ACTIVITY GUIDE



SUMMER 2024



ARPD - CONTENTS & CITY DIRECTORY



Alameda City Council

Marilyn Ezzy Ashcraft	
Tony Daysog	Vice Mayor
Trish Herrera Spencer	Council Member
Tracy Jensen	Council Member
Malia Vella	Council Member

Alameda City Manager

Jennifer Ott	City Manager
Amy Wooldridge	Assistant City Manager

Rec and Parks Commission

Adrienne Alexander	Chair
Drew Swartz	Vice Chair
Kareem Burney	Member
Wesley Radez	Member
Eric Robbins	Member

Golf Commission

Ed Downing	Chair
Robert Lattimore	Vice-Chair
Andrew Dewey	Member
Lynn Jones	Member
Clifford Tong	Member

Commission Meetings

Golf Commission

Meets 2nd Tuesday at 6:30pm, every other month (Jan, Mar, May, July, Sept, Nov) City Hall, Room 360

Mastick Senior Center Advisory Board

Meets 3rd Wednesday at 9:30am Mastick Senior Center, 1155 Santa Clara Ave, Room D

Recreation & Parks Commission

Meets 2nd Thursday at 7:00pm City Hall Council Chambers Everyone welcome. Also televised live on Ch. 15

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MESSAGE FROM THE DIRECTOR

I am delighted to share the exciting plans we have in store for the upcoming summer season. Our team has been diligently working to create a diverse array of events and programs to cater to the varied interests of our community. From family-friendly picnics to upgraded playgrounds, outdoor fitness classes, and partnerships with local groups to provide live entertainment, we are committed to making this summer unforgettable



for everyone. Join us at the Spring Shindig, The Sand Castle and Sand Sculpture Contest, and do not miss the Fourth of July Parade. Our goal is to foster a sense of unity and joy while enhancing the beauty of our parks and recreational spaces.

This summer, we prioritize inclusivity, offering activities for all age groups and abilities. We have many programs for everyone, especially teens. This summer our "Underground Teen Center" will be open for free daily from 12pm - 5pm. Drop in and have some fun this summer. To stay updated on all our summer offerings, visit our website www.alamedaca.gov/recreation. Thank you for your ongoing support, and we look forward to creating wonderful summer memories with you!

As a friendly reminder please keep dogs leashed while enjoying our parks.

Justin Long
Director, Alameda Recreation and Park Department

ADAPTATIONS & ACCESSIBILITY

Should you need support accessing Recreation & Parks facilities or programs, or would like to request special accommodations for those with a disability and/or special needs, please contact Morace McKay, Recreation Manager at 510-747-7510.

FINANCIAL ASSISTANCE AVAILABLE

Financial Assistance is available for families who qualify.

Up to 75% in assistance is available for Youth Programs, Camps and Classes.

To learn more, or to apply, visit the ARPD website: www.alamedaca.gov/recreation.

Printed copies of our Financial Assistance Program Procedures and Application are available at the ARPD office during regular business hours.

ARPD Staff

Justin Long	Director
510-747-757	0 jlong@alamedaca.gov
Matt Nowlen	Park Manager
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Patrick Russi	Recreation Manager
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Morace McKay	Recreation Manager
510-747-7510	mmckay@alamedaca.gov
Eric Vlnar Par	rk Maintenance Supervisor
510-747-7587	evlnar@alamedaca.gov
Christina Bailey	Recreation Supervisor I – Pre K & Youth
510-747-7554	cbailey@alamedaca.gov
Vacant	Recreation Supervisor I
	 Senior Programs
	510-747-7511
Stacy Thomas	Recreation Supervisor I
	Sports & Aquatics
510-747-7586	sthomas@alamedaca.gov
Ashley Cendejas	Recreation Assistant
510-747-7575 a	cendejas@alamedaca.gov

Contact Us!

Wohsita & Online Begistuation

Website & Online Registration		
	www.alameda	ca.gov/recreation
Email	arpo	l@alamedaca.gov
Facebook	www.faceboo	k.com/playARPD
Phone	510-	-747-PLAY (7529)
Fax		510-523-4071
Hours	Monday - Friday:	8:30am - 5:30pm
Park and	Facility Issues	After Hours
		510-775-5459
Field Cond	dition Hotline	After 2pm
		510 <i>-747-7</i> 540
Mastick S	enior Center	510-747-7500
Parks & F	acilities	See page 47

Online Reservation

Availability Calendar for:

- Bocceball
- Picnic Tables
- Recreation Centers

www.alamedaca.gov/recreation

CITY DEPARTMENT DIRECTORY

Emergency (Life or Property at Risk)	911
City Information	510-747-7400
City Attorney	510-747-4750
City Clerk & City Council	510-747-4800
Mayor's Office	510-747-4701
City Manager's Office	510-747-4700
Alameda Municipal Power (amP)	510-748-3900
Base Reuse – Alameda Point	510-747-7440
Economic Development Division	510-747-6890
Finance	510-747-4881
Fire (Non-Emergency Only)	510-337-2100
Corica Park	510-747-7800
Housing Authority	510-747-4300
Human Resources	510-747-4900
Job Opportunities www.governmentjobs.com/ca	reers/alamedaca
Information Technology (IT)	510-747-7490
Library	510-747-7777
Media Contact	510-747-4714
Planning, Building and Transportation	510-747-6850
Building Division	510-747-6800
Police (Non-Emergency Only)	510-337-8340
Anonymous Tip Line	510-337-8450
Animal Services	510-337-8565
Animal Control (After Hours)	510-337-8340
Public Works	510-747-7930
Maintenance Services (Streets, Sidewalks, Non-Park Issues)	510-747-7900

HOTLINES

Transportation Hotline www.511.org or call 511

511 is a one-stop phone and web source for up-to-the-minute Bay Area traffic, transit, rideshare, and bicycling information. It's FREE and available whenever you need it – 24 hours a day, 7 days a week – from anywhere in the nine-county Bay Area.

Information & Referral Assistance Hotline – 211

Need Help? Get answers by simply dialing 211. 211 is a free, nonemergency, confidential, three-digit phone number and service (www.211alamedacounty.org) that provides easy access to housing information and critical health and human services. 211 operates 24 hours a day, seven days a week with multi-lingual capabilities.

COMMUNITY DIRECTORY

AC Transit	www.actransit.org	
Alameda Adult School	www.adult.alamedaunified.org	
Alameda Boys and Girls Club	www.alamedabgc.org	
Alameda Chamber & Economic Alliance	www.alamedachamber.com	
Alameda Education Foundation w	ww.alamedaeducationfoundation.org	
Alameda Family Services	www.alamedafs.org	
Alameda Family Services – Head Start w	ww.alamedafs.org/support-main.html	
Alameda Food Bank	www.alamedafoodbank.org	
Alameda Friends of the Parks Foundation	www.alamedaparks.org	
Alameda Health System (Alameda Hospit	al) www.alamedahealthsystem.org	
Alameda Historical Museum	www.alamedamuseum.org	
Alameda Holiday Boutique	www.alamedaholidayboutique.org	
Alameda Meals on Wheels www.alamed	lamealsonwheels.org (510-865-6131)	
Alameda One Stop Career Center – COA www.alameda.edu/students/college-of-alameda-career-and-employment-center		
Alameda Point Collaborative	www.apcollaborative.org	
Alameda Professional Child Care Assoc	www.alamedapcca.org	
Alameda Unified School District	www.alamedaunified.org	
American Red Cross www.redcross.		
BANANAS	www.bananasbunch.org	
Building Futures	www.bfwc.org	
California Historical Radio Society	www.californiahistoricalradio.com	
California State Park Info and Reservation	s www.parks.ca.gov	
Center for Independent Living	www.centerforindependentliving.org (510-841-4776/510-356-2662)	
College of Alameda	www.alameda.edu	
Doug Siden Visitor Center at Crab Cove www.ebparks.org/parks/visitor-centers/crab-cove		
East Bay Paratransit	www.eastbayparatransit.org	
East Bay Regional Park District	www.ebparks.org	
Girls Inc. of the Island City	www.girlsincislandcity.org	
Rhythmix Cultural Center	www.rhythmix.org	
USS Hornet Foundation Museum	www.uss-hornet.org	

COMMUNITY SPORTS

Aeronautics – Tethered Model Air	plane Flying	rbush88@juno.com
Alameda Attack Lacrosse Club	www	.alamedalacrosse.sportngin.com
Alameda Babe Ruth Baseball		www.alamedababeruth.com
Alameda Dragon Flyers Dragon B	oat Team	www.alamedadragonflyers.com
Alameda Gators Swim Team	www.teamuni	fy.com/team/alga/page/home
Alameda Girls Softball Associatio	n	www.alamedagsa.com
Alameda Little League		www.alamedalittleleague.org
Alameda Soccer Club		www.alamedasoccer.org
Alameda Swimming Pool Association www.teamunify.com/Home.jsp?_tabid_=0&team=psaspa		
Alameda Vipers Basketball Club		www.alamedavipers.com
Alameda Wolverines Football		www.afawolverines.com
Alameda Youth Basketball	ww	rw.alamedayouthbasketball.club
Artemis Rowing		www.artemisrowingclub.org
Corica Park		www.coricapark.com
Special Olympics (Alameda) www.sonc.org/programs/c	ommunity-spe	orts-programs/county/alameda

COMMUNITY EVENTS

Alameda's Spring Shindig

Saturday, April 20, 12:00pm - 3:00pm

Alameda Point Gym & Multipurpose Field (1101 W. Redline Ave) Come celebrate spring with us at the 3rd Annual Shindig! Occurring just two days before Earth Day, this free family-friendly event will allow the community to familiarize themselves with local organizations and their many resources, participate in Earth Day activities, and learn more about environmental awareness. Event will feature games/activities, crafts, bounce houses, and food for purchase. You will also have an opportunity to register for any remaining spots in ARPD summer programs.

Starlight Movies in the Park

Free Starlight Movies in the Park will continue this summer for all families to enjoy. The event starts at 6:30 p.m., with pre-show festivities including games and crafts for kids. The featured movie begins between 8:15-8:45 p.m., depending on darkness. Snacks and food are available, with proceeds supporting the Alameda Youth Committee and Teen Programs. Bring your own chairs and blankets, and enjoy a film under the stars.

ENCANTO	Friday, May 3	Multi-Purpose Field
SUPER MARIO BROS. MOVIE	Friday, June 21	Multi-Purpose Field
TROLLS BAND TOGETHER	Friday, July 26	Multi-Purpose Field
KUNG FU PANDA 4	Friday, August 23	Multi-Purpose Field
BARBIE	Friday, Sep 20	Leydecker Field

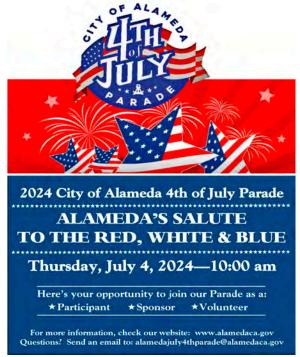


56th Annual Sand Castle & Sand Sculpture Contest

Saturday, June 1, Free! 9:00am - 1:00pm

Start your creative juices flowing and get ready to bring your shovel and buckets to the beach to create a unique piece of art at the Sand Castle Contest. This FREE event is a fabulous family fun activity to either participate in or just come down to watch all of the action. The Contest is co-sponsored by the Bayview Women's Club, East Bay Regional Park District, Alameda Youth Committee, and ARPD.

Registration 9:00am - 1:00pm	Judging begins at 12:00pm
Awards Ceremony at 1:00pm	Robert Crown Memorial State Beach Park



City of Alameda 4th of July Parade

"Alameda's Salute to the Red, White, & Blue!"

Check out the website at www.alamedaca.gov

Become a participant and show off your pride, get involved and be a volunteer, or help support the parade by becoming a sponsor. In other words, be a Parade supporter! If you have any questions send an email to alamedajuly4thparade@alamedaca.gov. Check for updates on the website throughout the winter and spring.

Dive-In Movie - Lilo & Stitch

FRIDAY, JULY 19, 2024 - NOTE NEW MOVIE DATE!

Encinal Swim Center, 230 Central Ave - Cost: \$15 Per Person. Come celebrate and play in the pool while watching the movie in the water.

Doors Open at 6:30pm. Family Swim starts at 6:30pm.

Enjoy crafts and other dry activities or just play in the pool the whole time. Deep end pool test will be offered as well. Lifeguard will be on site for safety. Please bring your own floats, rafts and rings. Movie will start at 8:15-8:45 pm depending on darkness. Snacks and food are available for purchase. Bring your own chairs and blankets.

