



ACTION PLAN WORKSHEET

Topic 5: Restore Nature

Resources at alamedaca.gov/alamedastrongteams



Goal 1: Protect & grow local habitat

Grow gardens:

- ☐ Remove artificial turf and lawns
- ☐ Grow native gardens !
- ☐ Grow a community garden 🌻
- ☐ Plant trees on your property

Save water outside:

- ☐ 1 x YR Apply compost & mulch 🏡📅
- ☐ Install drip irrigation 🏡
- ☐ Install rain garden 🏡
- ☐ Install rain barrels 🏡

Support wildlife:

- ☐ HABIT Avoid pesticides !
- ☐ HABIT Reduce noise pollution
- ☐ HABIT Protect night skies
- ☐ Become a beekeeper
- ☐ Build an owl or bat box 🦉
- ☐ Create wildlife corridors 🦋

Goal 2: Restore watershed & bay

Protect our watershed:

- ☐ HABIT Don't put toxins down the drain !
- ☐ HABIT Avoid toxins outside
- ☐ Volunteer for beach cleanups 🧹
- ☐ Learn about native oysters
- ☐ Adopt a spot to remove litter

Be careful with plastic:

- ☐ HABIT Prevent plastics in drains
- ☐ HABIT Reduce single-use plastic

Protect & restore fisheries:

- ☐ HABIT Choose sustainable & less seafood
- ☐ HABIT Use reef-safe sunscreen

Goal 3: Restore natural ecosystems

Protect forests:

- ☐ HABIT Avoid products driving deforestation
- ☐ HABIT Stop junk mail
- ☐ HABIT Buy recycled content paper products

Return to natural systems:

- ☐ Learn about carbon farming 🦋
- ☐ Learn about fire ecology 🦋
- ☐ Learn the local bird calls 🦋
- ☐ Identify local wildflowers 🦋
- ☐ Buy organic produce

Your own ideas:

Get engaged

Take Stock:

- ☐ Survey your block's trees
- ☐ Survey your block's wildlife habitat

Get Inspired:

- ☐ Take a master gardener class 🦋
- ☐ Attend a tree planting 🦋
- ☐ HABIT VOTE to support nature !

Key

- ! Extra important
- 🦋 Have some fun with it
- 🦋 Extra cool
- 🏡 Building owner responsible
- 📅 Add to calendar to repeat



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Why?

We are a part of nature. We depend on the ecosystem to provide us with food, water, and everything else we need to survive!

Appreciating, protecting, and regenerating Earth's life and landscapes will help ensure a healthy and beautiful world for ourselves and future generations.

Did you know?

Without pollinators, we don't eat—it's simple as that—and, at the moment, large numbers of pollinators are dying. More than 90 species of U.S. specialty crops require pollination. Bees, butterflies, moths, bats, and birds are a critical part of the pollinator-plant ecosystem.

Microplastics – tiny plastic particles – are winding up in our waterways, soil, food, and our own bodies!

Ninety percent of fish populations are fished at or above sustainable limits.

Although planting new trees is critical, old-growth forests remove and store far more carbon than newly planted trees.

Notes & action items from our gathering:

Take stock at home:

How many and what kind of trees are on your block:

What wildlife habitat exists on your block:.