate hand-eye coordination through a combination of instruction and games. Our goal is to provide a positive experience in order to help kids develop a love for the sport, and establish a foundation to grow from in the future.

Class #33665	Sep 19 - Oct 17	Sa	10:00am - 10:45am
Res \$95, NRes \$115		ARPD Staff	Krusi Tennis Courts

Group Tennis Lessons

Ages 8 - 9

This class introduces students to the fundamentals of the game, covering ground-stroke, volley and serve techniques, alongside basic movement and court positioning. We focus on consistent positive reinforcement, allowing kids to gain success and build confidence while ensuring they receive a solid foundation from which to start their tennis career. The class consists of a combination of drills and games, alongside basic fitness exercises to provide a well-rounded session that keeps learning tennis fun.

Class #33668	Sep 19 - Oct 17	Sa	10:50am - 11:35am
Res \$95, NRes \$115		ARPD Staff	Krusi Tennis Courts

Group Tennis Lessons

Age 10 - 12

This class introduces students to the fundamentals of the game, covering ground-stroke, volley and serve techniques, alongside basic movement and court positioning. We focus on consistent positive reinforcement, allowing kids to gain success and build confidence while ensuring they receive a solid foundation from which to start their tennis career. The class consists of a combination of drills and games, alongside basic fitness exercises to provide a well-rounded session that keeps learning tennis fun.

Class #33666	Sep 19 - Oct 17	Sa	11:40am - 12:40pm
Res \$125, NRes \$150		ARPD Staff	Krusi Tennis Courts
Class #33667	Sep 19 - Oct 17	Sa	12:45pm - 1:45pm
Res \$125, NRes \$150		ARPD Staff	Krusi Tennis Courts

For more information
visit our website at www.alamedaca.gov/recreation
or email arpdsports@alamedaca.gov

CANCELLATION / WITHDRAWAL / TRANSFER POLICY
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Homeschool P.E.

Grades K - 8

ARPD is offering this weekday supervised morning sports program for elementary and middle school aged children. This program is perfect for home schooled children looking to be active and have fun. Children will be taught games such as basketball, soccer, dodgeball, pickleball, capture the flag, and many other fun activities. The three main points of the program will be to promote physical fitness, learn fun sports, and making new friends. The camp will be led by ARPD staff with experience in creating a safe, fun environment for kids to play and learn new sports. No previous sports experience is needed to participate, this camp welcomes children of all athletic levels.

Class #33532	Sep 9 - Sep 30	W F	9:00am - 12:00pm
\$125	ARPD Staff		Alameda Point Gym
Class #33533	Oct 2 - Oct 30	W F	9:00am - 12:00pm
\$160	ARPD Staff		Alameda Point Gym
Class #33534	Nov 4 - Nov 20	W F	9:00am - 12:00pm
\$90	ARPD Staff		Alameda Point Gym
Class #33535	Dec 2 - Dec 18	W F	9:00am - 12:00pm
\$105	ARPD Staff		Alameda Point Gym

Pickleball - After School

Ages 5 - 13

Join us for an exciting afterschool pickleball program at the Alameda Point Gymnasium! Participants will learn and practice pickleball skills through fun games, drills, and friendly match play in a supportive environment. This program is perfect for beginners and experienced players alike. Sessions take place on Tuesdays from 4:00 PM to 5:30 PM. ARPD will provide all necessary equipment for play. Participants are welcome to bring their own paddles from home, but it is not required.

Class #33543	Sep 1 - Sep 29	Tu	4:00pm - 5:30pm
Res \$50, NRes \$55		ARPD Staff	Alameda Point Gym
Class #33544	Oct 6 - Oct 27	Tu	4:00pm - 5:30pm
Res \$40, NRes \$44		ARPD Staff	Alameda Point Gym
Class #33545	Nov 3 - Nov 17	Tu	4:00pm - 5:30pm
Res \$30, NRes \$33		ARPD Staff	Alameda Point Gym
Class #33546	Dec 1 - Dec 15	Tu	4:00pm - 5:30pm
Res \$30, NRes \$33		ARPD Staff	Alameda Point Gym

AFTER-SCHOOL PROGRAMS & TRIPS - TWEENS & TEENS

AFTER-SCHOOL PROGRAMS

Underground Teen Center & Teen Shuttle Grades 6-12

The UNDERGROUND TEEN CENTER or UTC for short is a FREE after-school hangout space for tweens and teens to relax, play, and connect with friends in a safe, welcoming environment. What's Inside: Video games & big screen TV, Ping pong, pool & shuffleboard, Board games & music, Snack bar available. Whether you want to game, chill, or hang with friends, there's something for everyone. Come hang out, play games, and make the most of your afternoons!

TEEN CENTER			
Class #33943	Aug 19 - Jun 3	M Tu W Th F	3:00pm - 6:00pm
Free	ARPD Staff	Veteran's Memorial Building Underground Teen Center	
Free drop-in (some activities may have a small fee).			
Must be registered + sign in/out daily.			
Closed on holidays & AUSD non-school days			

TEEN SHUTTLE	
After School Transportation from AUSD schools to UTC Aug 19 - Jun 3	
Mon, Tue, Thu, Fri:	After dismissal
Wed	Varies by school
\$2 one-way (school to UTC)	\$20 ride pass (10 rides, non-refundable)
Important: Vans leave 10 minutes after dismissal, no late pickups. Service may be canceled if rider use is low. Note: No service on school holidays or early release days/weeks unless two or more schools are released the same day. See Teen Trip Series registration for details.	
School	Pick Up Location
Academy of Alameda	On Cypress St, next to Woodstock Center
NEA & ACLC	On Cypress St, next to Woodstock Center
Encinal/Junior Jets	In front of JUNIOR JETS School Sign
IF West End Transportation gets cancelled, Parents must Notify by 2:00 pm	
Lincoln Middle School	By the School Main Office
Other AUSD & Non-AUSD Schools	No Transportation
Wood Middle School	Cafeteria Driveway



UTC After Dark - NEW!

Grades 6-12

The Underground Teen Center is excited to introduce UTC After Dark, a series of themed evening events designed just for teens. Each night offers a safe, welcoming space to connect, unwind, and take part in fun, creative activities like games, music, art, and more. Every event features a unique theme so there's always something new to experience, along with a light dinner provided to keep teens fueled and social. A fee applies to each session to support supplies and staffing, and separate registration is required for every UTC After Dark event. Check website for themes and more information.

Class #33956	Dates, Days & Times Varies
\$20	Underground Teen Center
Dates	Themes
Friday, September 4	Screen & Stream Night
Saturday, October 3	Mystery/Escape Night
Tuesday, November 10	"Controller Wars" Game Night
Friday, December 11	Glow-in-the-Dark Art Night
Sunday, January 17	Real Talk Lounge Night
Friday, February 5	Open Mic & Talent Night
Sunday, March 14	Sports & Rec Night
Wednesday, April 14	Throwback Party (90s/2000s)

TEEN TRIPS

Trip Series - NEW!

Grades 6-12

Teen Trip Series is designed to turn shortened school days into exciting opportunities for teens to explore, connect, and try something new. Each trip offers a safe, supervised off-site local adventure that goes beyond the usual routine – whether it's hands-on activities, local attractions, recreation, or group experiences that build friendships and confidence. These trips are more than just "something to do after school" – they're a chance to create memorable moments, discover new interests, and enjoy time with friends in a fun and supportive environment. Please note: Teen Shuttle service is not provided on school holidays or early release days/weeks unless two or more schools are released on the same day. Check website for more information.

Class #33957	On Early Release Days	Day & Time Varies
TBD	ARPD Staff	Underground Teen Center

For more information

visit our website at www.alamedaca.gov/recreation
or email Ashley Cendejas at acendejas@alamedaca.gov

TWEENS & TEENS - TRIPS & NON-SCHOOL PROGRAMS

Trip - Scare & Be Scared

Grades 6-12

Get ready for a fun (and spooky!) night at Fear Overload Scream Park in Newark! Ever wondered how haunted attractions create such intense scares? Step behind the scenes of Fear Overload Scream Park and learn the secrets of professional set design, special effects, and character creation. Then take what you learn and apply it to building your own haunted house scene, using real techniques to bring your ideas to life. This opportunity is designed for teens who are already registered in the Haunted House and would like to experience what a professional scary attraction looks and feels like. This special group trip will give participants a chance to explore behind the scene tour of Fear Overload Scream Park of Halloween-themed environments, scare zones, and haunted-style attractions in a safe, supervised setting. Teens will then enjoy an exciting laser tag experience, and afterward return to Fear Overload Scream Park to experience the full haunted attraction as guests – seeing how all the elements come together to create a complete, immersive scare experience. **SPACE IS LIMITED!**

Class #33954	Oct 12	M	TBA
\$60	ARPD Staff	Location unspecified	

Trip - Fright Fest, Six Flags

Grades 6-12

Get ready for a fun (and spooky!) night at Six Flags Fright Fest! This is designed for teens who want to attend a special group trip to Fright Fest with staff supervision. Participants will experience rides, Halloween-themed attractions, and haunted areas in a safe, organized group setting. Important Information for Parents/Guardians: By registering, you are granting permission for your teen to participate in this off-site program. Transportation details, drop-off/pick-up times, and exact itinerary will be shared prior to the event. This is a group trip – participants are expected to stay with the group or check in at designate time frames, follow staff instructions, and be respectful to others. This is a fun event, but some areas of Fright Fest are designed to be scary and may include loud noises, fog, and costumed actors. We can't wait to take you for a night of thrills, chills, and unforgettable memories at Fright Fest! **SPACE IS LIMITED!**

Class #33936	Oct 30	F	5:00pm - 11:00pm
\$60	ARPD Staff	Location unspecified	



NON-SCHOOL DAY PROGRAMS

Friendsgiving

Grades 5-12

Happy Friendsgiving! Come hang out at the Underground for an exciting and FREE drop in program for the non school day break! With a wide variety of fun and excitement, we've got something for everybody! Join your friends, or make new ones at the Underground Teen Center, Monday and Tuesday, November 23 & 24 packed with food, fun and fall vibes! Create some unique crafts and holiday treats. Enjoy a nice local walk in Alameda some some Fall air. Bring your allowance money as the Underground does have snacks and drinks for purchase. Register soon, space is extremely limited! Pick-up and drop off is at the Underground Teen Center (2203 Central Avenue at Walnut Street) unless noted otherwise. For any questions please contact Ashley Cendejas, at acendejas@alamedaca.gov.

Class #33940	Nov 23 - Nov 24	M Tu	11:30am - 4:30pm
Free	ARPD Staff	Underground Teen Center	

Winter Break Out

Grades 5-12

Make the most of your winter school break at Tween/Teen Adventure: Winter Break Out – where every day brings something new, active, and fun! Designed just for teens, this program offers a safe, welcoming space to hang out with friends, try new activities, and stay engaged during the holiday break. Each day includes a mix of games, creative projects, group challenges, and chill time to relax and connect. The highlight of the week is an exciting off-site trip where teens get to explore, experience something new, and create unforgettable memories together. Whether you're into sports, art, games, or just hanging out, there's something for everyone at Teen Camp. Staff are trained to support a fun and safe environment so teens can feel comfortable being themselves while staying active over the break. Highlights include: Daily structured activities & free choice time, Team games, challenges, and creative projects, Supervised off-site field trip adventure, Safe, inclusive environment for all teens Time to connect, relax, and have fun. Space is limited – sign up early to secure your spot for a winter break full of energy, friends, and adventure! Extended Care will be provided from 8:00am - 6:00PM, a minimum of 5 participants must register in order for extended care to continue.