70th Annual Swim Championships

Friday, Aug. 2 and Saturday, Aug. 3

Encinal Swim Center, 230 Central Avenue at 3rd St.

The 2024 City of Alameda Swim Championships is sponsored by ARPD in cooperation with the Alameda Gators Swim Team. This Meet is organized and run by dedicated volunteers, parents, coaches and friends for the sole enjoyment of their children and to foster their continued interest in swimming. All participants must be Alameda residents to participate. All swimmers except those in the novice division must have their current USS Swimming registration. Masters swimming events are held Friday evening. Entries are available at Encinal Swim Centers starting in early July. Entries close July 22.



ALAMEDA WALKS

2024 Schedule

All walks begin at 9:00am and last approximately one hour. Where walks are longer, it will be noted and new walks are indicated. Look for the red Alameda Walks hats! While we love the furry pets, we prefer that they wait for you at home.

May 18: Classic Downtown Buildings & History Walk

Meet at City Hall, 2263 Santa Clara Ave by the front steps. This walk will explore the downtown classical buildings of Alameda. Buildings include City Hall, Library, Police Memorial, Trinity Lutheran Church, Alameda High School, and several more.



May 25: Bay Farm and Harbor Bay Isle Walk

Meet at. Tillman Park, 220 Aughinbaugh Way. This walk will explore the difference between Bay Farm and Harbor Bay? We'll answer this question as we stroll along a lagoon that Utah Construction created, and the homes built on the "Uplands" as we return to Tillman Park along Mecartney Road. There's so much more to this story than these two developments. Join us and learn about missiles and oyster pirates, asparagus and farmers, Italians and Portuguese. Dennis Evanosky will lead this walk. Note: Walk lasts 1 hour 15 minutes

June 22: East End of Alameda & Lincoln Park Walk

Meet at Lincoln Park, 1450 High Street, inside High Street entrance way. This walk will explore the park history, three families once called this space home. R. R. Thompson, Alameda's Water King and namesake of Thompson Avenue (Christmas Tree Lane, if you please), was the last to build his spacious home here. He had the fence along High Street built in 1879. It stands today as City Monument No 15. We'll stroll along High Street and Liberty Avenue, where we'll enjoy an open-air museum featuring nothing but Craftsman-style homes. Dennis Evanosky will lead this walk. Note: walk lasts 1 hour 15 minutes

July 6: Shoreline and Doolittle Pond Nature Walk

Meet at Park Street and Shoreline Dr across from Bowlero. We will observe wildlife and beautiful views as we discuss the rich histories of Alameda's shoreline, Mount Trashmore, and Doolittle Pond at MLK Jr. Regional Shoreline . This walk will be led by East Bay Regional District Naturalist, Michael Charnofsky. Note: walk is 3.5 miles and lasts approx. 2.25 hours

July 27: Alameda North Shore Walk

Meet at Marina Cove Park, 1591 Clement Ave in parking lot. This walk along this newly minted portion of Clement Avenue will bring us to a neighborhood with modern homes and out to the Del Monte Warehouse that developers have transformed into contemporary housing, We'll enjoy a look at some 19th-century Marcuse & Remmel creations on our way back to Marina Cove. Dennis Evanosky will lead this walk. Note: Walk lasts 1 hour 15 minutes.

August 17: Encinal Beach & Boat Ramp, USS Hornet and Seaplane Lagoon Nature Walk

Meet at Encinal Boat Ramp, 150 Central Ave, next to Bath House. This nature walk will explore the Encinal Beach, past the best viewing spot of Harbor Seals in the San Francisco Bay! We'll stroll along the shoreline, passing the Hornet and the new Ferry Point overlook to Seaplane Lagoon Promenade and back, about 2 ½ miles total on flat trails. Bring binoculars if you have them, we will have a limited supply available to borrow. This walk will be led by East Bay Regional District Naturalist, Susan Ramos. Walk lasts 1 hour and 45 minutes.

August 24: Gold Coast Neighborhood Walk – REVISITED

Meet at Franklin Park, 1432 San Antonio Ave in the front area along San Antonio Ave. This walk will explore and learn about how Franklin Park evolved from a private retreat to today's recreation park. Explore the Victorian Era at its finest: Italianate, Queen Anne, and Colonial Revival-style homes all vie for our attention. A walk along San Antonio Avenue will bring us to the Tilden family's "Wedding Cake House." Listen carefully and you may hear echoes of the oversized 19th-century electric streetcar rumbling by us on the way to Webster Street. Dennis Evanosky will lead this walk. Note: walk lasts 1 hour 15 minutes

AQUATIC CLASSES

Summer Swim Lessons

2024 Aquatics will only be at the Encinal Swim Center

All Summer Swim Lessons will Register on April 20th starting at 8 am online or in person at the Spring Shindig. Please plan accordingly, as space will be limited. Due to limited amounts of lessons, please sign up for lessons that you are committed to as last-minute refunds for cancellations will not be allowed. Please sign up your child for the correct level as there won't be space to add them to a new class after it has started.

IMPORTANT NOTE: ARPD Aquatics have scheduled Aqua Days for the 2 weekends before summer registration, see page 8. This will insure that you can register your child at the correct level when you sign up. In addition, you will also be able to get aquatic questions answered and your child will be tested to determine their accurate swim level. During the final Aquatic Days (See flyer), families may register and/or change classes if their swim level needs to be changed, the final dates are June 1st & 2nd. Changes for lessons and levels will be very limited this summer due to pool availability. Please see the flow chart when signing up for aquatic 2024 swim lessons. We appreciate your patience as we enter into a new phase for the ARPD Aquatics Department.

SWIM LESSON FEES					
PRIVATE LESSONS 1 on 1 Ages 3 and up	GROUP LESSONS 5-7 per Instructor Ages 6 - 17				
1 Session Res \$34, NRes \$39	1 Session Res \$27, NRes \$34	1 Session Res \$12, NRes \$14			
3 Sessions Res \$102, NRes \$117	3 Sessions Res \$81, NRes \$102	3 Sessions Res \$36, NRes \$42			
4 Sessions Res \$136, NRes \$156	4 Sessions Res \$108, NRes \$136	4 Sessions Res \$48, NRes \$56			

SWIM LESSON DATES: Times and Levels are online now					
WEEKDAY LESSONS -	WEEKDAY LESSONS - 4 DAY SESSIONS				
Camp Days	Camp Days Jun 17 - Jun 20 Jun 24 - Jun 27				
Jul 1 - Jul 3 & Jul 5	Jul 8 - Jul 11 Jul 15 - Jul 18				
Jul 22 - Jul 25	Jul 29 - Aug 1 Aug 5 - Aug 8				
SATURDAY LESSONS - 3 DAY SESSIONS					
Jun 15 Jun 29 Jul 6 - Jul 20 Aug 10 - Aug 24					
SUNDAY LESSONS - 3 DAY SESSIONS					
Jun 16 - Jun 30					

DONATE NOW!Support Alameda Parks



Aquatic Interns

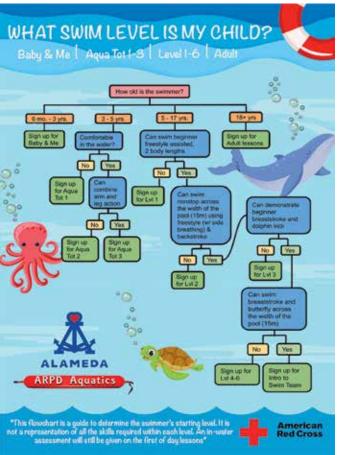
Ages 12 - 15

The aquatic intern program is designed for youth (12-15 years of age) who are interested in becoming lifeguards and Water Safety Instructors (WSI), but still need to meet the minimum age requirements. This program will help prepare participants to apply for and work as professional lifeguards and WSI once they meet the age requirement. All participants will help to protect the lives and well-being of each person using the pool and teach swim lessons at our facility.

Encinal Swim Center Jun 17 - Aug 5 9:00am - 3:00pm

Applications will open on March 1 and will go online at www.alamedaca. gov/Departments/Recreation-Parks/Aquatics/Aquatic-Interns





ALL AGES - AQUATICS

Intro to Swim Team

Are you thinking about joining a competitive swim team? Join our Intro to Swim Team group this summer and see what it would be like – it is designed for swimmers ready to join a competitive swim team and want to refine skills and learn new skills necessary for competitive swimming. It is also for those who already have competitive swimming experience and are looking to improve and refine their strokes, turns, and starts with the help of experienced college swimmers. Swimmers must be able to show at least a level 3 card. Swimmers swim in the Alameda City Meet at the end of summer on Aug 3 or 4 TBA. Registration opens Feb 20.

Emma Hood Swim Center	Jun 17 - Aug 3	M Tu W Th	5:30pm - 7:00pm
Res \$1000, NRes \$ \$100 Non-Refund	28 Classes		
No class July 4th			



PUBLIC SWIM

Public Swim

Dates and times of the Public Swim will be online on April 1st. All public swim rules are on the ARPD Website under family swim.

Swimmer	Daily Prices
Youth Resident	\$3 per visit
Youth Non-Resident	\$4 per visit
Adult(18-49) Resident	\$5 per visit
Adult(18-49) Non-Resident	\$6 per visit
Senior(50+) Resident	\$3 per visit
Senior(50+) Non-Resident	\$4 per visit

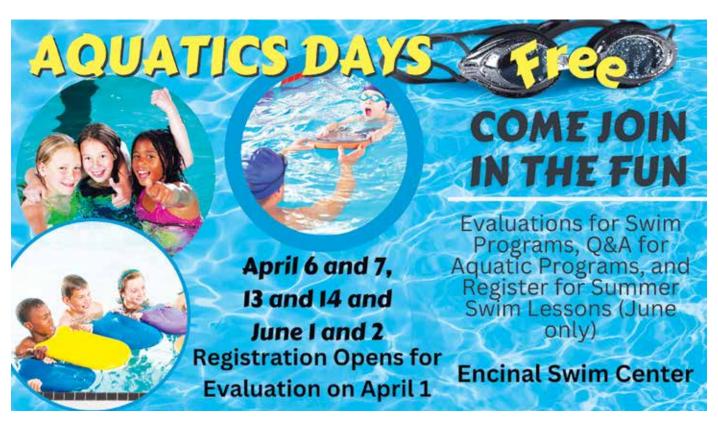
LAP SWIM and FITNESS CLASSES

will be back this summer as well.

Please check the Website for details.

AQUATIC SWIM CAMPS

please see page 19.



CORICA PARK

Corica Park

Corica Park is located in the City of Alameda and within five minutes of the Oakland Airport. In addition to a large driving range and extensive practice facility, the three golf courses are suitable for players of all skill levels. Fast greens and swirling winds challenge seasoned golfers, while wide fairways and rolling hills welcome those newer to the game. Onsite instructors offer top quality instruction for all skill levels.

Visit our website at www.coricapark.com or contact the Pro Shop at 510-747-7800 for information about rates and hours.

On The Green at Corica Park

There is a lot happening at the course! Our On The Green initiative seeks to integrate Corica Park into the wider community. We're reimagining space use with inclusive programming for golfers and non-golfers alike. Come visit or contact us to learn more: Tamara Sabella, Director of Community Engagement, tamara@greenwaygolf.com

Youth On The Green

Free Golf:

- Free walk-up play on all three courses after 3:00pm during the fall and winter months and 4:00pm in the spring and summer months for all youth under 18.
- Wednesday walk-up play for golf and footgolf is free all day, yearround on the Mif unless the course is closed for other programming.

School Outings:

 Recreational opportunities in footgolf and golf for field trips and after school programs.

On the Green Golf & Play Summer Camps:

 Week-long summer camps offered at no cost including transportation and meals to underserved East Bay youth.

Sundays On The Green:

 Small group lessons and mentorship offered at no cost to Alameda youth in partnership with All Good Living Foundation.

Groups On The Green

Tournaments:

 Full-service tournament planning & execution, including food and beverage offerings for fundraisers, company events, golf clubs, competitive leagues, special occasions and other group events.

Team Building:

 Full-service team-building and networking event planning and execution for local businesses and industry groups. *Special packages available for mission-aligned nonprofit organizations.



Connect with Us on Social Media:

Facebook: Corica Park Golf Course Instagram: @coricapark Twitter: @coricapark

Community On The Green

We also offer a number of programs for schools, small businesses, nonprofits and other groups which are designed to diversify space use and increase access to Corica Park for broader community benefit. Please visit the Community Programs page on our website for applications and to learn more. Examples include:

- Space use for activities such as yoga and martial arts classes to promote healthy living and other forms of recreation.
- Classroom, meeting room and event space access for local nonprofits and other community groups to support organizations in forwarding their own missions.
- Sale and exhibition space access in our golf shop to support local businesses.
- · Holiday gift drives to support low-income East Bay families.