Class #33941	Dec 21 - Dec 23	M, TU, W	11:30am - 4:30pm
TBD	ARPD Staff	Underground Teen Center	
Class #33942	Dec 28 - Dec 30	M, TU, W	11:30am - 4:30pm
TBD	ARPD Staff	Underground Teen Center	

CANCELLATION / WITHDRAWAL / TRANSFER POLICY

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BUSINESS & TECHNOLOGY

Hired: Resume to Paycheck

Ages 16+

In this class, students will learn how to build a resume, search and apply for jobs, and develop strong interview skills. Through guided activities and mock interviews, participants will practice presenting themselves professionally and confidently. The course focuses on communication skills, workplace readiness, and understanding what employers are looking for – helping students feel prepared and confident when applying for jobs.

Class #33765	Sep 14 - Oct 19	M	6:00pm - 7:30pm
\$140	ARPD Staff	Veteran's Memorial Building, Room 280	
Class #33766	Oct 26 - Dec 7	M	6:00pm - 7:30pm
\$140	ARPD Staff	Veteran's Memorial Building, Room 280	

Intro to Public Speaking

Ages 10 - 17

In this interactive class, students will build confidence speaking in front of others through fun and supportive activities. They will learn the basics of public speaking, including how to organize their thoughts, use clear voice projection, and engage an audience. Students will practice speaking through short presentations, storytelling, and group exercises. This course helps build communication skills that are useful in school, interviews, and everyday life.

Class #33763	Sep 14 - Oct 19	M	3:30pm - 4:30pm
\$120	ARPD Staff	Veteran's Memorial Building, Room 280	
Class #33764	Oct 26 - Dec 7	M	3:30pm - 4:30pm
\$120	ARPD Staff	Veteran's Memorial Building, Room 280	

For more information

visit our website at www.alamedaca.gov/recreation or email arpd@alamedaca.gov

INTEREST SURVEY

- Teen Photography Workshop

We're thinking about offering a fun, beginner-friendly photography workshop for teens!! Help us create a Photography Workshop just for you! We're planning a beginner-friendly photography program where you can:

- Learn how to take better photos
- Explore creativity & style
- Edit like a pro (using apps you already use)
- Understand privacy, consent & posting safely
- Build confidence behind the camera
- Use your phone or a camera – all skill levels welcome!
- We want YOUR input before we launch!
- Take our quick survey and help design the program

SCAN QR CODE FOR SURVEY



ENRICHMENT

Child & Babysitting Safety

Ages 11-17

Build the skills and confidence to be a safe and successful babysitter! This interactive course teaches teens how to care for infants and children, handle common situations, and respond to emergencies. Topics include basic caregiving, safety and injury prevention, age-appropriate activities, and an introduction to first aid. Upon successful completion, participants earn a nationally recognized HSI CABS/CPR/First Aid certifications valid for two years, helping them stand out as trusted and prepared babysitters in their community.

Class #33630	Nov 23 - Nov 24	M Tu	10:00am - 5:00pm
\$150	ARPD Staff	Albert Dewitt Officers Club	

Creative Writing Studio: Fiction and Creative Expression

Ages 12 - 17

Got ideas for stories, characters, or worlds, or comics? This is your space to explore them and create. In this relaxed and creative workshop, teens will explore storytelling through both writing and visual formats like comics and graphic novels. Teens will explore a variety of storytelling formats, including character design, dialogue, humor, and imagery. No grades. No pressure. Just a fun place to try new ideas, take risks, and develop your own style. All experience and levels welcome. Led by a credentialed teacher with more than 20 years of experience, including work with graphic storytelling and visual narrative.

Class #33832	Sep 14 - Oct 19	M	4:30pm - 5:30pm
\$206	ARPD Staff	Longfellow Park Center	
Class #33831	Oct 26 - Dec 7	M	4:30pm - 5:30pm
\$206	ARPD Staff	Longfellow Park Center	

Exploring Alameda: History in Your Hands

Ages 11 - 18

Culture seekers – turn local history into a hands-on adventure. Alameda has an incredibly rich, unique past – from indigenous Ohlone roots to the golden age of Neptune Beach, and its massive footprint in naval history. This program brings those eras to life through interactive builds, art, and storytelling. Tactile crafts, local folklore, and interactive history. Story-driven crafting. Each week focuses on a different era of Alameda's past, paired with a related hands-on project.

Class #33769	Sep 15 - Oct 20	Tu	4:30pm - 5:30pm
\$140	ARPD Staff	Veteran's Memorial Building, Room 390	
Class #33770	Oct 27 - Dec 8	Tu	4:30pm - 5:30pm
\$140	ARPD Staff	Veteran's Memorial Building, Room 390	

TWEENS & TEENS - ENRICHMENT, OUTDOOR & SCIENCE/MATH

Geometry Art: Patterns and Designs

Ages 11 - 16

Students create geometric patterns and designs using a compass. They build accuracy and patience while exploring symmetry, structure, and fundamental geometry concepts through hands-on design. Materials fee is \$20 due to the instructor on the 1st day of class.

Class #33817	Sep 15 - Oct 20	Tu	4:00pm - 5:00pm
\$174	ARPD Staff	Veteran's Memorial Building, Room 280	

Money Matters

Ages 14 - 18

In this interactive class, students will learn the fundamentals of managing money and making smart financial decisions. Key topics include earning, saving, budgeting, spending, and understanding the value of money in everyday life. Through real-world examples and hands-on activities, students will practice setting financial goals and making thoughtful, responsible choices about money.

Class #33780	Sep 16 - Oct 21	W	5:45pm - 7:15pm
\$165	ARPD Staff	Leydecker Park Center	
Class #33779	Oct 28 - Dec 16	W	5:45pm - 7:15pm
\$165	ARPD Staff	Leydecker Park Center	

Teen Success Series

Grades 6-12

Looking for programs that go beyond the classroom? Our Teen Success Series helps teens gain hands-on experience, build independence, and explore real-world skills in a fun and supportive environment. From cooking and budgeting to transportation, mental wellness, leadership, and career readiness, teens will learn practical skills they can use every day while building confidence for the future. Whether teens are preparing for their first job, future college life, or simply learning how to navigate everyday responsibilities, these programs are designed to help them grow, connect, and thrive. Come explore new interests, meet new friends, and gain skills for life!

Class #33958	Dates Varies	Varies	Time Varies
TBD	ARPD Staff	Underground Teen Center	

OUTDOOR ACTIVITIES

Adventure Academy: Outdoor Survival Basics

Ages 11 - 17

Students learn basic outdoor and survival-style skills in a safe, fun, and engaging environment. Through hands-on activities such as building simple shelters with natural materials, learning useful knots, practicing map reading through treasure hunts, and participating in team-based outdoor challenges. Participants develop problem-solving skills, teamwork, and confidence in the outdoors.

Class #33759	Sep 14 - Oct 19	M	5:00pm - 6:00pm
\$120	ARPD Staff	Lincoln Park Lodge	
Class #33758	Oct 26 - Dec 7	M	5:00pm - 6:00pm
\$120	ARPD Staff	Lincoln Park Lodge	

SCIENCE & MATH

Advanced Algebra to Trigonometry

Ages 13 - 19

Students strengthen advanced algebra and geometry skills while beginning to learn key trigonometry concepts. This class builds understanding, connects ideas, and helps fill common gaps, supporting greater confidence and success in precalculus and other higher-level courses.

Class #33835	Sep 15 - Oct 20	Tu	10:00am - 11:00am
\$217	ARPD Staff	Veteran's Memorial Building, Room 390	

Afterschool: Algebra I and II

Ages 10 - 17

In this class, students will strengthen their Algebra skills through focused practice and group competitions – such as equation relays, graphing races, and function-matching challenges – that make Algebra exciting while reinforcing the concepts they are learning in school. We will explore key topics including solving equations and inequalities, analyzing functions and graphs, and working with exponents and polynomials.

Class #33787	Sep 16 - Oct 21	W	4:00pm - 5:30pm
\$165	ARPD Staff	Veteran's Memorial Building, Room 390	
Class #33789	Oct 28 - Dec 16	W	4:00pm - 5:30pm
\$165	ARPD Staff	Veteran's Memorial Building, Room 390	

Homeschool: Middle/High School Chemistry

Ages 9 - 17

The Alameda Science Tutoring Program is a dynamic initiative designed for middle and high school students in the K-12 system of Alameda, CA. Focused on foundational chemical and biochemical concepts – including chemical properties, structure, and reactions – the program combines hands-on learning with collaborative projects and cohort-based competitions to foster teamwork and strategic thinking.

Class #33923	Sep 14 - Oct 19	M	10:55am - 11:55am
\$165	ARPD Staff	Veteran's Memorial Building, Room 390	
Class #33751	Oct 26 - Dec 7	M	10:55am - 11:55am
\$165	ARPD Staff	Veteran's Memorial Building, Room 390	



SCIENCE/MATH & VIRTUAL - TWEENS & TEENS

My Coding Classes: Create-a-Website

Ages 10 - 14

Build your own website from scratch! Learn HTML, CSS, and web design while creating interactive pages and projects, building coding, creativity, and problem-solving skills in a fun, collaborative environment. All materials included, computers will be provided.

Class #33672	Sep 17 - Nov 5	Th	6:00pm - 7:00pm
\$165	My Coding Classes	Lincoln Park Lodge	

Science & Engineering Leadership

Ages 11 - 18

Our Science and Engineering Leadership Program is designed to mentor tween and teen students go beyond the classroom and experience what it means to be a scientist and/or engineer. Through collaborative games, guided lessons, and team-based projects, students will deepen their understanding of science and technology while practicing leadership, problem-solving, and communication.

Class #33754	Sep 14 - Oct 19	M	4:30pm - 6:00pm
\$165	ARPD Staff	Veteran's Memorial Building, Room 390	
Class #33755	Oct 26 - Dec 7	M	4:30pm - 6:00pm
\$165	ARPD Staff	Veteran's Memorial Building, Room 390	

Sound Lab: Physics of Music & Media

Ages 11 - 17

The Science of Sound demystifies the music and media we experience every day by exploring the physics and technology behind it. From understanding how sound waves travel through the air to stepping into the role of a cinematic sound designer, this program empowers students to move from passive listeners to active audio creators. Students will investigate the physics of sound – vibrations, waves, frequency, and pitch – through hands-on experiments, DIY instruments, and vocal exploration.

Class #33859	Sep 17 - Oct 22	Th	4:45pm - 5:45pm
\$140	ARPD Staff	Veteran's Memorial Building, Room 390	
Class #33858	Oct 29 - Dec 10	Th	4:45pm - 5:45pm
\$140	ARPD Staff	Veteran's Memorial Building, Room 390	

Soundscapes & Storylines

Ages 11 - 17

Step into a TV-style Writers' Room where sound sparks the story. In this collaborative workshop, teens will use immersive and abstract audio soundscapes – like echoing footsteps in an empty hallway or a tense musical drone – as creative writing prompts. Guided by an instructor acting as the "Showrunner," students will work together to transform what they hear into vivid worlds, compelling characters, and engaging narratives.

Class #33868	Sep 18 - Oct 23	F	4:45pm - 5:45pm
\$140	ARPD Staff	Veteran's Memorial Building, Auditorium Room 250	
Class #33886	Oct 30 - Dec 11	F	4:45pm - 5:45pm
\$140	ARPD Staff	Veteran's Memorial Building, Auditorium Room 250	

Trigonometry & Precalculus Concepts

Ages 13 - 19

Students build on algebra and trigonometry while exploring selected precalculus topics. Designed for students in or beyond Algebra 2, including Trigonometry or Precalculus. This class deepens understanding and supports success in higher-level math.

Class #33836	Oct 27 - Dec 8	Tu	10:00am - 11:00am
\$217	ARPD Staff	Veteran's Memorial Building, Room 390	

For more Homeschool classes see YOUTH pages 22-26!

VIRTUAL

Online Driver's Ed Course

Ages 14+

Teen Drivers Ed: Your First Step Toward Freedom! (Ages 15 & Up) Our course is designed to give you the knowledge and foundation you need to be a safe, responsible driver. Complete this class online, at your own pace. Interactive lessons help you understand road rules. Upon successful completion, receive a DMV approved certificate - required for the DMV written and road test. Registration is on-going.

Class #33649	Sep 14 - Dec 13	Online Course
\$52	Bay Area Driving School	Take At Your Own Pace

Virtual Driver's Ed

Ages 15+

This is a virtual Driver's Education class with a live instructor. Complete your driver's ed requirement with a LIVE instructor because a real teacher often provides a more effective learning experience. Our course is designed to give you the knowledge and foundation you need to be a safe, responsible driver. This class meets on zoom. At-home assignments are also required for a certificate of completion. FREE access to permit practice test questions for extra study preparedness.

Class #33650	Sep 19 - Oct 10	Sa	9:00am - 12:00pm
\$242	Bay Area Driving School	Virtual Class	
Class #33830	Nov 23 - Nov 26	M Tu W Th	9:00am - 12:00pm
\$242	Bay Area Driving School	Virtual Class	

For more information

visit our website at www.alamedaca.gov/recreation or email Daria Nyberg at dnyberg@alamedaca.gov

CANCELLATION / WITHDRAWAL / TRANSFER POLICY

A \$20 service fee will be charged for each class, camp, or program you cancel or withdraw from. Some specialty camps or programs may have different policies and service fees. Please refer to the description or details for any specific program prior to registration. A \$20 service fee applies to any changes or transfers made after your original registration.

TWEENS & TEENS - VOLUNTEERING

VOLUNTEERING

Alameda Youth Committee (AYC)

Grades 6-12

Come create Unforgettable Experiences! Do you have a flair for creativity? Are you the type of person who loves bringing people together and making things happen? If so, the Alameda Youth Committee or AYC is calling your name! AYC is an Event Planning Committee and as part of this exciting committee, you'll be in charge of planning, promoting and executing events that are fun, impactful and unforgettable. Plus, you'll gain hands on experience that will set you apart in any career field. **Two Ways to Get Involved:** Volunteer or Internship. **Volunteers** (Event Support Team) Meet TWICE a month, typically 1st and 3rd Wednesday of the month. Volunteers are the backbone of AYC events! This role is perfect for teens who want to be involved, share ideas, and help bring events to life. **Leadership Interns** (Event Planning Team) Meet EVERY week on Wednesday. Int-erns take on a leadership role within AYC and are more deeply involved in the planning and execution of events. Focus on event logistics, timelines, and detailed execution and mentorship opportunities with guest speakers and community professionals and will be provided a Letter of Recommendation upon successful completion.

Class #33931	Aug 19 - May 12	W	3:30pm - 5:00pm	
ARPD Staff	Veteran's Memorial Building, Room 390			
AYC: LEADERSHIP INTERNS				
Class #33933	Aug 19 - May 12	W	3:30pm - 5:00pm	\$45
AYC: FALL VOLUNTEER				
Class #33932	Aug 19 - Dec 19	W	4:00pm - 5:00pm	\$25
AYC: YEAR ROUND VOLUNTEER				
Class #33934	Aug 19 - Dec 19	W	4:00pm - 5:00pm	\$45

Every Act Matters

Grades 6-12

Not able to commit to long-term volunteering? That's okay! We offer one-day and short-term volunteer opportunities that let you give back to your community without a big time commitment. You can choose what works best for your schedule. Opportunities may include: Community clean-up events, Helping at local events and programs, Supporting community activities, Other fun, hands-on service projects. Every hour you give makes a difference – even a single day of volunteering helps strengthen our community. What to know: You can sign up based on your interests. Opportunities vary throughout the school year, Time commitments and number of volunteers needed will change by event. You'll receive an email confirmation with details after signing up. For more information please contact Ashley Cendejas at acendejas@alamedaca.gov

Class #33935	Aug 28 - Dec 18	Varies	Time Varies - Time
FREE	ARPD Staff	Location Varies	

For more information

visit our website at www.alamedaca.gov/recreation or email Ashley Cendejas at acendejas@alamedaca.gov

Teen Haunted House - 21st Annual

Grades 6-12

TEENS, CLUBS & GROUPS NEEDED! Help plan, build, and run this year's Haunted House! Get creative, work with friends, and bring spooky ideas to life—while earning community service hours. Design scenes, act, create props, and be part of a thrilling community event. Volunteers who complete all requirements will be eligible for service hours.

Important: requirements must be completed to earn service hours. ALL volunteers must complete the below requirements:

- Submit a SIGNED commitment contract (must be signed by participant and parent/guardian) BEFORE starting
- Attend 2 of 4 mandatory planning meetings (see details for specific dates)
- Complete minimum 30 hours of pre-event build
- Work at least 2 of 3 event days
- Help with post-event clean-up

Group Volunteers must:

- Have 1 group leader register + all members apply before start
- Have 8-20 members
- Ensure at least half the group COMPLETED THE REQUIREMENTS IN ORDER TO EARN SERVICE HOURS
- Complete 240 combined prep hours
- Service hours are ONLY awarded to participants who complete ALL requirements and submit the signed contract.
- No experience needed—just creativity and commitment!
- Be part of something fun, spooky, and unforgettable while giving back to your community.

All proceeds support ARPD Teen Programs.

Class #33937	Sep 15 - Oct 28	M Tu W Th F Sa	3:30pm - 6:00pm
Free	ARPD Staff	Location unspecified	

Teens Teaching Technology

Grades 6-12

This program is a collaboration between the Mastick Senior Center and the ARPD Teen Programs on the Third Thursday of the Month. Teens will meet at the Mastick Senior Center (1155 Santa Clara Ave, Alameda) and assist Mastick members with their electronic devices. Devices can include, but are not limited to, iPhones, Android smartphones, assorted cell phones, tablets (iPads & Android), and laptops. Transportation is provided to Mastick Senior Center. Please meet at Underground Teen Center at 22023 Central Ave and let staff be aware teen needs transportation. Van leaves exactly at 3:45pm from Teen Center.

Class #33883	Sep 17 - Dec 17	Th	4:00pm - 5:00pm
Free	ARPD Staff	Mastick Senior Center, Room C	

COMMUNITY SERVICE HOURS

Please read the full description of each volunteer program carefully, as some activities include specific requirements and commitments that must be completed in order to receive volunteer hours.

Volunteer hour completion letters will be emailed to volunteers between the end of April and mid-May. Volunteers must reach out within one year of their service date if they did not receive their letter or need to request verification of their hours, as records may not be retained beyond that period.

DANCE, MARTIAL ARTS & MUSIC - TEENS & ADULTS

DANCE

Rhythm & Cardio Dance Fitness Party

Ages 16+

Join a high-energy dance fitness class designed to get your heart pumping and your body moving to upbeat rhythms from around the world. This workout blends easy-to-follow choreography with nonstop cardio intervals, helping you burn calories while having fun instead of counting reps. Each session combines fast and moderate-paced sequences to improve cardiovascular endurance, coordination, and overall stamina.

Class #33918	Sep 18 - Oct 23	F	6:00pm - 7:00pm
\$165	Inshirah Berakah	Leydecker Park Center	
Class #33919	Oct 30 - Dec 11	F	6:00pm - 7:00pm
\$165	Inshirah Berakah	Leydecker Park Center	

Zumba Strength & Dance

Ages 16+

This fun, medium-impact class is designed for active adults and beginners looking to improve fitness in an enjoyable, supportive environment. Participants spend half of the class using light hand weights to build strength and muscle tone, and the other half dancing to lively rhythms from around the world, including merengue, cha-cha, cumbia, belly dance, rumba, tango, and salsa. The class helps improve cardiovascular health, balance, coordination, and overall wellness while keeping participants energized and engaged. All equipment is provided.

Class #33915	Sep 14 - Oct 19	M	6:00pm - 7:00pm
\$124	Anna Gardner	Leydecker Park Center	
Class #33916	Oct 26 - Dec 7	M	6:00pm - 7:00pm
\$104	Anna Gardner	Leydecker Park Center	

MARTIAL ARTS

Aikido for Teens and Adults

Ages 14+

Aikido is a powerful system of self-defense that blends with the energy of your opponent to render their attacks harmless. Through regular practice, adults may use Aikido as a means to enhance and maintain their health and flexibility. There is a \$40 fee for gi/uniform, payable to Instructor on first day.

Class #33902	Sep 15 - Oct 8	Tu Th	12:00pm - 1:00pm
\$88	Alameda Aikikai	Alameda Aikikai, 2429 Clement Ave.	
Class #33903	Sep 15 - Oct 8	Tu Th	6:00pm - 7:15pm
\$88	Alameda Aikikai	Alameda Aikikai, 2429 Clement Ave.	
Class #33904	Oct 13 - Nov 5	Tu Th	12:00pm - 1:00pm
\$88	Alameda Aikikai	Alameda Aikikai, 2429 Clement Ave.	
Class #33905	Oct 13 - Nov 5	Tu Th	6:00pm - 7:15pm
\$88	Alameda Aikikai	Alameda Aikikai, 2429 Clement Ave.	
Class #33906	Nov 10 - Dec 10	Tu Th	12:00pm - 1:00pm
\$88	Alameda Aikikai	Alameda Aikikai, 2429 Clement Ave.	
Class #33907	Nov 10 - Dec 10	Tu Th	6:00pm - 7:15pm
\$88	Alameda Aikikai	Alameda Aikikai, 2429 Clement Ave.	

Iaido: Classical Sword Art of Japan

Ages 16+

Discover Muso Jikiden Eishin-Ryu, a classical Japanese swordsmanship style that combines precision, mindfulness, and grace. Rooted in samurai tradition, you'll learn classical forms and techniques for drawing and using the sword. Perfect for beginners, iaido practice builds focus, coordination, and confidence while connecting you to centuries of martial arts tradition.



ONCE A WEEK			
Class #33705	Sep 19 - Dec 12	Sa	2:50pm - 4:40pm
\$225	Mikhail Faiguenblat	Veteran's Memorial Building, Auditorium Room 250	
Class #33707	Sep 17 - Dec 10	Th	6:10pm - 8:00pm
\$225	Mikhail Faiguenblat	Veteran's Memorial Building, Auditorium Room 250	
TWICE A WEEK			
Class #33706	Sep 17 - Dec 12	Th Sa	6:10pm - 4:50pm
\$300	Mikhail Faiguenblat	Veteran's Memorial Building, Auditorium Room 250	

MUSIC

Alameda Sings! Alameda Community Chorus - ACC

Ages 16+

This is a Mixed Choir that is open to anyone who loves to sing! No audition is necessary. You can sing with as little experience as you have or don't have. We will perform two concerts per year and on other occasions as requested of us. In keeping with the spirit of a "Community Choir," it is also a cross-generational choir. Young people and older adults are welcome to join!

Class #33594	Sep 14 - Dec 14	M	7:00pm - 9:00pm
\$159	Alameda Sings	Mastick Senior Center, Social Hall	

For more information

visit our website at www.alamedaca.gov/recreation or email Daria Nyberg at dnyberg@alamedaca.gov

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18+ ADULTS - DANCE & ENRICHMENT

DANCE

Afro-Beats/ Caribbean Street Dance for Fitness

Ages 18+

Afro-Beats Caribbean street dance may be one of the most fun ways to stay fit, have fun, and express yourself without saying a word! All skill levels are welcomed in this class, in which we will explore movements you can use at your next family BBQ, reunion, or holiday party with confidence and swag!