ALAMEDA JUNIOR GOLF CLUB

Ages 7 - 18

Alameda Junior Golf Club is very busy getting our program set for the 2024 year!



- Our program runs all year but the months of June through August are our busiest with many activities.
- Our 7 to 11 year olds play on the MIF par 3 course and the 12 to 18 year olds play on the regular Corica Park Golf Course.
 The degree of understanding of the game and skills can change the course to be played.
- We also offer golf clinics for beginners and to refresh golfers of rules and manners.
- We have many wonderful volunteers who help run the program.
- We have tournaments during the summer too. If your child is interested in learning to play golf or is a golfer and wants to meet fun loving golfers, here is how to get all the information and to obtain an AJGC Membership Application.
- Check our website:
 www.alamedajuniorgolf.memberplanet.com
- Email us at alamedajuniorgolf@memberplanet.com
- You can also pick up an AJGC Application at the Corica Park Golf Course Pro-Shop or Driving Range and at Alameda Golf Works on Lincoln Ave.

KAYAKING

Family Kayaking

Ages 5+

This tour is the perfect introduction to kayaking for kids and families. We will travel in very safe double sea kayaks checking out the local harbor seals and US Navy ships. A short and sweet trip where you learn a little bit of sea kayaking while having fun! Parent/guardian participation is required, Fee covers 1 participant. Separate registration is required for all family members.

Class #24831	Jun 2 - Jun 2	Su 9:30am - 11:30a		
\$62	Joe Stack	Encinal Boat Ramp, 190 Central Ave		
Class #24832	Jul 7 - Jul 7	Su 9:30am - 11:30am		
\$62	Joe Stack	Encinal Boat Ramp, 190 Central Ave		
Class #24833	Aug 4 - Aug 4	Su 9:30am - 11:30am		
\$62	Joe Stack	Encinal Boat Ramp, 190 Central Ave.		
Class #24834	Sep 8 - Sep 8	Su 9:30am - 11:30am		
\$62	Joe Stack	Encinal Boat Ramp, 190 Central Ave.		



Father's Kayaking Tour

Ages 4+

Join us for a special tour designed just for Fathers. We will tour the area in a relaxed paced in safe double sea kayaks enjoying the marine life, sea breeze and sunshine. This tour is perfect for all levels and abilities.

Class #24841	Jun 16 - Jun 16	Su	9:30am - 12:00pm
\$78	Joe Stack	Encinal Boat F	Ramp, 190 Central Ave.

Introduction to Kayaking

Ages 12+

We will cover equipment, paddle techniques, trip planning, on land transporting, maintenance and safety. Develop boat control as you paddle around the area and practice your new skills.

Class #24835	Jun 8 - Jun 8	Sa 9:00am - 1:00pn		
\$103	Joe Stack	Encinal Boat Ramp, 190 Central Av		
Class #24836	Jul 13 - Jul 13	Sa 9:00am - 1:00pm		
\$103	Joe Stack	Encinal Boat Ramp, 190 Central Ave		

Sea Plane Lagoon Kayaking Tour

Ages 12+

Join us for our most popular kayak tour. You will paddle inside the Sea Plane Lagoon learning about the local marine life and upcoming Alameda Point development projects, the USS Hornet and US Navy's MARAD fleet, enjoy scenic views of SF, and more!

Class #24837	Jun 1 - Jun 1	Sa	9:30am - 11:30am	
\$73	Joe Stack	Encinal Boat Ramp, 190 Central Ave		
Class #24838	Jul 6 - Jul 6	Sa 9:30am - 11:30am		
\$73	Joe Stack	Encinal Boat Ramp, 190 Central Ave		
Class #24839	Aug 3 - Aug 3	Sa 9:30am - 11:30am		
\$73	Joe Stack	Encinal Boat Ramp, 190 Central Ave.		
Class #24840	Sep 7 - Sep 7	Sa 9:30am - 11:30am		
\$73	Joe Stack	Encinal Boat Ramp, 190 Central Ave.		

Sunset/Full Moon Kayaking Tour

Ages 12

Enjoy a relaxing time on the water while the sun sets over the horizon and the moon rises. Tour the area with a short break before returning home under the moonlight. Bring a camera, the sights will be amazing.

Class #24848	Jun 21 - Jun 21	F 7:30pm - 10:00pm		
\$83	Joe Stack	Grand Street Boat Ramp		
Class #24850	Jul 20 - Jul 20	Sa 8:00pm - 10:30pm		
\$83	Joe Stack	Grand Street Boat Ramp		



ALAMEDA FREE LIBRARY

Library Locations

Main Library: 1550 Oak Street

Bay Farm Island Library: 3221 Mecartney Road

West End Library: 788 Santa Clara Ave

New special events are scheduled monthly!

For current dates, times, and locations, see the online calendar www.alamedafree.org/Events-directory/Calendar.

Summer Reading

Adventure begins at your library! Visit any Alameda Free Library location and discover what the librarians have for you this summer. The 2024 Summer Reading Challenge runs from June 1 through July 31 and includes participation levels and activities suitable for all ages, from birth to adult. Find out more about upcoming events and how to register at www.alamedafree.org/srp2024.

Children

Online programs can be found on the Children's Activities page of our website: www.AlamedaFree.org/Programs-Services/Childrens-Services/Childrens-Activities

Free Online Programs

- Tutor.com and Brainfuse: online tutoring for all grade levels
- Beanstack: a portal to all of our reading challenges
- Maker Monday: STEM and craft tutorials
- Storybook Crafts: crafts for kids inspired by some of our favorite books
- First Chapter Friday: the first chapter of books we think you'll love
- Mother Goose on the Loose: a 20-session storytime designed for the very young

In Person Storytimes:

- Mother Goose on the Loose (0-2yrs):
 a 20-session storytime designed for the very young.
 Thursdays 10:30am at Main Library
- Toddler Storytime (2-4yrs):

Age-appropriate stories, songs, and fingerplays. Tuesdays 10:30am at West End Library Thursdays 10:30am at Bay Farm Island Library Fridays 10:30am at Main Library Saturdays 10:30am at Main Library

• Preschool Storytime (3-5yrs):

Age-appropriate stories, songs, and fingerplays Mondays 10:30am at Bay Farm Island Tuesday 10:30am at Main Library

• School-Age Storytime:

Songs and stories perfect for children with longer attention spans Wednesdays 3:30pm at Main Library

Family Storytime (all ages):

Songs and stories the whole family will enjoy Mondays 7:00pm at West End Library Tuesdays 7:00pm at Bay Farm Island Library

Teens

Our teen programs are open to 7-12 graders.

• Teen Advisory Board (TAB):

1st Tuesday of the month, 4:30 – 5:30pm. Join TAB to let the library know your interests. Gain experience, help with projects, and earn volunteer hours! Please register.

Teen Book Club:

1st Wednesday of the month, 4:00 – 4:40pm. Each month, teen members get to choose the book we read. While supplies last, free copies are given out on a first-come, first-served basis. Please register.

• Game Break:

2nd Wednesday of the month, 3:30 – 5:00pm. Don't forget to take a break... A GAME BREAK! You can play Nintendo Switch games on the projector screen or watch others play while enjoying some afternoon snacks.

Dungeons & Dragons:

1st & 2nd Monday of the month, 6:00 – 7:30pm. Are you looking to get into Dungeons & Dragons? Join us for a session at the library. No experience is needed. Registration encouraged.

Adults

Book Groups:

- A Novel Idea Book Club: 1st Monday of the month 6:30-7:00pm
- Great Reads Book Club:
- 2nd Tuesday of the month 6:30 8:00pm
- A Cup of Coffee and a Good Book Club: 3rd Wednesday of the month 1:00 - 3:00 pm, Islandia Clubhouse
- Mystery Book Club:

4th Monday of the month 6:00-7:00pm (Main Library)
4th Tuesday of the month 5:30-6:30pm (Bay Farm Library)

Recurring Programs:

• AFL Writers Group:

2nd Saturday of the month 12:30-4:30pm

- Make It: A Fiber Arts Craft Circle:
- 1st and 3rd Tuesday of the month 4:30-6:00pm
- Movie Night: Last Wednesday of the month 5:30-7:45pm
- Lawyers in the Library: By phone, advanced registration required.

 1st Thursday of the month 5:00 7:00pm

 2nd Tuesday of the month 5:00 7:00pm

 3rd Wednesday 10:00am 12:00pm

 4th Wednesday of the month 4:00-7:00pm

Open Computer Lab:

- Sundays: 1 5pm
- Mondays: 2 5pm
- Tuesdays: 3 8pm (3-5pm if class or event scheduled)
- Wednesdays: 2 5pm
- Thursdays: 10 2pm

E-Resources

Ebooks, audibook, magazine, music, newspapers and learning tools are available 24/7 with your library card!

www.alamedafree.org/books-movies-more

Follow Us on Social Media!

Instagram: @AlamedaFreeLibrary Facebook: @AlamedaFreeLibrary

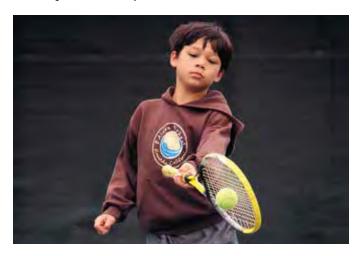
Twitter: @AlamedaFree

YouTube: youtube.com/AlamedaFreeLibrary

TENNIS LESSONS

The lesson is approximately 50 minutes of instruction and practice, with the remaining clean-up time. Within that time, we will demonstrate the proper footwork and techniques to help make playing easier, more efficient, and more enjoyable.

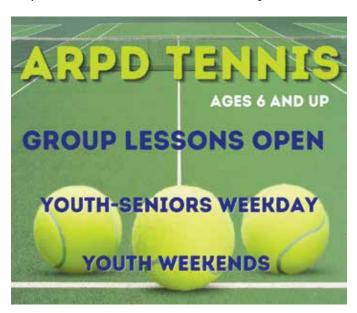
Younger players (under ten years old) are best suited for 30-minute lessons, approximately 20 minutes of instruction and practice, with the remaining time for cleanup.



If a child or teen, we encourage a parent or guardian to stay for at least the first lesson while we evaluate attitude and willingness to follow instructions.

Rude, disrespectful, or dangerous behavior will not be tolerated and immediately dismissed without a refund.

*Any no-shows or late cancelations incur a full charge for that lesson.



Tennis Lesson Schedule							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Youth Ages 6-7	-	-	-	-	-	G/B: 9am-9 G/B: 9:30an	•
Youth Ages 8-9	-	-	-	-	-	G/B : 10am-10:30am, Krusi G/B: 10:30am-11am, Krusi	
Tweens Ages 10-12	-	G/B: Krusi, 5:30-6:30pm	-	G/B : Krusi, 5:30-6:30pm	-	G/B: 11:30am-12:30pm, Krusi G/AVB : 12:30pm-1:30pm, Krusi	
High School Ages 13-17		G : 4:30-5:3	Opm, Washington Pai	-k, Court 5 & 6		-	-
Adults 18-54	G/B: 6:00-7:00pm, Washington Park, Court 5 & 6 G/AVB: 6:00-7:00pm, Washington Park, Court 5 & 6 Court 5 & 6			G/B: 6:00- 7:00pm, Washington Park, Court 5 & 6		00pm, Washington urt 5 & 6	-
Seniors 55+		G/B: 9-10c	ım, , Washington Parl	c, Court 5 & 6		_	_
G: Group Min 4 - Max 6; Semi: Semi-Group Min 2 - Max 4; Private: 1 B: Beginners, AVB: Advance Beginners, I: Intermediate							

Fees and Session Dates						
Lesson Type 4 Lessons per month 8 lessons per month Sessions						
Group	Res \$92 NRes \$104	Res \$184 NRes \$208	Every month is a new Every month is a new Every mon		Saturday: Every month is a new session:	
Semi-Private Online only	Res \$136 NRes \$156	Res \$272 NRes \$312	March, April, May, June, July	March, April, May, June, July	March, April, May, June, July	
Private Online only	Res \$200 NRes \$232	Res \$400 NRes \$464	Registration Opens on the 3rd Saturday of the month before.			

PRESCHOOL

Summer Tots Preschool

3 year to Pre-K

The Alameda Recreation and Parks Preschool offers a recreation, play-based program for children ages 3 to 5 years old. Join us and learn through play, songs, crafts and interaction with your peers. Every child is different and we allow them to grow and develop at their own pace. A good foundation lead to a better understanding of K-Academics when the child reaches Kindergarten. Children must also be potty trained and able to separate from parent.