Class #33643	Sep 17 - Sep 24	Th	6:30pm - 7:30pm
\$40	Inshirah Berakah	Veteran's Memorial Building, Room 280	
Class #33644	Oct 1 - Oct 29	Th	6:30pm - 7:30pm
\$93	Inshirah Berakah	Veteran's Memorial Building, Room 280	
Class #33645	Nov 5 - Nov 19	Th	6:30pm - 7:30pm
\$56	Inshirah Berakah	Veteran's Memorial Building, Room 280	
Class #33646	Dec 3 - Dec 17	Th	6:30pm - 7:30pm
\$56	Inshirah Berakah	Veteran's Memorial Building, Room 280	

Salsa Dancing: Beginner Level 1

Ages 18+

For complete beginners to salsa, this class focuses on the foundational partnerwork steps to get you started on your dance journey. No need to come with a partner as we will rotate dance partners throughout the class.

Class #33621	Sep 16 - Dec 9	W	6:30pm - 7:25pm
\$196	Kate Barnes	Veteran's Memorial Building, Auditorium Room 250	

Salsa Dancing: Beginner Level 2

Ages 18+

For students who have completed (at least once) and feel confident in the Salsa Dancing - Beginner Level 1 program. This class will introduce fun patterns that can be easily and effectively executed on the social dance floor. No need to come with a partner as we will rotate dance partners throughout the class.

Class #33622	Sep 16 - Dec 9	W	7:30pm - 8:25pm
\$196	Kate Barnes	Veteran's Memorial Building, Auditorium Room 250	



ENRICHMENT

The Art of Sound & Storytelling

Ages 18+

Sonic Storytellers is an accessible, highly interactive workshop that blends sensory stimulation with collaborative creative writing. Each session uses curated audio soundscapes to spark memories, imagery, and emotions. Guided by the instructor – who serves as both a live scribe and narrative facilitator – participants verbally share ideas, reflections, and story fragments, then work together to weave them into an original short story. The program is designed to engage aging minds through spontaneous recall, active listening, imagination, and creative problem-solving, all within a low-pressure and highly social environment.

Class #33861	Sep 17 - Oct 22	Th	6:30pm - 7:30pm
\$140	ARPD Staff	Veteran's Memorial Building, Room 390	
Class #33862	Oct 29 - Dec 10	Th	6:30pm - 7:30pm
\$140	ARPD Staff	Veteran's Memorial Building, Room 390	

The Germinators: Seed Starting and Garden Fun

Ages 18+

Enjoy starting plants from seed? Let's grow together. In this friendly, hands-on garden class participants will learn the basics of seed-starting while enjoying time in the garden in a welcoming community setting. We'll plant seeds, care for young seedlings, and watch them grow. We will share tips, stories, and the simple pleasure of being in the garden. No prior gardening experience needed. All materials provided. Participants may take home seedlings, or contribute to the shared garden.

Class #33845	Sep 15 - Oct 20	Tu	5:45pm - 6:45pm
\$75	ARPD Staff	Veteran's Memorial Building, Room 280	
Class #33846	Nov 3 - Dec 15	Tu	5:45pm - 6:45pm
\$75	ARPD Staff	Veteran's Memorial Building, Room 280	

Harry Potter STEAM After Dark

Ages 21+

Experience a magical night of science, creativity, and enchanted fun for adults. Step into a world of potions, spellcraft, glowing magic, and wizard-worthy creations at this adults-only Harry Potter-inspired STEAM experience. Guests will rotate through immersive activities that blend science, art, engineering, and fantasy while enjoying themed snacks, cozy autumn vibes, and magical photo opportunities. Designed for adults who grew up loving the wizarding world, this event combines hands-on projects with elevated "maker night" energy – less classroom, more enchanted social experience.

Class #33983	Nov 13	F	7:00pm - 9:30pm
Suggested Price \$65		ARPD Staff	Leydecker Park Center

ENRICHMENT, MIND/BODY, MUSIC & SPORTS - ADULTS 18+

The Joy of Writing: A Creative Lab

Ages 18+

Looking for a fun, creative outlet? In this relaxed, welcoming workshop, participants will explore storytelling through engaging prompts and light guidance. We'll experiment with character development, scenes, humor, and ideas in a supportive, low-pressure environment. Any level of writing experience is welcome. This class is all about creativity, connection, and enjoying the process. Led by a credentialed teacher with over 20 years of experience helping writers of all levels find their voice.

Class #33833	Sep 14 - Oct 19	M	6:00pm - 7:00pm
\$155	ARPD Staff	Longfellow Park Center	
Class #33834	Oct 26 - Dec 7	M	6:00pm - 7:00pm
\$155	ARPD Staff	Longfellow Park Center	

MIND & BODY

Feldenkrais Method Awareness: Through-Movement

Ages 18+

Discover the pleasure of slow, mindful movement. In this class, you'll learn to tune into how your body moves. Your flexibility, balance, and peace of mind will be enriched through these gentle, voice-guided movement lessons. Suitable for all ages and fitness levels. Students will need to bring a yoga mat and blanket.

Class #33698	Sep 23 - Oct 28	W	9:30am - 10:30am
\$99	Nicole Stone	Lincoln Park Harrison Center	
Class #33699	Nov 4 - Dec 9	W	9:30am - 10:30am
\$83	Nicole Stone	Lincoln Park Harrison Center	

Tai Chi Qigong for Well-Being

Ages 18+

In this series, we'll learn the Second Form of Taichi Qigong, a therapeutic practice for health and longevity. Each class will include a full-body warm up with meridian tapping and breathwork. After class you will leave feeling relaxed and energized, supple and strong. Let's experience joyful movement together!

Class #33697	Sep 16 - Dec 9	W	10:30am - 11:30am
\$181	Nicole Stone	Lincoln Park Harrison Center	
Class #33927	Oct 20 - Dec 8	Tu	5:45pm - 6:45pm
\$100	Nicole Stone	Leydecker Park Center	

For more info visit www.alamedaca.gov/recreation or email Daria Nyberg at dnyberg@alamedaca.gov

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MUSIC

Alameda Community Band

Ages 18+

This class is made up of woodwind, brass, and percussion instrumentalists. Some ability on your instrument is required. There are weekly rehearsals leading to a series of concerts. Rehearsals are at Alameda High School in the Band Room. No class on Thanksgiving week. New members are invited to attend a trial rehearsal before signing up for the class.

Class #33696	Aug 18 - Dec 1	Tu	7:30pm - 9:30pm
\$78	Michael Wirgler	Alameda High School Band Room	

SPORTS

Alameda Point Open Gym - Drop-In

The public is invited to join us for an evening of casual shooting, skill development, and friendly games. Open Gym will run weekly on Sundays from 6:00pm - 10:00pm. Whether you want to work on fundamentals or enjoy some friendly competition, all are welcome. No session 11/29.

Class #33556	Sep 6 - Dec 20	Su	6:00pm - 10:00pm
\$10	ARPD Staff	Alameda Point Gym	

ARPD Indoor Roller Skating - Drop-In

Roll into a fun midweek roller-skating session at the Alameda Point Gymnasium! Enjoy smooth indoor floors, upbeat music, and a lively atmosphere that's perfect for skaters of all experience levels. This is a great way to stay active and unwind in a safe, weather-proof space. Lace up your skates and don't miss this late-night skating experience at Alameda Point! Polyurethane wheels only, no sliders allowed!

Class #33676	Sep 2 - Nov 18	W	9:10pm - 10:40pm
\$10 per session	ARPD Staff	Alameda Point Gym	

Group Tennis Lessons - Adv. Beginner

Designed for students graduating from 1-2 sessions of Beginning Tennis, this class provides the perfect opportunity to build upon foundational skills and gain greater confidence on the court. Players will continue developing their ground strokes with added movement, improve serving technique, and learn basic ball control for left and right placement.

Class #33659	Sep 22 - Oct 27	Tu	5:30pm - 6:30pm
Res\$150, NRes \$180	ARPD Staff	Krusi Tennis Courts	
Class #33660	Sep 22 - Oct 27	Tu	6:30pm - 7:30pm
Res\$150, NRes \$180	ARPD Staff	Krusi Tennis Courts	
Class #33663	Sep 24 - Oct 29	Th	5:30pm - 6:30pm
Res\$150, NRes \$180	ARPD Staff	Krusi Tennis Courts	
Class #33664	Sep 24 - Oct 29	Th	6:30pm - 7:30pm
Res\$150, NRes \$180	ARPD Staff	Krusi Tennis Courts	

18+ ADULTS - SPORTS, SUPPORT & VIRTUAL

Group Tennis Lessons - Beginner

Perfect for students with little or no previous tennis instruction, this class is a fun and encouraging introduction to the lifelong game of tennis. Participants will learn the basic skills needed to play, including forehand, backhand, and serving techniques, along with the fundamental rules of the game. Through engaging drills and activities, students will build confidence, coordination, and a strong foundation for future tennis development.

Class #33657	Sep 21 - Oct 26	M	5:30pm - 6:30pm
Res\$150, NRes \$180		ARPD Staff	Krusi Tennis Courts
Class #33658	Sep 21 - Oct 26	M	6:30pm - 7:30pm
Res\$150, NRes \$180		ARPD Staff	Krusi Tennis Courts
Class #33661	Sep 23 - Oct 28	W	5:30pm - 6:30pm
Res\$150, NRes \$180		ARPD Staff	Krusi Tennis Courts
Class #33662	Sep 23 - Oct 28	W	6:30pm - 7:30pm
Res\$150, NRes \$180		ARPD Staff	Krusi Tennis Courts

Pickleball - Indoor, Drop-In

Enjoy indoor Pickleball at the Alameda Point Gym, which features a renovated floor. Portable nets and balls provided. No refunds for missed dates. Contact Joey Carroll, jcarroll@alamedaca.gov for questions.

Class #33552	Sep 2 - Sep 30	W	9:30am - 12:00pm
\$50	ARPD Staff	Alameda Point Gym	
Class #33548	Sep 4 - Sep 25	F	9:30am - 12:00pm
\$40	ARPD Staff	Alameda Point Gym	
Class #33549	Oct 2 - Oct 30	F	9:30am - 12:00pm
\$50	ARPD Staff	Alameda Point Gym	
Class #33553	Oct 7 - Oct 28	W	9:30am - 12:00pm
\$40	ARPD Staff	Alameda Point Gym	
Class #33554	Nov 4 - Nov 18	W	9:30am - 12:00pm
\$20	ARPD Staff	Alameda Point Gym	
Class #33550	Nov 6 - Nov 20	F	9:30am - 12:00pm
\$30	ARPD Staff	Alameda Point Gym	
Class #33555	Dec 2 - Dec 16	W	9:30am - 12:00pm
\$30	ARPD Staff	Alameda Point Gym	
Class #33551	Dec 4 - Dec 18	F	9:30am - 12:00pm
\$30	ARPD Staff	Alameda Point Gym	

Master a new subject with our online courses via



www.Ed2Go.com/ARPD

SUPPORT

After Delivery: Practical Preparation for Parents

Ages 18+

Birth is one day. Becoming a parent is lifelong transition. Led by a clinical psychologist who is a specialist in Maternal Mental Health, this class helps expectant parents emotionally prepare for early parenthood – building attachment, regulating emotions, strengthening partnership, setting boundaries, and creating a supportive nest. Bring your partner!

Class #33152	Sep 29 - Oct 20	Tu	6:30pm - 7:30pm
\$206	PsyD Carrie Wasson	Veteran's Memorial Building, Rm 390	

Domestic Violence Awareness and Prevention

Ages 18+

Domestic Violence Prevention aims to help participants understand, recognize, and prevent abuse while promoting healthy relationships and stronger, more supportive communities. The program provides a clear explanation of domestic violence, including its many forms – emotional, physical, psychological, sexual, and financial abuse – while also helping individuals identify warning signs, build awareness, and develop tools to support safety and intervention. The instructor is certified in CPR/First Aid and has received certificates in Aggression Replacement Training, as well as experience serving as a facilitator for young men and boys during time served as a Juvenile Institutional Officer in juvenile hall. Currently employed as a Probation Officer in the Domestic Violence Unit.

Class #33913	Sep 14 - Dec 7	M	6:15pm - 7:15pm
\$20	ARPD Staff	Veteran's Memorial Building, Auditorium Room 250	

VIRTUAL

Voice Overs... Now is Your Time!

Ages 18+

Use your natural speaking voice for commercials, films, and more. Learn a unique way to break into the lucrative voice-over industry on your own terms. Concludes with a professional voice evaluation with your instructor. This class will be presented via Zoom. Staff from "Such A Voice" will contact you via email with instructions to access this online class.

Class #33647	Sep 29	Tu	6:00pm - 8:00pm
\$32	Such A Voice LLC	Virtual Class	
Class #33648	Dec 3	Th	6:30pm - 8:30pm
\$32	Such A Voice LLC	Virtual Class	



Making Connections • Staying Active • Living Well

Programs and Services for Adults age 50 and older

1155 Santa Clara Ave, Alameda, CA
(510) 747-7500

Website: www.alamedaca.gov/mastick
Suggestion Box, masticksuggestion@alamedaca.gov

Hours

Program Hours: Mon-Fri 9am - 4pm, Sat 9am - 2pm

Facility Hours: 9am - 4pm

Mastick Thrift Shop: Tue & Sat: 10am - 2pm, Thu: 1pm - 5pm

Staff

Morace McKay, Recreation Manager
mmckay@alamedaca.gov, (510) 747-7510

Rich Castrillon, Recreation Assistant
rcastrillon@alamedaca.gov, (510) 747-7511

Justin Long, Alameda Recreation and Parks Director
jlong@alamedaca.gov, (510) 747-7570

MASTICK SENIOR CENTER ADVISORY BOARD (MSCAB)

The MSCAB is the active administrative advisory committee providing advice and counsel on all matters connected with accomplishing the Center's mission.

MSCAB Monthly Meetings

The MSCAB meets on the third Wednesday of the month at 9:30am in Room D. All are welcome! For more info, call (510) 747-7500.

Mastick Thrift Shop

Shop open to the public: Tue & Sat: 10am - 2pm & Thu: 1pm - 5pm
Donations accepted: Tue, Thu & Sat, 9:00am - 1:00pm
Proceeds support Mastick Senior Center programs.
For details, call (510) 747-7500.

MSCAB Scholarship Program for Low Income Members

The MSCAB provides assistance four times per year to members meeting low-come limits set by HUD to offset the cost of Mastick programs and trips. Scholarships fund 50% of the program cost not to exceed \$50. To apply, visit the Mastick Lobby.

Application must be submitted at time of registration.

MASTICK MEMBERSHIP

Become a Mastick Member

Are you a member or thinking about becoming one? Do you need to renew your membership? Membership is FREE, extended to individuals, age 50+, and REQUIRED to participate in our programs.

To receive a registration form, call (510) 747-7500.

New Member Orientation

New Member Orientation offers a guided tour to introduce you to the Center, an information packet outlining the various programs and services and a coupon for a complimentary lunch!

Join us on Thursdays, July 9, Aug 13, Sept 10, Oct 8 and Nov 12 at 10:30am - 11:30am in the Game Room.

Registration required, call (510)747-7500, Class # 30509.

VOLUNTEERS WANTED!

Volunteers are the backbone of Mastick Senior Center!

Join our team and experience the many benefits of volunteerism including new friendships, assisting others, and the opportunity to share skills or learn new ones! Training will be provided to ensure success in your new endeavor. To complete a volunteer application, visit the Mastick Lobby, or contact Rich Castrillon, Volunteer Coordinator at rcastrillon@alamedaca.gov, or call (510) 747-7511.



SPECIAL EVENTS

Birthday Celebrations

Celebrate Your Birthday with Us!

**Join us on Thursdays,
Jul 23, Aug 27, Sep 24, Oct 22 and Nov 19
at 12:30pm in Dining Room 2**

for sweet treats and happy birthday wishes!

Registration not required.

ARTS & CRAFTS

Ceramics

This session is recommended for those with no ceramics experience. Demonstrations, potential projects, and classroom support provided. Students are asked to participate in daily cleanup and maintenance of tools, materials, and the classroom.

Class #33362	Sep 8 - Oct 27	Tu	10:00am - 12:00pm
\$83	ARPD Staff	Mastick - Skill Center	
Class #33364	Sep 10 - Oct 29	Th	10:00am - 12:00pm
\$83	ARPD Staff	Mastick - Skill Center	
Class #33363	Nov 3 - Dec 22	Tu	10:00am - 12:00pm
\$83	ARPD Staff	Mastick - Skill Center	
Class #33365	Nov 5 - Dec 31	Th	10:00am - 12:00pm
\$83	ARPD Staff	Mastick Skills Center	

Chinese Ink Painting

The instructor will demonstrate Chinese ink freehand flower and bird painting with a variety of methods and critique students' artwork to show them how to improve their painting skills.

Class #33432	Sep 1 - Dec 29	Tu	10:00am - 12:00pm
Free	Yao Wang & Agnes Ho	Mastick - Room E	

Drawing and Painting

Explore techniques in a variety of mediums such as watercolor, acrylic, pastel, graphite and colored pencil. Students work in medium(s) of their choice. (No oil paints or products that emit strong odors.) An understanding of basic art techniques is very strongly recommended, but all levels of experience are welcome.

Class #33737	Sep 28 - Nov 16	M	12:30pm - 3:00pm
\$87	Mi'Chelle Frederick	Mastick - Skill Center	
Class #33738	Oct 2 - Nov 20	F	10:00am - 12:30pm
\$87	Mi'Chelle Frederick	Mastick - Skill Center	

Drawing and Painting Lab

Free and ongoing for students enrolled in Drawing & Painting class.

Class #33739	Sep 4 - Dec 18	F	1:00pm - 3:00pm
Free	Mi'Chelle Frederick	Mastick - Skill Center	

CANCELLATION / WITHDRAWAL / TRANSFER POLICY

A \$20 service fee will be charged for each class, camp, or program you cancel or withdraw from. Some specialty camps or programs may have different policies and service fees. Please refer to the description or details for any specific program prior to registration. A \$20 service fee applies to any changes or transfers made after your original registration.

Handbuilding With Clay

A hand building class for beginners as well as those with experience in hand building. Clay, glazes, firing, and tools are included in the class fee. The last 15 minutes of class is for all to clean up tools and workspace and to put work on proper shelves.

Class #33366	Oct 21 - Dec 16	M W	5:00pm - 7:00pm
\$83	ARPD Staff	Mastick - Skill Center	

Jewelry Making & Repairing Workshop

Designed for beginners and experienced in jewelry wire wrapping. Students must bring their own tools including wire cutter, round nose pliers, and flat nose pliers.

Class #33728	Sep 11 - Dec 11	F	1:00pm - 3:00pm
\$28	Lee Daguman	Mastick - Room D	

Knitting Circle

Join the Knitting Circle every Wednesday afternoon and share projects, conversation, and fun! No instruction however, beginners are welcome and will be supported.

Class #33237	Sep 2 - Dec 30	W	1:00pm - 3:00pm
Free	ARPD Staff	Mastick - Room B	

Mastick Sewing Workshop

No registration required, simply go to class and join like minded folks who sew.

Class #33236	Sep 2 - Dec 30	W	9:00am - 1:00pm
Free	Drop-In	Mastick - Room B	



ARTS/CRAFTS & ARTS/ENTERTAINMENT - ADULTS 50+



Quilting

Bring your project and we will muddle though it.

No M class on 8/31, 9/7, 11/2, 11/23, 12/14, 12/21, & 12/28.

No Th class on 9/3, 9/10, 10/29, 11/26, 12/17, 12/24, 12/31.

Class #33722	Sep 14 - Dec 7	M	9:30am - 11:30am
\$69	Kathleen Fennelly		Mastick - Room B
Class #33723	Sep 14 - Dec 7	M	1:00pm - 3:00pm
\$69	Kathleen Fennelly		Mastick - Room B
Class #33721	Sep 17 - Dec 10	Th	9:30am - 11:30am
\$69	Kathleen Fennelly		Mastick - Room B
Class #33720	Sep 17 - Dec 10	Th	1:00pm - 3:00pm
\$69	Kathleen Fennelly		Mastick - Room B

Stained Glass & Mosaic for Beginner & Intermediate

Designed for beginners and intermediate skill levels in glass art seeking to refresh, sharpen, and share their knowledge with fellow class members. Must be able to work independently to design, construct, and complete projects.

Class #33420	Sep 21 - Oct 26	M	9:30am - 12:00pm
\$83	Colene Leong		Mastick - Skill Center
Class #33422	Sep 23 - Oct 28	W	9:30am - 12:00pm
\$83	Colene Leong		Mastick - Skill Center
Class #33423	Sep 23 - Oct 28	W	12:30pm - 3:00pm
\$83	Colene Leong		Mastick - Skill Center
Class #33424	Nov 4 - Dec 16	W	9:30am - 12:00pm
\$83	Colene Leong		Mastick - Skill Center
Class #33425	Nov 4 - Dec 16	W	12:30pm - 3:00pm
\$83	Colene Leong		Mastick - Skill Center
Class #33421	Nov 9 - Dec 14	M	9:30am - 12:00pm
\$83	Colene Leong		Mastick - Skill Center
Class #33426	Oct 3 - Oct 31	Sa	9:30am - 12:00pm
\$53	Colene Leong		Mastick - Skill Center
Class #33427	Nov 7 - Dec 5	Sa	9:30am - 12:00pm
\$53	Colene Leong		Mastick - Skill Center

Weaving with Frame Looms

Learn to weave using various looms and fibers. Class designed for those with little or no experience weaving. \$15.00 Material Fee payable to the instructor 1st day of class.

BEGINNINGER			
Class #33500	Sep 1 - Oct 6	Tu	9:00am - 2:00pm
Class #33503	Sep 5 - Oct 3	Sa	9:00am - 2:00pm
Class #33504	Oct 10 - Nov 14	Sa	9:00am - 2:00pm
Class #33501	Oct 13 - Nov 17	Tu	9:00am - 2:00pm
Class #33505	Nov 21 - Dec 19	Sa	9:00am - 2:00pm
Class #33502	Nov 24 - Dec 29	Tu	9:00am - 2:00pm
Free	Kathleen Vital		Mastick - Room B
INTERMEDIATE			
Class #33961	Sep 1	Tu	9:00am - 2:00pm
Class #33962	Sep 5	Sa	9:00am - 2:00pm
Class #33963	Oct 10	Sa	9:00am - 2:00pm
Class #33964	Oct 13	Tu	9:00am - 2:00pm
Class #33965	Nov 21	Sa	9:00am - 2:00pm
Class #33966	Nov 24	Tu	9:00am - 2:00pm
Free	Kathleen Vital		Mastick - Room B

ARTS & ENTERTAINMENT

Mastick Movie Matinee

Join other Mastick Members on 1st and 3rd Wednesdays of each month to watch a variety of movies which include current blockbusters as well as the classics. Free popcorn will be provided. Check the monthly Mastick newsletter to find out what is showing.