THREE 2-WEEK SESSIONS Sign up for one, two, or for all three sessions.						
Class #24842	Jun 17 - Jun 28 MTuWThF 9:00am - 12:00pm					
\$270	ARPD Staff	Woodstock Park				
Class #24843	Jul 1 - Jul 12	MTuWThF 9:00am - 12:00pm				
\$243	ARPD Staff	Woodstock Park				
No class on the 4th	of July					
Class #24844	Jul 15 - Jul 26	MTuWThF 9:00am - 12:00pm				
\$270	ARPD Staff	Woodstock Park				



FALL TINY TOT PROGRAM

Ages 3 - 5

Register online, email or by mail

The Alameda Recreation and Parks Preschool offers a recreation based program for children ages 3 to 5 years old (pre-Kindergartners entering Kindergarten the following fall). ARPD follows the Four Basic building blocks of school readiness pyramid as designed by First 5 of California which includes the following: Self-Care & Motor Skills, Self-Regulation, Social Expression and finally Academics. Our activities include storytelling, games, arts and crafts, cooking, music, motor fitness, and the development of gross and fine motor skills which will all aid in the development of the lower tiers of the pyramid as well as to prepare for Kindergarten readiness. Special theme days and activities are also included in the curriculum to help children grow and develop healthy minds and bodies. All children need to be potty-trained by the first day of class. ARPD is a viable choice for families in Alameda including those families who have chosen to home school their children. Participation in this program will help develop strong social skills and expressions.

PEQUIPED

- Children must be the correct age on the first day of class
- Children must be completely potty-trained and able to attend to their own personal needs to the best of their ability.
- Children must also be able to separate from their parents, and parents from child.
- Your child will need to bring a water bottle to class. NO LARGE BACKPACKS!
- PROOF OF AGE IS REQUIRED NO EXCEPTIONS EMAIL PROOF TO: ahope@alamedaca.gov

FALL 2024 SESSION					
Day	Time	Location	Fall #	Fees	
NEW FOR 2024	FALL SESSION:				
ALL PARK SITES	OPEN FOR THOSE 3 TO	5 YEARS OLD, PR	E-KINDERO	GARTEN	
Can register fo	r 5 days by combining	g the M/W/F class	with a T/	TH class	
MUST MEET A M	IINIMUM OF 6 STUDENT	S TO OPEN CLASS	ES		
Mon/Wed/Fri	9:00am - 12:00pm	Godfrey Park	24847	\$1134	
Tue/Thu	9:00am - 12:00pm	Godfrey Park	24849	\$ <i>7</i> 56	
Mon/Wed/Fri	9:00am - 12:00pm	Leydecker Park	24853	\$1134	
Tue/Thu	9:00am - 12:00pm	Leydecker Park	24854	\$756	
Mon/Wed/Fri	9:00am - 12:00pm	McKinley Park	24855	\$1134	
Tue/Thu	9:00am - 12:00pm	McKinley Park	24857	\$756	
Mon/Wed/Fri	12:00pm - 3:00pm	McKinley Park	24856	\$1134	
Tue/Thu	12:00pm - 3:00pm	McKinley Park	26726	\$756	
Mon/Wed/Fri	9:00am - 12:00pm	Woodstock Park	24858	\$1134	
Tue/Thu	9:00am - 12:00pm	Woodstock Park	24860	\$756	

FALL PAYMENTS					
Days	Full Payment	2 Payments	4 Payments		
Mon/Wed/Fri	\$1134	\$582 each	\$291 each		
Tue Thu	\$756	\$393 each	\$196.50 each		

2024 FALL REGISTRATION FOR SMALL FRYS & TINY TOTS STARTS ON THURSDAY, JULY 11, 2024 AT 9:00 AM

PLAY GROUP

Infant Play & Learn Class

Ages 0-6 months

Led by a certified Montessori teacher. Classes seamlessly blend parent education and supportive resources for families with interactive music and play, fostering gross motor skills, socialization, and mindful parenting. Celebrate the day with guided music, dance, and play! Developmentally appropriate activities for babies and their parents/caregivers following Montessori Education principles. Special focus on mindfulness, sensory play, and building community.

Class #24868	Jun 15 - Aug 3	Sa	9:00am - 10:00am
\$107	Rebecca Haga	Center at McKinley Park	
No class Jul 6 & 13			

Crawlers Play & Learn Class

Ages 6-14 months

Led by a certified Montessori teacher. Classes seamlessly blend parent education and supportive resources for families with interactive music and play, fostering gross motor development and skills, socialization, and mindful parenting. Rolling, cruising, crawling, sitting, and ready to explore? Celebrate the day with guided music, dance, and play! This class is for newly mobile babies and their parents/caregivers.

Class #24867	Jun 15 - Aug 3	Sa	10:30am - 11:30am
\$107	Rebecca Haga Center at McKinley P		cKinley Park
No alass on Jul 6.8.1	12		

Alameda Wee Play Summer Drop In

Ages 6 month - 3 years

Alameda's play center for infants and toddlers includes activities that include arts and crafts, music time, and developmental and exploratory play. Activities are minimally structured, allowing children to enjoy and explore on their own terms.



	Jun 17 - Aug 30, 2024	MW	F	10:00AM - 1:00PM	
	No class Jul 5 & Sep 2				
	\$6 Drop-in per day per child	\$60 Drop-i	\$60 Drop-in Card for 12 visits		
Volunteer to clean up and receive free entrance for that day - limited number available					
Children must be accompanied and supervised by a parent or caregiver at all times Alameda Veteran's Memorial Building, 2203 Central Ave, Room 120				by a parent or	
				entral Ave, Room 120	

Toddlers Play & Learn Class

Ages 9-24 months

Led by a certified Montessori teacher and follows the principles of Montessori Education. Classes seamlessly blend parent education and supportive resources for families with interactive music and play, fostering language and gross motor skills, socialization, and mindful parenting. Up on your feet and taking steps? Come celebrate the day with guided music, dance, and play!

Class #24866	Jun 15 - Aug 3	Sa	12:00pm - 1:00pm
\$107	Rebecca Haga	Center at McKinley Park	
No class on Jul 6 & 13.			

ARPD TOTS CAMPS

Art 4 Tots Camp

4 to Pre-K

A good place to be messy and have fun at the same time. Your child will work with a variety of different mediums while developing his/her own creativity and developing his/her fine motor skills. All art projects are age appropriate.

SESSION 1	Jul 1 - Jul 12 No camp Jul 4	Class #24845	\$243
SESSION 2	Jul 15 - Jul 26	Class #24846	\$270
MTuWThF	9:00am - 12:00pm	ARPD Staff	McKinley Park

Sporty Tots Camps: Mornings

Ages 3 - 5

Sporty tots camp introduces toddlers to recreational activities where they can improve their socialization and coordination while surrounded by our positive and encouraging staff. They will experience different activities such as obstacle courses, tag games, and an introduction to sports such as soccer and basketball.

Class #26168	Alameda Point Gym	
Half Days 9am -12pm, \$175 per week (*\$140 per week)		
Weeks: Jun 17 - Jun 21, Jun 24 - Jun 28, Jul 1 - 5* (No camp July 4th), Jul 8 - Jul 12, July 15 - Jul 19, Jul 22 - Jul 26 , Jul 29 - Aug 2, Aug 5 - Aug 9		



(Enter from ramp, in front of building)

ARPD TOTS & YOUTH SPRING CAMPS - TOTS & YOUTH

Tiny Tot STEM

Ages 3 - 5

Our program is filled with hands-on activities that allow children to explore their sensory awareness through various experiences following a STEM curriculum. The curriculum is based on the idea of educating children in four main academic disciplines- technology, engineering, mathematics, and science with a fun recreational twist.

WEEK 1- DISNEY FOOD STEM

Example Activities: Tiana's Beignets, Lilo's Ube Ice Cream, Wakandan Bastousan (sponge cake), food cost included

Class #25588	Jul 1 - Jul 5	M Tu W F	1:00pm - 4:00pm
Res \$175, NRes \$185	ARPD Staff	Leydecker	No class Jul 4

WEEK 2- STEAM

Example Activities: Music, dance, galaxies, slime

Class #25589	Jul 8 - Jul 12	M Tu W Th F	1:00pm - 4:00pm
Res \$145, NRes \$155	ARPD Staff	Leydecker	

WEEK 3- ENVIRONMENTAL

Example Activities: Terrariums, Nature Display, Mini Greenhouses

Class #25590	Jul 15 - Jul 18	M Tu W Th F	1:00pm - 4:00pm
Res \$145, NRes \$155	ARPD Staff	Leydecker	

WEEK 4- BLUEY

Example Activities: Sensory Bottles, Bluey Fairy Rings

Class #25591	Jul 22 - Jul 26	M Tu W Th F	1:00pm - 4:00pm
Res \$145, NRes \$155	ARPD Staff	Leydecker	

Tenderfoot Camp

3 years to 5 years (Pre-Kindergarten)

Join us for an introductory day camp experience. We will meet at Lower Washington Park (near the Tennis Courts) and then walk to either Robert Crown Beach or up to Washington Park to begin our day. Camp experiences will include making crafts, storytelling, games, and songs... all based on a weekly theme! Campers will also be designing their own camp shirts to take home. We'll hike to Crab Cove to look for crabs and other sea life that lives at the Cove. Please bring a bag lunch to camp daily and water bottle. Names must be on all items brought to camp.

•			
SESSION 1	Jun 24 - Jun 28	Class #24548	Res \$135, NRes \$158
SESSION 2	Jul 1 - Jul 5 No camp Jul 4	Class #24555	Res \$108, NRes \$126
SESSION 3	Jul 8 - Jul 12	Class #24557	Res \$135, NRes \$158
SESSION 4	Jul 15 - Jul 19	Class #24558	Res \$135, NRes \$158
SESSION 5	Jul 22 - July 26	Class #24559	Res \$135, NRes \$158
SESSION 6	Jul 29 - Aug 2	Class #24561	Res \$135, NRes \$158
MTuWThF	9:30am - 12:30pm	ARPD Staff	Lower Washington Park

DONATE NOW!

Support Alameda Parks



ARPD YOUTH SPRING CAMPS

All Sports Day Camp

Ages 5 - 14

Our All-Sports Camp has quickly become one of our most popular specialty camps. This camp is perfect for the athlete who enjoys a variety of sports and recreational games. Campers are taught skills and given the opportunity to compete in a variety of sports such as soccer, basketball, flag football and more, while also enjoying some favorite recreational games like dodgeball, capture the flag, and kickball and the like. Our highly qualified staff makes sure our All-Sports Camp is high paced and nonstop fun for every camper! Extended care available

Class #24952	Apr 8 - Apr 12	9:00am - 4:00pm	Res \$300, NRes \$375
Extended Care	Class #23773	7-9am & 4-6pm	Res \$50, NRes \$70

Spring Vacation Camp

Grades K - 5

Spring Break will be here before we know it... so come and hang out with your friends at our week-long camp! Arts and crafts, games and cooking, which follow a theme, are just part of the fun. Walking excursions may also be scheduled, dependent on weather. Please bring a bag lunch each day, unless notified differently. Wear comfortable walking shoes, socks and play clothes. If spaces are full, please register for the waitlist, because additional spaces or sites may be added, given demand. Drop-off and pick-up will take place at the gate near the front doors at Harrison Center. ARPD programs follow all State and County Health protocols.

Class #23989	Apr 8 - Apr 12	M Tu W Th F	8:00am -5:30pm
Res \$288, NRe	s \$325	ARPD Staff	Harrison Center at Lincoln Park

Zimbabawean Contemporary Art for Kids!

Ages 3 - 5

This camp is offering an exciting art class featuring rising contemporary Zimbabwean visual artists for grades 3rd thru 5th. The camp is taught by an experienced educator of 20 years! Youth will learn about Zimbabwe through visual arts featured by the Harare First Floor Gallery.

Class #24942	Apr 8 - Apr 12	M Tu W Th F	9:00am - 12:00pm
\$361	Ferguson, Karen	Room 390 at Veteran's Me	emorial Building



ARPD ADVENTURE CAMPS

Hidden Cove Day Camp

K - 1 Completed

Hidden Cove Day Camp will be held at Robert Crown Memorial State Beach Park and will emphasize nature and the outdoors, and of course... FUN! Explore and enjoy the exciting adventures of the outdoors with hiking, archery, camp skills, games, and nature crafts. This program is open to those who are ages 5 to 7 years and completed K through 1 grades -HIDDEN COVE IS HELD ENTIRELY OUTSIDE. Each camper will get their very own commemorative t-shirt to celebrate our 71 st year of Day Camp in Alameda! Full payment is required at time of registration. Please send your child with a packed lunch unless notified otherwise. A week before your camp session, you will be sent a letter and instructions via e-mail for parking, which must be presented to gain access to the parking lot. ARPD summer programs will emphasize recreational activities (sports, active games, fitness), enrichment activities (arts & crafts, science, passive and social games, cooking), and youth development (safety, community/team building, positive relationship building, skill building). Campers will spend the majority of each program day in the great outdoors! WOW-X Care will be available before and after at Washington WOW, for Hidden Cove Day Camps. Participant must be registered in Hidden Cove Day Camp first, and then register for the corresponding WOW-X program. Pre-registration is required for our Day Camp program. A \$20 administrative fee will be added for any changes made after your original registration. *Scheduled activities are subject to change, depending on guideline revisions from the Alameda County Health Department. ARPD programs follow all Alameda County Health and East Bay Regional Park protocols.*

SESSION 1	Jun 17 - Jun 21	Class #24523	Res \$238, NRes \$273
SESSION 2	Jun 24 - Jun 28	Class #24524	Res \$238, NRes \$273
SESSION 3	Jul 1 - Jul 5 No camp Jul 4	Class #24525	Res \$193, NRes \$222
SESSION 4	Jul 8 - Jul 12	Class #24526	Res \$238, NRes \$273
M Tu W Th F	9:00am - 3:00pm	ARPD Staff	Robert Crown Beach (Otis & Westline Dr)

Summer Olympics 2024

ARPD joins the Paris Olympics this summer 2024. The theme of the Olympics is "Games Wide Open" and "Live Together, Play Together!" In honor of the Olympics ARPD encourages every individual to get outdoors this summer, be active, get engage with each other, be inclusive and above all have fun!

Summer Youth Field Trips

Ages 5 - 11 (Completed Grade K - 4)

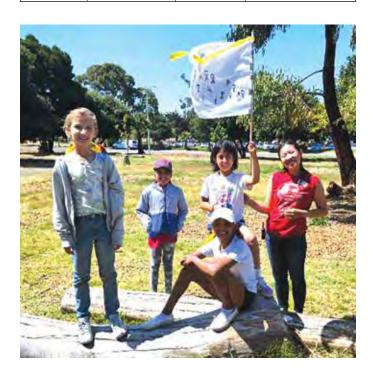
ARPD will be offering a number of exciting optional field trips this summer (i.e. Adventure Playground, Aqua Adventure Waterpark, Oakland A's vs. Houston Astros, and Swimming at Cull Canyon). Bus transportation, staff supervision, and snacks are provided for each trip. Lunch may be provided on certain trips, so be sure to check the description. Check our website, in March, for more information and to register.

Trails End Day Camp

2 - 5 Completed

Trails End Day Camp will be held at Robert Crown Memorial State Beach Park and will emphasize nature and the outdoors, and of course...FUN! Explore and enjoy the exciting adventures of the outdoors with hiking, archery, camp skills, games, and nature crafts. This program is open to those who are ages 7 to 11 years and completed 2 through 5 grades. Each camper will get their very own commemorative t-shirt to celebrate our 71st year of Day Camp in Alameda! Full payment is required at time of registration. Please send your child with a packed lunch unless notified otherwise. A week before your camp session, you will be sent a letter and instructions via e-mail for parking, which must be presented to gain access to the parking lot. ARPD summer programs will emphasize recreational activities (sports, active games, fitness), enrichment activities (arts & crafts, science, passive and social games, cooking), and youth development (safety, community/team building, positive relationship building, skill building). Campers will spend the majority of each program day in the great outdoors! WOW-X Care will be available before and after at Washington WOW, for Trails End Day Camps. Participant must be registered in Trails End Day Camp first, and then register for the corresponding WOW-X program. Pre-registration is required for our Day Camp program. A \$20 administrative fee will be added for any changes made after your original registration. *Scheduled activities are subject to change, depending on guideline revisions from the Alameda County Health Department. ARPD programs follow all Alameda County Health and East Bay Regional Park protocols.*

SESSION 1	Jul 15 - Jul 19	Class #24527	Res \$324, N-Res \$373
SESSION 2	Aug 5 - Aug 9	Class #24528	Res \$324, N-Res \$373
M Tu W Th F	9:00am - 4:00pm	ARPD Staff	Robert Crown Memorial State Park Beach





WOW-X at Washington

K - 4 (Completed)

Do you need extended care before and/or after our "Hidden Cove" camps? Sign up for our World of Wonder (WOW-X) Program at Washington Park! Washington WOW opens at 8:00 a.m. and closes at 5:30 p.m. Children who have completed K through 4 Grades as of Summer 2024 will enjoy a fun-filled summer at our WOW site, while parents enjoy the security of a supervised extended care program. The cost of WOW-X includes transportation to our "Hidden Cove" camp. You must pre-register for WOW-X so we can meet our staffing and transportation needs. Please drop off your child at Washington WOW at least 30 minutes before your "Hidden Cove" camp start time; if you do not drop-off at Washington WOW, you should go directly to the parking lot at Robert Crown Memorial Beach Park (Otis and Westline Drives; see Hidden Cove letter) before camp starts. At the end of your "Hidden Cove" camp day, we will walk your child back to Washington WOW. Children need to be picked up by parents/guardians no later than 5:30 p.m. at Washington WOW. You must register and pay for "Hidden Cove" camp first, then add the WOW-X week. Pre-registration is required for our WOW program. A \$20 administrative fee will be added to any payments received the Friday through Sunday before your WOW week, or for any changes made after your original registration. ARPD reserves the right to cancel WOW-X due to low enrollment numbers.*Scheduled activities are subject to change, depending on guideline revisions from the Alameda County Health Department.

HIDDEN COVE DAY CAMP - WOW-X					
Class #24529	Jun 17 - Jun 21	17 - Jun 21 Res \$118, N-Res \$127			
Class #24530	Jun 24 - Jun 28	Res \$118, N	-Res \$127		
Class #24531	Jul 1 - Jul 5*	Res \$98, N-	Res \$105		
Class #24532	Jul 8 - Jul 12	Res \$118, N	-Res \$127		
M Tu W Th F	8:00am - 9:00am & 3:01pm - 5:30pm	ARPD Staff	Washington Park		
*No camp July 4					
TRAILS END DAY CAMP - WOW-X					
Class #24533	Jul 15 - Jul 19	Res \$89.00.	N-Res \$97.00		
Class #24534	Aug 5 - Aug 9	Res \$89.00.	N-Res \$97.00		
M Tu W Th F	8:00am - 9:00am & 4:01pm - 5:30pm	ARPD Staff	Washington Park		

Trails End Day Camp/Trailblazers Camp

Grades 3 - 5 Completed

Our Trails End Day Camp is being combined with our Trailblazers Camp to create an awesome two-week camping experience for kids ages 8 to 11 years old and completed 3 through 5 grades. Reinhardt Redwood Regional Park in the Oakland Hills provides the natural setting for the outdoor fun of hiking, camp skills, nature crafts, cooking, AND CAMPING UNDER THE STARS. The majority of the two-week session is considered a day camp program (8:30am to 4:30pm). The overnight will take place the evenings of July 30 & 31. Please send your child with a packed lunch on July 22-30, and August 2. Meals will be provided on July 30 (dinner), July 31 (breakfast, lunch, dinner), and August 1 (breakfast, lunch). Campers are bussed to and from camp daily, except for Tuesday PM, Wednesday, and Thursday AM. There will be three options for pick-up/drop-off locations in Alameda: Franklin Park, Krusi Park/Otis School, and Washington Park. THE DROP-OFF ON THURSDAY, AUGUST 1, WILL ONLY TAKE PLACE AT KRUSI PARK/ OTIS SCHOOL! Each camper will get their very own commemorative t-shirt to celebrate our 71 st year of Day Camp! Full payment is required at time of registration. ARPD summer programs will emphasize recreational activities (sports, active games, fitness), enrichment activities (arts & crafts, science, passive and social games, cooking), and youth development (safety, community/team building, positive relationship building, skill building). Pre-registration is required for this program. A \$20 administrative fee will be added for any changes made after your original registration. *Scheduled activities are subject to change, depending on guideline revisions from the Alameda County Health Department. ARPD programs follow all Alameda County Health and East Bay Regional Park protocols.*

SESSION 1	Jul 22 - Aug 2	Class #24535	Res \$968, N-Res \$1030
M Tu W Th F	8:30am - 4:30pm	ARPD Staff	Redwood Regional Park (Oakland Hills)



YOUTH - ARPD ADVENTURE CAMPS

WOW Camps

K - 4 Completed

The World of Wonder (WOW) Program has been the favorite way for kids to spend their summer vacation, and for parents to be assured of the security of a supervised recreational care program. This program is open to those who are ages 5 to 11 years and completed K through 4 grades. WOW will be held at various park sites across Alameda. All programs will spend the majority of the program day enjoying activities outdoors. Minimum enrollment is 8 participants; if minimum is not met, a site will be closed and registrants may join another program site, space permitting. Registration is available per week (no single days allowed). Full payment is required at time of registration. Please send your child with a packed lunch unless notified otherwise. Dropoff is between 8:00am (earliest) - 9:00am, and pick-up is between 4:30pm - 5:30pm (latest). All activities are geared toward a weekly theme. Activities include, but are not limited to the following: crafts, games, cooking, drama, nature, walking excursions and much, much more! ARPD summer programs will emphasize recreational activities (sports, active games, fitness), enrichment activities (arts & crafts, science, passive and social games, cooking), and youth development (safety, community/team building, positive relationship building, skill building). Pre-registration is required for our WOW program. A \$20 administrative fee will be added to any payments received the Saturday or Sunday before your WOW week, or for any changes made after your original registration. If you register over the weekend, for that week's session, please bring your receipt to your program site on Monday morning

Scheduled activities are subject to change, depending on guideline revisions from the Alameda County Health Department.

BAYPORT WOW				
Session 1	Jun 17 - Jun 21	Class #24605	Res \$271, N-Res \$312	
Session 2	Jun 24 - Jun 28	Class #24606	Res \$271, N-Res \$312	
Session 3	Jul 1 - Jul 5*	Class #24607	Res \$212, N-Res \$235	
Session 4	Jul 8 - Jul 12	Class #24608	Res \$271, N-Res \$312	
Session 5	Jul 15 - Jul 19	Class #24609	Res \$271, N-Res \$312	
Session 6	Jul 22 - Jul 26	Class #24610	Res \$271, N-Res \$312	
Session 7	Jul 29 - Aug 2	Class #24611	Res \$271, N-Res \$312	
M Tu W Th F	8:00am - 5:30pm	ARPD Staff	Center at Bayport Park	
*No camp Jul 4				
FRANKLIN W	row			
Session 1	Jun 17 - Jun 21	Class #24612	Res \$271, N-Res \$312	
Session 2	Jun 24 - Jun 28	Class #24613	Res \$271, N-Res \$312	
Session 3	Jul 1 - Jul 5*	Class #24614	Res \$212, N-Res \$235	
Session 4	Jul 8 - Jul 12	Class #24615	Res \$271, N-Res \$312	
Session 5	Jul 15 - Jul 19	Class #24616	Res \$271, N-Res \$312	
Session 6	Jul 22 - Jul 26	Class #24617	Res \$271, N-Res \$312	
Session 7	Jul 29 - Aug 2	Class #24618	Res \$271, N-Res \$312	
Session 8	Aug 5 - Aug 9	Class #24619	Res \$271, N-Res \$312	
M Tu W Th F	8:00am - 5:30pm	ARPD Staff	Center at Franklin Park	
*No camp Jul 4				



GODFREY WOW				
Session 1	Jun 17 - Jun 21	Class #24620	Res \$271, N-Res \$312	
Session 2	Jun 24 - Jun 28	Class #24621	Res \$271, N-Res \$312	
Session 3	Jul 1 - Jul 5*	Class #24622	Res \$212, N-Res \$235	
Session 4	Jul 8 - Jul 12	Class #24623	Res \$271, N-Res \$312	
Session 5	Jul 15 - Jul 19	Class #24624	Res \$271, N-Res \$312	
Session 6	Jul 22 - Jul 26	Class #24625	Res \$271, N-Res \$312	
Session 7	Jul 29 - Aug 2	Class #24626	Res \$271, N-Res \$312	
Session 8	Aug 5 - Aug 9	Class #24627	Res \$271, N-Res \$312	
Session 9	Aug 12 - Aug 14**	Class #24765	Res \$163, N-Res \$188	
M Tu W Th F	8:00am - 5:30pm	ARPD Staff	Center at Godfrey Park	
*No camp Jul 4; ** M Tu W only				