Class #33442	Sep 2 - Dec 16	W	12:30pm - 3:00pm
Free	ARPD Staff		Mastick - Dining Room 2

The Great American Song Book

Join musician Glenn Fong for a musical journey on the 2nd Wednesday of the Month!

Class #33238	Sep 9 - Dec 9	W	1:00pm - 3:00pm
Free	Glenn Fong		Mastick - Dining Room 2

JOIN OUR TEAM!

**PART-TIME RECREATION
POSITIONS AVAILABLE**

www.alamedaca.gov/recreation

DANCE

Egyptian Folkloric Dance for Beginners and Intermediate Beginners

Introduction to Egyptian folkloric dance and music. The use of finger cymbals, dance veil and canes are also used in this ethnic dance. A slow warm-up to relax the muscles begins this class and ends with a slow cool down.

Class #33439	Sep 4 - Dec 18	F	9:00am - 10:30am
Free	Roberta Trowbridge	Mastick - Room A	

Halloween Line Dance Social

Please join us for an event filled with fun, music, Halloween costumes, and line dancing!!! Payment at the door only.

Class #33495	Oct 24 - Oct 24	Sa	12:00pm - 3:00pm
\$10	Susie Okada	Mastick - Social Hall	

Hula

If you're new to hula or would like to refresh your skills, this class is for you! Hawaiian dance is an excellent exercise for everyone. As you dance, learn about Hawaiian stories, language and culture. Wear comfortable stretch clothing to allow for ease of movements. Join us for fun and aloha!

Class #33716	Sep 1 - Sep 29	Tu	11:30am - 12:30pm
\$46	Island Hawaiian Studios	Mastick - Room A	
Class #33717	Oct 6 - Oct 27	Tu	11:30am - 12:30pm
\$46	Island Hawaiian Studios	Mastick - Room A	
Class #33718	Nov 3 - Nov 24	Tu	11:30am - 12:30pm
\$46	Island Hawaiian Studios	Mastick - Room A	
Class #33719	Dec 1 - Dec 29	Tu	11:30am - 12:30pm
\$46	Island Hawaiian Studios	Mastick - Room A	

Line Dancing: Level 1

Learn to Line dance. Learn BASIC STEPS, terminology, sequencing. Move to the beat of music. Activate mind & body.

Class #33263	Oct 5 - Oct 26	M	2:30pm - 3:30pm
\$41	Susie Okada	Mastick - Social Hall	
Class #33265	Oct 7 - Oct 28	W	9:00am - 10:30am
\$41	Susie Okada	Mastick - Social Hall	
Class #33266	Nov 4 - Nov 25	W	9:00am - 10:30am
\$32	Susie Okada	Mastick - Social Hall	
Class #33267	Dec 2 - Dec 23	W	9:00am - 10:30am
\$41	Susie Okada	Mastick - Social Hall	

Line Dancing: Level 2

Designed for beginners & returning beginners who have experience with basic steps and want to continue learning more steps & dances.

Class #33268	Oct 5 - Oct 26	M	12:30pm - 2:00pm
\$41	Susie Okada	Mastick - Social Hall	
Class #33269	Nov 2 - Nov 30	M	12:30pm - 2:00pm
Free	Susie Okada	Mastick - Social Hall	
Class #33270	Dec 7 - Dec 21	M	12:30pm - 2:00pm
\$32	Susie Okada	Mastick - Social Hall	

Line Dancing: Level 3

Line dance for High Beginners/Improvers Level 3. Class for dancers who have mastered the basic steps and want to learn more challenging dances.

Class #33271	Oct 7 - Oct 28	W	11:00am - 12:30pm
\$41	Susie Okada	Mastick - Social Hall	
Class #33272	Nov 4 - Nov 25	W	11:00am - 12:30pm
\$32	Susie Okada	Mastick - Social Hall	
Class #33273	Dec 2 - Dec 23	W	11:00am - 12:30pm
\$41	Susie Okada	Mastick - Social Hall	

Michele's R&B Hustle Dance Class

This is a fun, exciting dance class for everyone. You will learn current, vintage, and FUN dances like Boots on the Ground, Cha Cha Slide, the Electric Slide and Cupid Shuffle! Songs by Temptations, Marvin Gaye, Bruno Mars and Michael Jackson. All genders are WELCOME!

Class #33428	Sep 8 - Oct 27	Tu	3:15pm - 4:30pm
\$59	Michele Germany	Mastick - Social Hall	
Class #33430	Sep 10 - Oct 29	Th	3:15pm - 4:30pm
\$59	Michele Germany	Mastick - Social Hall	
Class #33429	Nov 3 - Dec 15	Tu	3:15pm - 4:30pm
\$45	Michele Germany	Mastick - Social Hall	
Class #33431	Nov 5 - Dec 17	Th	3:15pm - 4:30pm
\$45	Michele Germany	Mastick - Social Hall	

Square Dance

Class is ongoing. Suggested donations \$2 per class.

Class #33449	Sep 14 - Dec 28	M	1:30pm - 3:00pm
Free	Charles Clay	Mastick - Room A	

CANCELLATION / WITHDRAWAL / TRANSFER POLICY

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Zumba Gold

Zumba Gold is a modified version of regular Zumba dance classes, designed for older active adults, beginners and everyone else who wants to keep active at a lower intensity. Zumba Gold includes a medley of dance styles, including merengue, cha-cha, cumbia, belly dance, rumba, tango and salsa.

Class #33788	Sep 3 - Sep 24	Th	1:30pm - 2:30pm
\$47	Anna Gardner	Mastick - Room A	
Class #33790	Oct 1 - Oct 29	Th	1:30pm - 2:30pm
\$58	Anna Gardner	Mastick - Room A	
Class #33791	Nov 12 - Nov 19	Th	1:30pm - 2:30pm
\$25	Anna Gardner	Mastick - Room A	
Class #33793	Dec 3 - Dec 17	Th	1:30pm - 2:30pm
\$36	Anna Gardner	Mastick - Room A	

Zumba Gold & Zumba Toning Combo

This class is a combination of Zumba Gold Dance fitness class and Zumba Gold Toning, where half of the class you will work out with light hand weights and the other half will focus on dancing to fun beats around the world like merengue, cha-cha, cumbia, belly dance, rumba, tango and salsa. Equipment is provided (55 min).

Class #33794	Sep 4 - Sep 25	F	10:30am - 11:30am
\$47	Anna Gardner	Mastick - Social Hall	
Class #33795	Oct 2 - Oct 30	F	10:30am - 11:30am
\$58	Anna Gardner	Mastick - Social Hall	
Class #33796	Nov 13 - Nov 20	F	10:30am - 11:30am
\$25	Anna Gardner	Mastick - Social Hall	
Class #33797	Dec 4 - Dec 18	F	10:30am - 11:30am
\$36	Anna Gardner	Mastick - Social Hall	

Zumba Gold Toning

Zumba Gold Toning is a lower-intensity version of Zumba Fitness. It is a low-impact fitness class with simple moves, which makes it perfect for older adults and low fitness participants. Zumba Gold Toning combines Zumba Gold Fitness with Zumba Toning Sticks or light hand weights to enhance muscle strength, tone and endurance. Equipment provided.

Class #33781	Sep 1 - Sep 29	Tu	1:30pm - 2:30pm
\$58	Anna Gardner	Mastick - Social Hall	
Class #33782	Oct 6 - Oct 27	Tu	1:30pm - 2:30pm
\$47	Anna Gardner	Mastick - Social Hall	
Class #33783	Nov 10 - Nov 17	Tu	1:30pm - 2:30pm
\$25	Anna Gardner	Mastick - Social Hall	
Class #33785	Dec 1 - Dec 15	Tu	1:30pm - 2:30pm
\$36	Anna Gardner	Mastick - Social Hall	



ENRICHMENT

Book Club

Contact rcastrillon@alamedaca.gov or call (510) 747-7511 to join Mastick's Zoom-Book Club. Members will receive the Zoom meeting I.D. and passcode information 24 hours before the class begins. Join us 1st Tuesday of each month.

Class #33436	Sep 1 - Dec 1	Tu	12:15pm - 1:30pm
Free	Volunteer Lead	Via Zoom	

Coming Fully Alive as You Age

Explore the positives of aging and ways to have a happier life in the later years. Classes include Finding Meaning in Life; Being Fully Alive for Body, Mind, and Spirit; Aging as a Spiritual Journey; and The Uplifting Power of Humor, Pets, and Art. It incorporates new research on the Blue Zones of the world. No class on 12/7.

Class #33400	Nov 16 - Dec 21	M	1:00pm - 2:15pm
\$58	Judith Pruess-Mellow	Mastick - Room D	

Conversational Spanish

Learn reading, writing, listening, grammar and listening while enjoying Spanish as a second language.

Class #33712	Oct 19 - Dec 7	M	10:30am - 11:45am
\$73	Juanita Palkovic	Mastick - Room D	
Class #33713	Dec 28 - Mar 1	M	10:30am - 11:45am
\$73	Juanita Palkovic	Mastick - Room D	

Coping with Life Stress through Awe, Adventure and Hope

Session 1: Review Dacher Keltner's Eight sources of Awe, focusing on the first three of Moral Beauty, Collective Effervescence, and Nature. Share in small groups what makes us feel awe. Places to go by public transportation in the Bay Area for beauty and adventure. Session 2: Natural ways to deal with life stresses (AARP magazine, January 2026). Relationship of gratefulness to hope and joy, and how to cultivate them. Share plans for next steps in small groups. No Class 10/16.

Class #33451	Oct 9 - Oct 23	F	1:00pm - 2:30pm
\$28	Judith Pruess-Mellow	Mastick - Media Room	

50+ ADULTS - ENRICHMENT

Diabetes Support Group

If you or someone you love has diabetes, consider joining the Diabetes Support Group, provided by the Alameda County Public Health Department Diabetes Program. For more information, call 510-383-5185. To join this group every fourth Wednesday of each month at Mastick Senior Center, call 510-747-7500.

Class #33438	Sep 23 - Dec 23	W	10:00am - 12:00pm
Free	Jacquelyn Russum		Mastick - Room D

French Translation for Intermediate

Free, Ongoing. French to English translation. Text used in class: "Great Short Stories of the Twentieth Century" edited & translated by Jennifer Wagner. Edition: "Les Grandes Nouvelles du Vingtieme Siecle".

Class #33444	Sep 4 - Dec 18	F	10:00am - 12:00pm
Free	Volunteer Lead		Mastick - Room E

German Conversation

Free, Ongoing. Conversation club for near native speakers. Please call (510)747-7500 to register and receive the Zoom link.

Class #33445	Sep 4 - Dec 18	F	1:00pm - 3:00pm
Free	Volunteer Lead		Via Zoom

It's the Stuff!

Who Gets It? How Do We Tell Them?

What to do with your house full of stuff? (treasures, heirlooms). Who gets the diamond, granddad's watch? You will learn how to have the discussion with those you love.

Class #33518	Dec 3 - Dec 3	Th	10:00am - 11:30am
\$18	Tina Cole Kreitz		Mastick - Room D

Italian Conversation Group

We are a group of Italian speakers of different fluency levels. We meet to practice our Italian conversation skills through reading, translation, and discussion. This is not a beginner class- participants should speak and write at least at a beginning level (for example, understand basic verb tenses).

Class #33446	Sep 4 - Dec 18	F	10:00am - 12:00pm
Free	Volunteer Lead		Mastick - Room D

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Just Desserts: From Cheese to Chocolate

What could be better than dessert without calories? When artists portray desserts, they tempt the eye, please the palate and tickle our memories. Join Marsha Holm, Art Educator, to explore desserts, sweet or savory and the role they play in our everyday lives.

Class #33381	Sep 16 - Sep 16	W	1:00pm - 3:30pm
Free	Marsha Holm		Mastick - Dining Room 2

Mastick Speaker Series

Mastick Senior Center will host a series of presentations on a wide range of topics designed to benefit senior citizens. Presenters constantly strive to provide the latest information and news about our community. Their goal is to ensure you have a platform to be heard by offering valuable resources. We hope these efforts will help build a stronger and more cohesive community. We all work better as a team! Please join us every second and fourth Wednesday of each month!

Class #33443	Sep 9 - Dec 23	W	1:00pm - 3:00pm
Free	ARDP Staff		Mastick - Media Room

Senior Connections: Support & Services

Senior Connections, Support & Services is a place for seniors to meet with the Senior Connections-Case Manager to share their life concerns, ask questions and get practical solutions. The Case Manager will provide resources, referrals, information and guidance to assist with navigating through some of life's complex issues. The Senior Connections Program provided by Alameda Family Services and funded in-part by the Mastick Senior Center Advisory Board. Registration required, call (510) 747-7505.

Class #33232	Sep 1 - Dec 31	Tu W Th	9:00am - 3:00pm
Free	Shawn Minter		Mastick - Office Conference Room

Spanish for Beginning

A second language is always an asset and Spanish is one of the best. Full class participation in reading, writing, listening, vocabulary and grammar while learning Spanish.

Class #33714	Oct 19 - Dec 7	M	9:00am - 10:00am
\$73	Juanita Palkovic		Mastick - Room D
Class #33715	Dec 28 - Mar 1	M	9:00am - 10:00am
\$73	Juanita Palkovic		Mastick - Room D

The Last Gift Box:

A Present to Those Who Follow Me

The class is based on the book, THE LAST GIFT BOX, A PRESENT TO THOSE WHO FOLLOW ME and offers practical ways to organize the "business" aspects of your life and ways to share with your family and friends your decisions on how you wish to die and be remembered.

Class #33519	Oct 8 - Oct 8	Th	1:00pm - 3:00pm
\$18	Tina Cole Kreitz	Mastick - Media Room	
Class #33520	Nov 12 - Nov 12	Th	1:00pm - 2:00pm
\$18	Tina Cole Kreitz	Mastick - Media Room	

Today's World

Volunteer Instructor, Roger Baer, is coming back to Mastick Senior Center with his continuous class called "Today's World". Roger will lead each weekly seminar in current affairs covering international, national, and local topics. Roger Baer has taught American Issues and World Studies at Mastick following 30 years of classroom experience.

Class #33447	Sep 1 - Dec 29	Tu	9:30am - 11:30am
Free	Roger Baer	Mastick - Dining Room 2	

Transportation 101 & Clipper Card for Seniors

Meet Liz Escobar, the Paratransit Coordinator for the City of Alameda, and learn about the various transportation options (East Bay Paratransit, AC Transit Clipper card, Free AC Transit Bus Passes, the AIM Program, and MORE) available to Alameda residents. Bring your questions. Do you need a Clipper Card? Do you have questions about Clipper Cards? Join Kim Ridgeway from AC Transit to answer all your Clipper Card questions. If you plan to receive a Senior Clipper Card, you must present an ID with your birthday to verify that you are age 65+. Please register for this class. It will be cancelled 24 hours prior to the workshop if there are not 5 confirmed attendees.

Class #33233	Sep 4	F	10:00am - 12:00pm
Class #33967	Oct 2	F	10:00am - 12:00pm
Class #33968	Nov 6	F	10:00am - 12:00pm
Class #33969	Dec 11	F	10:00am - 12:00pm
Class #33970	Jan 8	F	10:00am - 12:00pm
Free	Liz Escobar	Mastick - Media Room	

Who Needs Public Transit

This presentation consists of issues facing public transit with emphasis on understanding the Regional Sales Tax Measure on the November 2026 ballot.

Class #33579	Sep 23 - Sep 23	W	1:00pm - 2:00pm
Free	Guest Speaker	Mastick - Room D	
Class #33580	Oct 14 - Oct 14	W	1:00pm - 2:00pm
Free	Guest Speaker	Mastick - Room D	

Widow To Widow

Share and learn from other widows how to navigate this new reality. There are skills we can learn to make changes so we can enjoy OUR lives now, as single adults.

Class #33517	Sep 2 - Jan 6	W	1:00pm - 2:30pm
\$53	Tina Cole Kreitz	Mastick - Room D	

Writing Your Legacy Story

Writing Your Legacy Story is part of your journey to understand who you are and what your legacy is. Drawing on relationships, experiences, values, hopes, achievements, lessons, writing your Legacy Story can clarify your purpose in life, explore changes you want to make. No class on 10/5.

Class #33399	Sep 21 - Oct 19	M	1:00pm - 2:15pm
\$51	Judith Pruess-Mellow	Mastick - Room D	

FITNESS

Alexander Technique: Self Care for Body & Mind

The six-week Alexander Technique course will teach you how to work with your body, not against it. Through a gentle hands-on guidance and sensible practices you will improve your posture, balance, and overall functioning. Beginners are welcome!

Class #33506	Sep 30 - Nov 4	W	10:00am - 11:30am
\$81	Lenka Fejt	Mastick - Dining Room 2	

Balance, Mobility, & Stability

Join fellow seniors in a safe and welcoming environment to learn how to feel safe when moving from place to place. Practice gentle movements that will help improve your balance, mobility, and stability. After taking this class, you will be able to sit and stand easier. Taking this class may also decrease your probability of falling and prevent injury. Exercises for strength and flexibility will be featured. Soft ambient music will be played during the session.

Class #33808	Aug 24 - Oct 12	M	10:00am - 10:50am
\$88	Tatiana Stollman	Mastick - Social Hall	
Class #33809	Oct 19 - Dec 14	M	10:00am - 10:50am
\$88	Tatiana Stollman	Mastick - Social Hall at	

BaM: Balance and Mobility

Improve balance, stability, mobility, and posture through core strengthening. Increase whole body strength to improve coordination (neuromuscular facilitation) and to assist in fall and injury prevention and recovery.

Class #33581	Sep 1 - Dec 29	Tu	12:15pm - 1:05pm
\$147	Dan Mark	Mastick - Social Hall	

50+ ADULTS - FITNESS

Chair Yoga

This gentle form of yoga is practiced sitting in a chair or standing using the support of a chair. Relax your body and ease stress while building strength and flexibility. A breathing session is done at the end of each session.

Class #33810	Aug 24 - Oct 12	M	11:00am - 12:00pm
\$88	Tatiana Stollman	Mastick - Social Hall	
Class #33811	Oct 19 - Dec 14	M	11:00am - 12:00pm
\$88	Tatiana Stollman	Mastick - Social Hall	

EnhanceFitness

Brought to you by Spectrum Community Services

This evidence-based program is 60 minutes of dynamic comprehensive workout including cardiovascular exercise, strength training, balance, and flexibility. Open to varying levels of fitness. Optional cuff weights will be available. A certified instructor, who has completed EnhanceFitness training, will safely lead the class that can be done from seated or standing, with modifications demonstrated. Appropriate for those who can walk independently, even with assistive devices. Registrants must 60 or older to join. Voluntary Contributions welcome. Please REGISTER DIRECTLY with Spectrum at (510) 876-8809, or visit www.spectrumcs.org/senior-services/fall-risk-reduction.

Class #33228	Sep 4 - Sep 25	M F	11:00am - 12:00pm
Free	Spectrum Staff	Mastick - Room A	
Class #33229	Oct 2 - Dec 21	M F	11:00am - 12:00pm
Free	Spectrum Staff	Mastick - Room A	

Fitness with Kendra

Fun full body workout that includes stretching, strength, balance, and low impact cardio with light weights and a chair. All moves can be modified for all fitness levels, are completed at your own pace, and are set to fun music. Chairs and weights provided.

Class #33729	Sep 1 - Sep 29	Tu	10:45am - 11:45am
\$51	Kendra Meuser	Mastick - Social Hall	
Class #33733	Sep 3 - Sep 24	Th	11:45am - 12:45pm
\$41	Kendra Meuser	Mastick - Social Hall	
Class #33734	Oct 1 - Oct 29	Th	11:45am - 12:45pm
\$51	Kendra Meuser	Mastick - Social Hall	
Class #33730	Oct 6 - Oct 27	Tu	10:45am - 11:45am
\$41	Kendra Meuser	Mastick - Social Hall	
Class #33731	Nov 3 - Nov 17	Tu	10:45am - 11:45am
\$32	Kendra Meuser	Mastick - Social Hall	
Class #33735	Nov 5 - Nov 19	Th	11:45am - 12:45pm
\$32	Kendra Meuser	Mastick - Social Hall	
Class #33732	Dec 1 - Dec 15	Tu	10:45am - 11:45am
\$32	Kendra Meuser	Mastick - Social Hall	
Class #33736	Dec 3 - Dec 17	Th	11:45am - 12:45pm
\$32	Kendra Meuser	Mastick - Social Hall	

Free Introduction to Alexander Technique

The Alexander Technique is a 120-year-old educational method that teaches you how to be aware of and prevent common body issue. It shows you how to work with your body and mind, rather than against them.

Class #33507	Sep 2 - Sep 2	W	10:00am - 11:30am
Free	Lenka Fejt	Mastick - Dining Room 2	

Mastick Volunteer Walking Group

Meet friends at the Fruitvale BART Station (unless otherwise noted) to explore the greater Bay Area on public transit. Wear walking shoes, dress in layers, bring water and lunch (purchasing lunch optional, depending on destination). Fun and exercise guaranteed! Schedule provided upon registration.

Class #33440	Sep 14 - Dec 28	M	9:30am - 3:00pm
Free	Volunteer Lead	Location unspecified	

Pilates: In Person & via Zoom

Pilates is designed to develop muscle strength, balance, and tone. Controlled breathing and proper body alignment are key. Session includes standing, sitting, and lying down positions and covers all core areas including legs, glutes, and arms. Yoga-type mat, comfortable clothing, water bottle. Props included.

Class #33812	Aug 26 - Oct 14	W	9:00am - 10:00am
\$88	Tatiana Stollman	Mastick - Room A	
Class #33813	Oct 21 - Dec 16	W	9:00am - 10:00am
\$88	Tatiana Stollman	Mastick - Room A	

RaM: Resistance and Movement

Resistance and Movement (RaM) takes the basic premise of Balance and Mobility (BaM) and adds another dimension with the use of dumbbells. While continuing with similar moves of BaM, RaM places more emphasis on resistance training to develop and gain strength and movement to improve and maintain flexibility and Range of Motion (ROM) to assist with daily movement and function.

Class #33582	Sep 3 - Dec 17	Th	2:00pm - 2:50pm
\$123	Dan Mark	Mastick - Social Hall	

Strength Training and Cardio

Move to music and gain the benefits of resistance training designed to develop bone density, muscle mass, and endurance. Class easily modified for all fitness levels.

Class #33814	Aug 26 - Oct 14	W	10:30am - 11:30am
\$88	Tatiana Stollman	Mastick - Room A	
Class #33815	Oct 21 - Dec 16	W	10:30am - 11:30am
\$88	Tatiana Stollman	Mastick - Room A	

FITNESS, HOBBIES/INTERESTS & MIND/BODY - ADULTS 50+

Yoga with Dina

Alignment-based yoga targets modified poses focusing on strength, flexibility, and balance. Synchronize your mind and body while having fun. Dress in layers, bring a yoga mat, strap, and blanket for relaxation/warmth.