KRUSI	WOW	,
KKUJI	44 0 44	

Session 1	Jun 17 - Jun 21	Class #24628	Res \$271, N-Res \$312
Session 2	Jun 24 - Jun 28	Class #24629	Res \$271, N-Res \$312
Session 3	Jul 1 - Jul 5*	Class #24630	Res \$212, N-Res \$235
Session 4	Jul 8 - Jul 12	Class #24631	Res \$271, N-Res \$312
Session 5	Jul 15 - Jul 19	Class #24632	Res \$271, N-Res \$312
Session 6	Jul 22 - Jul 26	Class #24633	Res \$271, N-Res \$312
Session 7	Jul 29 - Aug 2	Class #24634	Res \$271, N-Res \$312
Session 8	Aug 5 - Aug 9	Class #24635	Res \$271, N-Res \$312
M Tu W Th F	8:00am - 5:30pm	ARPD Staff	Center at Krusi Park

*No camp Jul 4

WASHINGTON WOW

Session 1	Jun 17 - Jun 21	Class #24636	Res \$271, N-Res \$312
Session 2	Jun 24 - Jun 28	Class #24637	Res \$271, N-Res \$312
Session 3	Jul 1 - Jul 5	Class #24638	Res \$212, N-Res \$235
Session 4	Jul 8 - Jul 12	Class #24639	Res \$271, N-Res \$312
Session 5	Jul 15 - Jul 19	Class #24640	Res \$271, N-Res \$312
Session 6	Jul 22 - Jul 26	Class #24641	Res \$271, N-Res \$312
Session 7	Jul 29 - Aug 2	Class #24642	Res \$271, N-Res \$312
Session 8	Aug 5 - Aug 9	Class #24643	Res \$271, N-Res \$312
Session 9	Aug 12 - Aug 14**	Class #24766	Res \$163, N-Res \$188
M Tu W Th F	8:00am - 5:30pm	ARPD Staff	Center at Washington Park

ARPD AQUATIC CAMPS

All ARPD AQUATIC CAMPS registration starts Feb 20

Ocean Exploration Camp

Ages 6 - 9

Do you have a kid who loves being in the water? Do they have a sense of adventure? Then Ocean Exploration Camp is perfect for them! Kids will swim, do crafts to create their sea creatures, and of course, play plenty of fun water games.

Class #25843	Jun 11 - Jun 14	12:00pm - 3:00pm	Res \$220, N-Res \$250

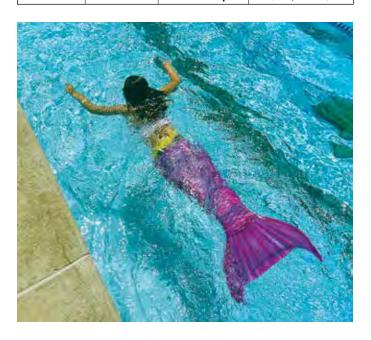
Merperson University

Ages 7 - 15

Registration will close one week before the start of camp.

This is your chance to experience what it's like to swim like a merperson – no need for any deals with sea witches! Merperson University puts safety first, starting our merpersons-in-training with basic swimming skills before transitioning into the monofin. Instructors will teach safe fin use and proper breathing while swimming. Swim sessions incorporate movement skills, fitness, pool entries, exits, dolphin dives, spins, turns, and merperson games. All this excitement builds up to learning choreography and a final day with costumes, merperson makeup, and a photo shoot. Best of all, the fin is yours to keep! (Mermen are welcome to sign up too!) Mono Fin and Mer-Tails included. Children must be at a minimum Red Cross Level 3 swim ability. Please bring a lunch and snacks.

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Class #25882	Jun II - Jun 14	9:00am - 4:00pm	Res \$450, N-Res \$500	



Pirate Camp

Ages 7 - 15

Ahoy mateys! Do you have a youngin who loves living the pirate life? Well, then Pirate Camp is bound to be a perfect fit! Campers will swim across the seven seas, find treasure, and create plenty of pirate crafts and memories! Please bring a lunch and snacks.

Class #25901	Jun 11 - Jun 14	9:00am - 4:00pm	Res \$350, N-Res \$500	

Aqua Drama: Moana

Ages 7 - 12

This summer, we are excited to announce the return of our aqua drama camps. This summer our campers will be using the pool and drama skills to put on a production of Moana. Your children will get to create the set, sing their favorite songs, and journey into Disney Island life!

Cardboard Boat Camp

Ages 9 - 14

Is your child up for the adventure of crossing the pool? Cardboard boat camp is an amazing way to do so! Campers will get to swim, create their own boat design, and finish the session with a boat race across our pool. Now's the time to sink or sail.



Class #25903 Jun 17 - Jun 20 12:00pm - 3:00pm Res \$170, N-Res \$	200	
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Aqua Drama: Finding Nemo

Ages 7 - 12

What's better than one aqua drama camp? Two aqua drama camps! In Aqua Drama Part 2, our campers will be putting on Finding Nemo! From swimming around, becoming their favorite sea creature, and crafting the set, everyone is sure to have fun creating the final performance!

Class #25916	Jun 24 - Jun 27	9:00am - 12:00pm	Res \$170, N-Res \$200
CIG33 #23710	JUII 24 - JUII 27	7.00uiii - 12.00piii	KC3 7 17 0, 14-KC3 7200

Aqua Hero

Ages 7 - 12

BAM! POW! An awesome summer idea for all of your heroes in training. Join our aqua hero camp to unleash your true power! We'll see you soon recruits!

Class #25922	Jun 24 - Jun 27	12:00pm - 3:00pm	Res \$220, N-Res \$250	
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Aqua Sports Challenge

Ages 9 - 13

We are very excited to share our fun camp with all of your adventurers and daredevils. Campers will play sports, swim, and of course, complete fun obstacle courses! Children must be at a minimum Red Cross Level 4 swim ability and be able to tread water.

Class #25935	Jul 1 - Jul 5	12:00pm - 3:00pm	Res \$170, N-Res \$200
	(no camp Jul 4)		

Ariel's Workshop: STEM

Ages 7 - 11

Do you want to create gadgets and gizmos a plenty? Then come join us at Ariel's workshop! Spend the week flipping your fins and creating fun crafts.

Class #25941	Jul 1 - Jul 5 (no camp Jul 4)	12:00pm - 3:00pm	Res \$170, N-Res \$200
	(

Aqua Eco

Ages 7 - 11

To match our summer theme of islands, we present to you an aqua eco camp. The perfect opportunity to swim around, do arts and crafts, and learn about different oceans and their ecosystems.

Class #25953 Jul 8 - Jul 11 9:00am - 12:00pm Res \$220	220. N-Res \$250
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Splish Splash Fun

Ages 6 - 10

Are you looking for a fun way to get your kids in the water? Splish Splash Fun Camp is the perfect solution! Campers will play games in and out of the pool with new friends!

Class #25958 Jul 8 - Jul 11 12:00pm - 3	3:00pm Res \$170, N-Res \$200
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Aquamazing Race

Ages 7 - 12

Welcome to ARPD's Aqua-mazing race. Is your child looking to go on a daring adventure all leading up to an amazing aquatic challenge? Then join the 2024 aqua-mazing race! Children must be at a minimum Red Cross Level 4 swim ability and be able to tread water.

Class #25960 Jul 15 - Jul 18 12:00pm - 3:00pm Res \$220, N-Res \$250
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Lilo and Stitch Camp

Ages 7 - 12

"Ohana means family." Come out and enjoy some fun Lilo and Stitchthemed activities in preparation for our dive-in movie.

Intro to Dive

Ages 7 - 15

This class offers a series of successful techniques that teach a progression of basic skills that promote body balance, spatial awareness, and improved water entry for diving, as well as emphasizing individual fundamental requirements and optional dives to all basic levels of divers. No diving experience is required, but you must be in deep water comfortably and pass a test on the first day of class. Children must be at a minimum Red Cross Level 4 swim ability and be able to tread water.

Class #25962	Jul 22 - Jul 25	12:00pm - 3:00pm	Res \$170, N-Res \$200

Intro to Polo

Ages 7 - 12

A swim test will be given on the first day. No prior water polo experience is necessary, but participants must be comfortable in deep water. Fundamental water polo drills and swim development are the focus of every practice session. The primary purpose of this camp is to lay the beginning groundwork and skills needed to learn the sport and to introduce young athletes to the great game of water polo. Emphasis will be placed on: learning to eggbeater (tread water), catching and throwing the ball with one hand, passing techniques, swimming with the ball, head-up freestyle swimming, and beginning concepts of offense and defense. Children must be at a minimum Red Cross Level 4 swim ability and be able to tread water.

Class #25961	Jul 22 - Jul 25	9:00am - 12:00pm	Res \$170, N-Res \$200
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Intermediate Dive

Ages 11 - 17

This class offers a series of successful techniques that teach a progression of skills that promote body balance, spatial awareness, and intermediate-level water entry for diving, as well as emphasizing individual fundamental requirements and optional dives. Students should feel comfortable diving and in the deep end. Children must be at a minimum Red Cross Level 4 swim ability and be able to tread water.

Intermediate Polo

Ages 11 - 16

All campers must be able to show an LVL 4 Card, Swim competitively, and be able to tread water. A swim test will be given on the first day. Intermediate water polo drills and swim development are the focus of every practice session. The primary purpose of this camp is to lay the beginning groundwork and skills needed to learn more about the sport and to grow in skills. Children must be at a minimum Red Cross Level 4 swim ability and be able to tread water.

Class #25963 Jul 29 - Aug 1	9:00am - 12:00pm	Res \$170, N-Res \$200
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Aqua Olympics

Ages 7 - 14

Are you looking for a way to have fun and release your competitive spirit? Then join ARPD's 2024 Aqualympics. Consisting of swimming, fun pool challenges, Olympic-themed crafts, and more you are bound to have fun. Do you have what it takes to bring home the gold?

Class #25966 Aug 5 - Aug 8 12:00pm - 3:00pm Res \$170, N-Res \$2	s \$200
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Aqua Sports

Ages 7 - 14

Are you looking to end your summer with a bang? Aqua Sports Camp is the perfect way to do it. Students will make a splash playing fun sports and getting into the playful spirit.

ARPD AQUATIC & SPORTS CAMPS - YOUTH

Triathlon Camp:

Ages 10 - 14

Weekly and All-Summer Option Available

Triathlon-specific swim, biking, and running clinics for youth athletes of all levels and advanced junior swimmers! Build endurance, speed, and power in the water so you feel fresh heading out for the bike! Each class will include a warm-up, drills & skills, a main set, and a finish with triathlon-specific training. Pack swimming, deep water starts, and drafting are just a few examples. Athletes will not only get in a great swim workout, but also practice skills that will make them comfortable and competitive in the open water with other swimmers. Swimmers will get dropped off at the Encinal Swim Center with their bikes. Pick-up will be at the Alameda Point Gym.

Clas	Class #25967 Jun 11 - Aug 8 8:00am - 11:00am			
ΔII-	All-Summer Rate: Res \$1260, N-Res \$1440			Res \$170, N-Res \$200

ARPD SPORTS CAMPS

ARPD Sports Camps

Ages 3 - 14, June 17 - August 9

Camps can be combined to make it a Full Day Camp.

All Sports Camps: Full or Half Days Ages 5 - 12

Come join us for a fun filled summer where your kid will have the opportunity to meet and play with other kids around the community. Our All Sports program allows campers to experience a wide variety of sports and other athletic activities. Over the course of the week, campers will be introduced to traditional sports such as basketball, flag football and wiffleball. In addition, they will also have the chance to experience sports such as archery, pickle ball and games like capture the flag and dodgeball.

Class #25713 Ages 5-12 Full Days 9am - 4pm \$300 per week (*\$240 per week)		Alameda Point Gym
		Half Days 9am - 12pm or 1pm - 4pm \$175 per week (*\$140 per week)

Weeks: Jun 17 - Jun 21, Jun 24 - Jun 28, Jul 1 - 5* (No camp July 4th), Jul 8 - Jul 12, Jul 15 - Jul 19, Jul 22 - Jul 26, Jul 29 - Aug 2, August 5 - 9



Basketball Camps: Mornings

Ages 5-7 & 8-12

The Intro to Basketball Camp is designed for our youngest campers that are new to the sport. Campers receive an introduction to basketball and will learn basic concepts, terminology, and ball-handling movements from our encouraging and highly-skilled staff. Campers will play with more petite size balls and utilize adjustable hoops to accommodate their height and help improve their skills and confidence. These drills and techniques are paired with fun and competitive challenges to help our young campers stay engaged and hungry for more competition. Any Camper that does both the morning session 9-12 and the afternoon session 1-4 will be able to stay at the gym and have lunch 12-1 with staff.