Class #33724	Sep 1 - Oct 13	Tu	9:00am - 10:15am
\$80	Dina Hondrogen	Mastick - Social Hall	
Class #33725	Sep 3 - Oct 8	Th	10:00am - 11:15am
\$69	Dina Hondrogen	Mastick - Social Hall	
Class #33727	Oct 22 - Dec 17	Th	10:00am - 11:15am
\$91	Dina Hondrogen	Mastick - Social Hall	
Class #33726	Oct 27 - Dec 15	Tu	9:00am - 10:15am
\$80	Dina Hondrogen	Mastick - Social Hall	



Scrabble

For Information call (510)747-7500.

Class #33235	Sep 3 - Dec 17	Th	1:00pm - 3:00pm
Free	Self Directed	Mastick - Game Room	

HOBBIES & INTERESTS

Alameda Stamp Club

Alameda Stamp Club has monthly meetings. There are presentations and information on stamp collecting. We also offer advice for inherited collections. We have been a club since 1947.

Class #33441	Sep 10 - Dec 10	Th	1:00pm - 3:00pm
Free	Self Directed	Mastick - Room D	

Bridge

No pressure to play and all levels of experience are welcome. Have fun! For Information call (510)747-7500.

Class #33437	Sep 1 - Dec 18	Tu F	12:00pm - 2:00pm
Free	Self Directed	Mastick - Game Room	

Mah-Jong for Beginner

Learn how to play basic HONG KONG style mahjong and meet new friends. Mahjong is a popular multi-player game played around the world to help boost mental stimulation and foster social activity. A \$7.00 Material Fee will be collected the first day of class.

Class #33596	Oct 14 - Nov 4	W	9:30am - 11:30am
\$35	Self Directed	Mastick - Game Room	

Got Mah Jong??

Practice and improve playing Mah Jong. Learn basic counting of winning hand values and individual tips to improve winning: Enrollees MUST know how to play basic Hong Kong Mah Jong.

Class #33597	Oct 16 - Nov 6	F	9:30am - 11:30am
\$33	Self Directed	Mastick - Game Room	

MIND & BODY

Qigong: Advanced

Designed for more seasoned Qigong students or those who have taken Qigong at Mastick or somewhere else, previously. We will review and practice everything learned in Robert's Tuesday - class, refine those exercises and add more as time permits.

Class #33513	Sep 3 - Oct 15	Th	10:00am - 11:00am
\$83	Robert Dorsett	Mastick - Room A	
Class #33515	Sep 5 - Oct 17	Sa	11:15am - 12:15pm
\$83	Robert Dorsett	Mastick - Room A	
Class #33514	Oct 22 - Dec 17	Th	10:00am - 11:00am
\$83	Robert Dorsett	Mastick - Room A	
Class #33516	Oct 24 - Dec 19	Sa	11:15am - 12:15pm
\$95	Robert Dorsett	Mastick - Room A	

Qigong: Introduction

Qigong is an ancient discipline that includes visualization, mindfulness, and focused breathing. It is practiced to balance emotions, improve health, and enhance the mind, body, and spirit. Class easily modified for all fitness levels.

Class #33509	Sep 1 - Oct 13	Tu	10:00am - 11:00am
\$83	Robert Dorsett	Mastick - Room A	
Class #33511	Sep 5 - Oct 17	Sa	10:00am - 11:00am
\$83	Robert Dorsett	Mastick - Room A	
Class #33510	Oct 20 - Dec 15	Tu	10:00am - 11:00am
\$95	Robert Dorsett	Mastick - Room A	
Class #33512	Oct 24 - Dec 19	Sa	10:00am - 11:00am
\$95	Robert Dorsett	Mastick - Room A	

ADULTS 50+ & REGISTRATION

Yoga for Bone Health

Yoga promotes bone health for people with osteopenia or osteoporosis and for people who want to avoid developing those conditions. Suitable for people with all levels of yoga experience, including none.

Class #33768	Aug 31 - Oct 26	M	2:30pm - 3:45pm
Free	Leah Orloff	Mastick - Social Hall	
Class #33799	Aug 31 - Oct 26	M	2:30pm - 3:45pm
\$83	Leah Orloff	Mastick - Social Hall	
Class #33803	Sep 2 - Oct 28	W	3:00pm - 4:15pm
\$93	Leah Orloff	Mastick - Social Hall	
Class #33805	Nov 2 - Dec 28	M	2:30pm - 3:45pm
\$93	Leah Orloff	Mastick - Social Hall	
Class #33806	Nov 4 - Dec 30	W	3:00pm - 4:15pm
\$83	Leah Orloff	Mastick - Social Hall	

SPORTS

Bocce Ball

Free, Ongoing. Group is playing on Thursdays at noon.

Class #33435	Sep 3 - Dec 17	Th	1:00pm - 3:00pm
Free	Drop-In	Mastick - Courtyard	

Table Tennis

Free, Ongoing. Must be a Mastick Senior Center Member prior to participating. Join us for a friendly game of table tennis and improve your hand-eye coordination, reflexes, balance, brain fitness, while gaining muscle and cardio endurance. This game is easy on the joints, burns calories, and guarantees giggles with friends. Join us every Monday and Friday from 9am to 3pm.

Class #33234	Sep 4 - Dec 28	M F Sa	9:00am - 3:00pm
Free	Drop-In	Mastick - Dining Room 2	

WELLNESS

Caregiver Support Group

This caregiver support group offers a welcoming space to connect, reflect, and recharge. Through shared experiences and gentle guidance, you'll find support, clarity, and energy for caregiving and yourself. For additional groups and dates, email TinaHern13@gmail.com.

Class #33767	Aug 31 - Dec 28	M	2:30pm - 3:45pm
Free	Tina Hernandez	Mastick - Room E	

HOW TO REGISTER

Register Online

- www.alamedaca.gov/recreation
- To get started, sign in with your email address
- If you do not have an account, just follow the instructions on the screen to create a new one. Be sure to add your family members as well.
- If you have forgotten your password, sign in with your email address and click on the "Forgot My Password" link. You will receive an email shortly. Follow the instructions in the email to reset your password.
- Contact ARPD Staff during regular business hours if you lock yourself out of your online account or if you need to make any changes to your account.

By Email

- arpd@alamedaca.gov

By Mail or In Person

- **Alameda Recreation and Park Department (ARPD)**
2226 Santa Clara Ave, Alameda, CA 94501
- **Mastick Senior Center**
1155 Santa Clara Ave, Alameda, CA 94501

By Phone

- **ARPD:** (510) 747-7529
- **Mastick:** (510) 747-7500

POLICIES

- **Full payment is due at the time of registration.** Checks payable to ARPD. American Express, Discover, MasterCard or VISA accepted. NO REFUNDS, CREDITS OR MAKE-UPS FOR ANY CLASS YOU MISS.
- **Cancellation, Withdrawal & Transfer Policy:** (Check individual activity descriptions for its specific refund policy)
 - A \$20 service fee will be charged for each class, camp, or program you cancel or withdraw from.
 - Some specialty camps or programs may have different policies and service fees. Please refer to the description or details for any specific program prior to registration.
 - A \$20 service fee applies to any changes or transfers made after your original registration.
 - Check individual activity description for its refund policy.
- **Late Pick-Ups** – there is a late fee of \$1 per minute, per child for every minute you are late picking up your child/children from programs/classes – payable that day.
- **Behavioral Misconduct Policy:** ARPD reserves the right to dismiss any participant from camp who engages in physical or verbal abuse toward others. This policy will generally be enforced using a three-strike system, with parents or guardians notified each time a strike is administered. Depending on the degree and severity of misconduct, certain situations may result in an immediate removal from camp without a prior strike being issued. In such cases, no refunds will be granted for any missed program time.

FACILITIES & PARKS

ARPD MAIN OFFICE

2226 Santa Clara Ave., Alameda, CA 94501
510-747-PLAY (7529), ARPD@alamedaca.gov
Park and Facility Issues: after hours 510-775-5459
Field Condition Hotline: after 2pm 510-747-7540
Website: www.alamedaca.gov/recreation
Facebook: www.facebook.com/playARPD

ENJOY ALL THAT THE CITY OF ALAMEDA HAS TO OFFER!

Alameda Point Gym & Multi-Purpose Field

1101 West Redline Avenue

Bayport Park

301 Jack London Avenue
510-263-1428

Bill Osborne Model Airplane Field

7150 Doolittle Drive

Bohol Circle Immigrant Park

2901 5th Street

Chochenyo Park

2430 Encinal Avenue

City View Skate Park

(Alameda Point)

Corica Park

1 Clubhouse Memorial Drive

Emma Hood Swim Center

2256 Alameda Avenue

Encinal Boat Ramp

150 Central Avenue

Encinal Swim Center

230 Central Avenue

Estuary Park

201 Mosley Avenue

Franklin Park

1432 San Antonio Avenue

Godfrey Park

281 Beach Road

Grand Street Boat Ramp

North End of Grand Street

Harrington Field

3400 Oleander Avenue

Jean Sweeney Open Space Park

1925 Sherman Street

Krusi Park

3001 Otis Drive

Leydecker Park

3221 Mecartney Road

Lincoln Park/Harrison Center

1450 High Street

Longfellow Park

510-522-4590

Mastick Senior Center

1155 Santa Clara Avenue

McKinley Park

2165 Buena Vista Avenue

Neptune Park

2000 Webster Street

O'Club

641 West Redline Avenue

Portola Triangle Park

800 Portola Avenue

Rittler Park

1700 Otis Drive

Littlejohn Park

1422 Buena Vista Avenue

Longfellow Park

520 Lincoln Avenue

Main Street Dog Park

Main Street & Navy Way

Main Street Linear Park

200 Main Street

Main Street Soccer Field

Main Street & Appezato Parkway

Marina Cove Waterfront Park

1591 Clement Avenue

Marina Village Park

1011 Pacific Marina

Mastick Portable

1525 Bay Street

Mastick Senior Center

1155 Santa Clara Avenue

McKinley Park

2165 Buena Vista Avenue

Neptune Park

510-522-6161

O'Club

2000 Webster Street

Shoreline Park

1801 Ferry Point

Shoreline Park

198 Packet Landing Road

Tillman Park

220 Aughinbaugh Way

Towata Park

510-521-8307

Towata Park

3315 Bridgeview Isle

Underground Teen Center

Veteran's Memorial Building,

Rm 170

510-748-9466

Veteran's Memorial Building

2203 Central Avenue

Washington Dog Park

Next to Washington Park

Washington Park

1300 8th Street

Whale Park

510-521-0162

Whale Park

151 Coronado Avenue

Woodstock Park

355 Cypress Street

Woodstock Park

510-521-0656

Memorial Bench/Table

Memorial Benches and Picnic Tables are a beautiful way to acknowledge and celebrate the life and legacy of a departed loved one. The Alameda Recreation and Park Department is able to assist you with your request.

Organized Groups Using Parks


If you are a school, church, or business interested in bringing a group to one of ARPD's park sites, you must contact the ARPD Main Office to obtain usage approval. Availability may be limited, and fees may apply. Please contact the Recreation Manager at 510-747-7550 for more information.



Alameda Recreation and Park Department
 2226 Santa Clara Avenue
 Alameda, CA 94501

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America Turns 250!
PLUS ... Alameda Fire Department Celebrates 150 years of service for Alameda!



Saturday, July 4, 2026
10:00 am
Parade starts at Park St & Lincoln Ave,

Many Thanks To Our 4th of July Parade Sponsors:



ALAMEDA MUNICIPAL POWER
A Department of the City of Alameda



For more information: www.alamedaca.gov
 Email: alamedajuly4thparade@alamedaca.gov