Class #26164 Ages 5-7 & 8-12 Alameda Point Gym			
Half Days 9am -12pm, \$175 per week (*\$140 per week)			
Weeks: Jun 17 - Jun 21, Jun 24 - June 28, Jul 1 - 5* (No camp July 4th), Jul 8 - Jul 12, Jul 15 - Jul 19, Jul 22 - Jul 26, Jul 29 - Aug 2, Aug 5 - Aug 9			

Cross Country Camp: Afternoons

Ages 7-14

Welcome to ARPD's Cross Country Camp, where young runners, aged 7-14, embark on a journey of fitness and fun! Campers will engage in diverse workouts, such as scenic runs to build endurance, interval training for speed improvement, and dynamic drills to enhance running form. From hill sprints to team relay races, our program offers a holistic approach to cross country running. Join us for a week filled with varied workouts, expert coaching, and the thrill of conquering new running challenges!

Class #26171 Ages 7-14 Alameda Point Gym			
Half Days 1pm - 4pm, \$175 per week			
Weeks: Jun 24 - Jun 28, Jul 8 - 12, Jul 22 - Jul 26, Aug 5 - Aug 9			

Flag Football Camps: Afternoons

Ages 7 - 12

Our flag football camp is the perfect program for young athletes who want a complete introduction to the game of football. Campers will learn skills on both sides of the ball including the core components of passing, catching and defensive coverage. All of this is presented in a fun positive environment where your kid will participate in scrimmages with and against their friends.

Class #26169	Ages 7-12	Alameda Point Gym	
Half Days 1pm - 4pm, \$175 per week (*\$140 per week)			
Weeks: Jun 17 - Jun 21, Jul 1 - Jul 5* (No camp July 4th), Jul 15 - Jul 19, Aug 5 - Aug 9			

DONATE NOW!Support Alameda Parks



Not Just Sports Camp: Full Days

Ages 6 - 12

Welcome to the "Not Just Sports Camp": a full-day extravaganza designed for campers aged 6-12! Dive into a world of sports by learning the basics of the most popular ones during the first half of the day. The excitement doesn't stop there – the second half of the day brings various activities, including alternative sports, arts and crafts, and more! From fun and exciting sport activities to artful creations, our camp embraces a perfect balance of athletic development and creative exploration. Join us for a full day of fun, friendships, and a wide variety of enriching experiences.

Class #26172	Class #26172 Ages 6-12 Tillman Park		
Full Days 9am-4pm, \$300 per week (*\$240 per week)			
Jun 17 - Jun 21: Tennis Jun 24 - Jun 28: Outdoor Volleyb		Jun 24 - Jun 28: Outdoor Volleyball	
Jul 1 - Jul 5* (No camp July 4th): Soccer		Jul 8 - Jul 12: Tennis	
Jul 15 - Jul 19: Outdoor Volleyball		Jul 22 - Jul 26: Disc Golf	
Jul 29 - Aug 2nd: Tennis		Aug 5 - Aug 9: Tennis	

Pickleball Camps: Afternoons

Ages 5-7 & 8-12

Pickleball summer camp is a place where campers will learn the sport of Pickleball in a fun, exciting and nurturing environment. Campers will learn essential skills and techniques to help each camper improve their foundation and understanding of the sport.

Class #26177	Ages 5-7 & 8-12	Alameda Point Gym
Half Day 1 pm - 4pm, \$175 per week (*\$140 per week)		
Weeks: Jun 17 - Jun 21, Jul 1 - Jul 5* (No camp July 4), Jul 15 - 19, Jul 29 - Aug 2		

Introduction To Volleyball Camps: Mornings

Ages 5 to 13 Years

Our intro to volleyball camp provides a comprehensive coaching system for teaching individual skills and team play to entry level kids. We give our campers the kind of focused, intensive training essentials needed for improvement. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This co-ed program is designed to introduce your kid to volleyball and incorporates essential life lessons such as teamwork and life lessons. We complement this with fun activities and group games to practice these newly acquired skills. This camp is a great way to introduce your child to the popular sport of volleyball.

Class #26167	Ages 5-13	Alameda Point Gym	
Half Days 9am - 12pm, \$175 per week (*\$140 per week)			
Weeks: Jun 17 - Jun 21, Jun 24 - Jun 28, Jul 1 - Jul 5* (No camp July 4th), Jul 8 - Jul 12, Jul 15 - Jul 19, Jul 22 - Jul 26, Jul 29 - Aug 2, Aug 5 - Aug 9			

ARPD STEAM CAMPS

STEAM

Ages 6 - 11

Our program is filled with hands-on activities that allow children to explore a STEM curriculum based on educating children in four main academic disciplines- Science, technology, engineering/environment, art, and mathematics with a fun recreation twist. Each week will have themed STEM activities, as well as, traditional recreation fun (field time, arts & crafts, recreational games, etc.) Example Activities: Binary Code, Exo-skeleton Hand, Watercolor art, Musical chairs

ARPD Staff Leydecker Center		er	
WEEK 1: AVATAR: LAST AIRBENDER		- FULL DAY	
Class #25152	Jun 17 - Jun 21	M Tu W Th F	9:00am - 4:00pm
Res \$355, NRes	\$380	Extended Res \$	75, NRes \$125
WEEK 2: DC VS.	MARVEL - MORNIN	IG	
Class #25359	Jun 24 - Jun 28	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes \$	190	Extended Res \$	38, NRes \$63
WEEK 2: SPY - A	FTERNOON		
Class #25364	Jun 24 - Jun 28	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$	190	Extended Res \$	38, NRes \$63
WEEK 3: STAR W	ARS FOOD - MORN	IING	
Class #25380	Jul 1 - Jul 5 No class Jul 4	M Tu W F	9:00am - 12:30pm
Res \$230, NRes	\$255	Extended Res \$	38, NRes \$63
WEEK 3: JURASS	SIC WORLD - AFTER	NOON	
Class #25374	Jul 1 - Jul 5 No class Jul 4	M Tu W F	1:00pm - 4:00pm
Res \$ 175, NRes \$	190	Extended Res \$	38, NRes \$63
WEEK 4: DND -	MORNING		
Class #25394	Jul 8 - Jul 12	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes \$	190	Extended Res \$	38, NRes \$63
WEEK 4: PERCY.	JACKSON – AFTERN	OON	
Class #25393	Jul 8 - Jul 12	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$	190	Extended Res \$	38, NRes \$63
WEEK 5: DISNEY	- FULL DAY		
Class #25423	Jul 15 - Jul 19	M Tu W Th F	9:00am - 4:00pm
Res \$355, NRes	\$380	Extended Res \$	75, NRes \$125
WEEK 6: HARRY	POTTER FOOD - MO	ORNING	
Class #25435	Jul 22 - Jul 26	M Tu W Th F	9:00am - 12:30pm
Res \$230, NRes	\$255	Extended Res \$	38, NRes \$63
WEEK 6: BOARD	GAME - AFTERNO	N	
Class #25437	Jul 22 - Jul 26	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$ 190		Extended Res \$38, NRes \$63	
WEEK 7: BATTLE OF THE STARS: STAR WARS VS. STAR TREK - FULL DAY			
Class #25446	Jul 29 - Aug 2	M Tu W Th F	9:00am - 4:00pm
Res \$355, NRes	\$380	Extended Res \$	75, NRes \$125
WEEK 8: HARRY	POTTER - FULL DAY	•	
Class #25452	Aug 5 - Aug 9	M Tu W Th F	9:00am - 4:00pm
Res \$355, NRes	\$380	Extended Res \$75, NRes \$125	

ARTS & CRAFTS CAMPS

Art Camp with Ms. Y

Ages 6 - 14

Students paint, print, cut and color with Mrs. Y. as we create innovative and fun art projects to take home. Students create arts and craft projects, play games, take breaks, and meet new friends in a creative space at the park. Please pack a lunch and snack.

Class #24878	Jun 17 - Jun 21	M Tu W Th F	9:00am - 2:00pm*
\$387	JoAnne Yada	Lodge at Lincoln Park	
Class #24879	Jun 24 - Jun 28	M Tu W Th F	9:00am - 2:00pm*
\$387	JoAnne Yada	Lodge at Lincoln Park	
Class #24881	Jul 8 - Jul 12	M Tu W Th F	9:00am - 2:00pm*
\$387	JoAnne Yada	Lodge at Lincoln Park	
Class #24884	Jul 15 - Jul 19	M Tu W Th F 9:00am - 2:00pm	
\$387	JoAnne Yada	Lodge at Lincoln Park	
Class #24885	Jul 29 - Aug 2	M Tu W Th F 9:00am - 2:00pm	
\$387	JoAnne Yada	Lodge at Lincoln Park	

Young Rembrandts: Pastel Workshop - Across the Continents

Ages 8 - 13

Journey around the world in just 5 days with the vibrant medium of chalk pastels! We invite young artists to explore global cultures through their rich artistic traditions. Dive into the intricate patterns of New Zealand's Mori art, capturing the essence and spirit and channel the power and symbolism of African masks, each stroke telling a story.

Class #24907	Jun 24 - Jun 28	M Tu W Th F	9:30am - 12:30pm*
\$326	Kavita Parekh	Room 390 at Veteran's Memorial Building	

Young Rembrandts: Baby Animals

Ages 6 - 12

Embark on an enchanting 5-day journey through the diverse world of baby animals. Begin with the heartwarming realism of nature's young, from the gentle gaze of a fawn to playful otters. Transition into the whimsical Kawaii style, capturing those irresistibly cute, wide-eyed creatures. Add a twist as we imagine baby animals donning!

Class #24908	Jul 15 - Jul 19	M Tu W Th F	9:30am - 12:30pm*
\$326	Kavita Parekh	Room 390 at Veteran's Memorial Building	

* WOW-X: Extended Care

Care before and after camp will be available for an additional charge. Check ActiveNet for more information.

Young Rembrandts: Anime Manga

Ages 6 - 12

If you have Manga Mania, sign up for this class. Join Young Rembrandts for a 5-day drawing workshop. We will be drawing and cooking all the things ANIME! Artists will learn to draw their own anime style characters ranging from easy to challenging. This is a great way to perfect those skills and learn new manga tricks.

Class #24909	Jul 29 - Aug 2	M Tu W Th F	9:30am - 12:30pm*
\$326	Kavita Parekh	Room 390 at Veteran's Mer	morial Building

ARTS & ENTERTAINMENT CAMPS

Dance Camp

Ages 5 - 11

Join the rhythm, feel the beat and dance your heart out this summer holidays! Explore a variety of dance styles from hip hop and jazz to salsa and cha cha. Learn new moves, make new friends, and build confidence in a supportive and fun-filled environment.

Class #24892	Jul 8 - Jul 12	M Tu W Th F	9:30am - 12:30pm*
\$258	Kate Barnes	Auditorium Roor at Veteran's Mer	7 7

Performing Arts Camp

Ages 5 - 11

Learn acting and dancing in one camp! Join the rhythm, feel the beat and play your character while you learn to hip hop, jazz, and salsas well as fun acting exercises, improv, and scriptwork. Make new friends and have fun in a supportive environment.

Class #24891	Jul 22 - Jul 26	M Tu W Th F	9:30am - 12:30pm*
\$258	Kate Barnes	Auditorium Room	



DANCE CAMPS

ABA: Summer Ballet Camp

Ages 4 - 11

Along with their daily dance class, children learn about and watch a different famous classical ballet each week. They explore their own creativity through exercise in movement concepts. Students also learn valuable lessons about anatomy, dance history and vocabulary.

Class #24861	Jul 8 - Jul 12	M Tu W Th F	9:00am - 12:00pm
\$258	ABA Staff	Alameda Ballet Academy, 1402 Park Street	
Class #24862	Jul 15 - Jul 19	M Tu W Th F 9:00am - 12:00pm	
\$258	ABA Staff	Alameda Ballet Academy, 1402 Park Street	
Class #24863	Jul 22 - Jul 26	M Tu W Th F 9:00am - 12:00pm	
\$258	ABA Staff	Alameda Ballet Academy, 1402 Park Street	
Class #24864	Jul 29 - Aug 2	M Tu W Th F 9:00am - 12:00pm	
\$258	ABA Staff	Alameda Ballet Academy, 1402 Park Street	

ENRICHMENT CAMPS

Chess Wizards Summer Camp

Ages 6 - 13

Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. All students will receive a trophy, puzzle folder, and wizards t-shirt. Come join the fun!!!

Class #24479	Jul 8 - Jul 12	M Tu W Th F	9:00am - 12:00pm*
\$335	Chess Wizards	Room 280 at Veteran's Memorial Building	
Class #24873	Jul 8 - Jul 12	M Tu W Th F	12:00pm - 3:00pm*
\$335	Chess Wizards	Room 280 at Veteran's Memorial Building	
Class #24875	Jul 29 - Aug 2	M Tu W Th F	9:00am - 12:00pm*
\$335	Chess Wizards	Room 280 at Veteran's Memorial Building	
Class #24874	Jul 29 - Aug 2	M Tu W Th F	12:00pm - 3:00pm*
\$335	Chess Wizards	Room 280 at Veteran's Memorial Building	

* WOW-X: Extended Care

Care before and after camp will be available for an additional charge. Check ActiveNet for more information.



Incrediflix: Animation & Action Stop Motion

Ages 7 - 14

Join us for the full day combo for a discount plus free lunch supervision! Please see both half-day descriptions. Bring snack, lunch and a drink. *\$70 Production fee is included in the price of the camp. Flix will be emailed within a month after camp ends directly to participant.

Class #24906	Jul 8 - Jul 12	M Tu W Th F	9:00am - 4:00pm*
\$739	Incredi Flix	Room 390 at Veteran's N	lemorial Building

Incrediflix: Action Movie Flix

Ages 7 - 14

In this fast paced class, you will create up to four new stop motion movies using different medium each day! Animate care, film with green screen, and new for 2024 you create a 2D Mario movie plus more! *\$35 Production fee included in the price of the camp.

Class #24904	Jul 8 - Jul 12	M Tu W Th F	9:00am - 12:00pm*
\$387	Incredi Flix	Room 390 at Veteran's M	lemorial Building

Incrediflix: Action Stop Motion Flix

Ages 7 - 14

Use stop motion tricks to create fires, explosions, and even floods as your characters can battle it out or work together to save the day in this action packed stop motion class. You'll work in small groups to storyboard, create the action, film and voice-over.

Class #24905	Jul 8 - Jul 12	M Tu W Th F	1:00pm - 4:00pm*
\$387	Incredi Flix	Room 390 at Veteran's M	emorial Building

Mad Science: Little Green Thumbs

Ages 4 - 6

Flowers and minds can't blossom without STEMs. This camp is specially designed for inquisitive pre-K or Kindergardeners. Kids discover how to paint with wind, build a bug model, start their own garden and learn what nature needs to make their plants grow! Note: A material fee of \$30 needs to be paid to Instructor on the first day!

Class #24934	Jun 17 - Jun 21	M Tu W Th F	9:00am - 12:00pm*
\$335	Mad Science	Room 390 at Veteran's M	emorial Building

Mad Science: Wacky Robots and Widgets

Ages 7 - 12

Whether you love to build things or destroy them, this camp includes lots of both! Design and build structures using simple tools and your imagination! The machine madness starts when you discover how different machines, both simple and complex, are used in our daily lives Note: A material fee of \$30 needs to be paid to Instructor on the first day!

Class #24935	Jun 24 - Jun 28	M Tu W Th F	9:00am - 12:00pm*
\$335	Mad Science	Harrison Center at Lincoln Park at Lincoln Park	
Class #24936	Jun 24 - Jun 28	M Tu W Th F	9:00am - 3:00pm*
\$552	Mad Science	Harrison Center at Lincoln Park at Lincoln Park	

Mad Science: NASA: Journey into Outer Space

Ages 6 - 11

Mad Science and NASA have teamed up to bring you the excitement and wonder of space in this new voyage of discovery. See the principles of thrust and propulsion at work as we explore the atmosphere on earth and beyond! It?s out of this world! Note: A material fee of \$30 needs to be paid to Instructor on the first day!

Class #24937	Jul 15 - Jul 19	M Tu W Th F	9:00am - 12:00pm*
\$335	Mad Science	Harrison Cente at Lincoln Park	er at Lincoln Park

Mad Science: Reactions in Action

Ages 6 - 11

Dive into the realms of the Chemical and Physical world in this crazy week of non-stop action? and Reaction! Explore our wonder lab and perform spectacular hands-on experiments and continue the fun at home with the gadgets you?ve designed in the lab! Note: A material fee of \$30 needs to be paid to Instructor on the first day!

Class #24938	Jul 22 - Jul 26	M Tu W Th F	9:00am - 12:00pm*
\$335	Mad Science	Lodge at Lincoln Park	
Class #24939	Jul 22 - Jul 26	M Tu W Th F	9:00am - 3:00pm*
\$552	Mad Science	Lodge at Lincoln Park	

Mad Science: Spy Academy

Ages 6 - 11

From decoding messages to metal detectors and night vision, campers check out spy tech equipment and take-home lots of gadgets! Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis! Become a super spy and learn clever ways of performing tasks as we take a hands-on view of the science that spies and detectives use! Note: A material fee of \$30 needs to be paid to Instructor on the first day!

Class #24941	Aug 5 - Aug 9	M Tu W Th F	9:00am - 12:00pm*
\$335	Mad Science	Lodge at Lincoln Park	
Class #24940	Aug 5 - Aug 9	M Tu W Th F	9:00am - 3:00pm*
\$552	Mad Science	Lodge at Lincoln Park	

Play-Well: STEM Adventures w/LEGO's

Ages 5 - 8

Let your imagination run wild with tens of thousands of LEGO parts! Build engineer-designed projects and use special pieces to create your own unique designs! Come explore the endless creative possibilities of LEGO building systems.

Class #24910	Jun 17 - Jun 21	M Tu W Th F	9:00am - 12:00pm*
\$214	Play-Well	Harrison Cent	er
	TEKnologies	at Lincoln Park	k at Lincoln Park

Play-Well: STEM Exploration w/LEGO's

Ages 7 - 12

Master your engineering skills with PLAY-WELL TEKnologies and tens of thousands of LEGO parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. Design, Build, Explore like never before!

Class #24911	Jun 17 - Jun 21	M Tu W Th F	1:00pm - 4:00pm*
\$214	Play-Well	Harrison Cent	er
	TEKnologies	at Lincoln Park	c at Lincoln Park

Play-Well: STEM & POKEMON w/LEGO's

Ages 5 - 8

Prepare for a full-day LEGO camp packed with hands-on STEM fun! First, build projects inspired by cool machines while applying real-world concepts in engineering and architecture. Then join Ash and Pikachu to explore the vast world of Pokèmon! Bring a bag lunch and snacks.

Class #24912	Jul 8 - Jul 12	M Tu W Th F	9:00am - 4:00pm*
\$533	Play-Well TEKnologies	Harrison Center at Lincoln Park at Lincoln Park	

Play-Well: Minecraft Engineering w/LEGO's

Ages 5 - 8

Venture into the world of Minecraft in our unique LEGO experience. Get Ready to build your base, craft your tools, use your Minecraft to harvest raw materials and battle to stop the Ender Dragon from ending the world. Come & explore!

Class #24913	Jul 22 - Jul 26	M Tu W Th F	9:00am - 12:00pm*
\$267	Play-Well	Harrison Cente	er
	TEKnologies	at Lincoln Park	at Lincoln Park

*WOW-X: Extended Care

Care before and after camp
will be available
for an additional charge.
Check ActiveNet
for more information.



YOUTH - ENRICHMENT, MARTIAL ARTS & SAILING CAMPS

Play-Well: Minecraft Master Engineering w/LÉGO's

Ages 7-12

Bring your favorite Minecraft adventure to life with our enthusiastic PLAY-WELL instructors. In a Minecraft world powered by LEGO resources, we build shelters, craft mystical items, and perfect our crossbow skills to stop the Wither!

Class #24914	Jul 22 - Jul 26	M Tu W Th F	1:00pm - 4:00pm*
\$267	Play-Well	Harrison Cent	er
	TEKnologies	at Lincoln Park	c at Lincoln Park

Play-Well: Transportation Engineering w/LEGO's

Ages 5 - 8

Break the sound barrier on a supersonic jet, deliver cargo by train, and explore a swamp in your airboat. Build and create different modes of transportation out of more than 20,000 pieces of LEGO, all the while learning about engineering concepts!

Class #24916	Jul 29 - Aug 2	M Tu W Th F	9:00am - 12:00pm*
\$267	Play-Well TEKnologies	Harrison Cent at Lincoln Park	er c at Lincoln Park

Play-Well: BASH'em BOTS using LEGO's

Ages 7-12

Design your custom LEGO bot to take on any challenge. Mix and match chassis designs using wheels, treads, or walking legs. Combine these with tools like drills, hammers, and battering rams as you refine your masterpiece by sparring with friends!

Class #24915	Jul 29 - Aug 2	M Tu W Th F	1:00pm - 4:00pm*
\$267	Play-Well	Harrison Cent	er
	TEKnologies	at Lincoln Park	at Lincoln Park

* WOW-X: Extended Care

Care before and after camp will be available for an additional charge. Check ActiveNet for more information.



MARTIAL ARTS CAMP

Hanabi Judo: Pokemon Camp

Ages 5 - 16

Pokèmon Camp is a fun, active adventure in physical and cultural education for children from 5 to 15. In addition to Pokèmon, this Hanabi Judo camps introduces Manga, Painting, Origami, Martial Arts, and more around our weekly themes. There is a \$30 materials fee payable to the Instructor at the first class.

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Class #24923	Jun 17 - Jun 21	M Tu W Th F	9:00am - 3:00pm	
\$505	Hanabi Judo	Auditorium Room 250 at Veteran's Memorial Building		
Class #24924	Jun 24 - Jun 28	M Tu W Th F	9:00am - 3:00pm	
\$505	Hanabi Judo	Auditorium Roo at Veteran's Me	om 250 emorial Building	
Class #24925	Jul 1 - Jul 5*	M Tu W F	9:00am - 3:00pm	
\$464	Hanabi Judo	Auditorium Room 250 at Veteran's Memorial Building		
No camp Jul 4				
Class #24943	Jul 8 - Jul 12	M Tu W Th F	9:00am - 3:00pm	
\$505	Hanabi Judo	Chochenyo - Open Space (North) at Chochenyo Park		
Class #24926	Jul 15 - Jul 19	M Tu W Th F	9:00am - 3:00pm	
\$505	Hanabi Judo	Auditorium Roa at Veteran's Me	om 250 emorial Building	
Class #24927	Jul 22 - Jul 26	M Tu W Th F	9:00am - 3:00pm	
\$505	Hanabi Judo	Room 280 at Veteran's Me	emorial Building	
Class #24928	Jul 29 - Aug 2	M Tu W Th F	9:00am - 3:00pm	
\$505	Hanabi Judo	Auditorium Room 250 at Veteran's Memorial Building		
Class #24929	Aug 5 - Aug 9	M Tu W Th F	9:00am - 3:00pm	
\$505	Hanabi Judo	Auditorium Room 250 at Veteran's Memorial Building		

SAILING CAMP

ACSC: Discover Sailing Camp for Beginners

Ages 7 - 12

ACSC's full-day two week Discover Sailing Camp is for children who are brand new to sailing. Campers play games on water and shore and learn how to sail a small youth sailboat.

Class #24828	Jul 29 - Aug 9	M Tu W Th F	8:45am - 3:45pm
	Alameda Community Sailing	Alameda Con Encinal Boat I	nmunity Sailing Center, Ramp

SCIENCE CAMPS

Athena Coding: Roblox Game Design and Coding with Lua

Ages 7 - 12

Bring your game ideas to life in Roblox! We guide you through game development from idea to finished product. Use Lua programming in Roblox's 3D design studio, mastering real-world concepts. Our unique, collaborative approach fosters creativity and practical skills, suitable for all coding levels. PC or Mac laptop required (iPad/Chromebook are incompatible). Computer rentals are available from Athena for a \$60 fee.

Class #24882	Jun 17 - Jun 21	M Tu W Th F	9:00am - 12:00pm*
\$361		Squadron Room at Albert H. DeW	/itt Officers' Club

Athena Coding: Athena's Architects: Lego Design

Ages 6 - 12

Ignite your child's Lego passion with Athena's Architects - an imaginative launchpad exploring structural design, symmetry, and aesthetics. Weekly themes span futuristic cityscapes to medieval castles. Unique STEM Lego Challenges blend physics, engineering, and robotics, fostering confidence and friendships. Join a community of young architects, engineers, and storytellers!

Class #24888	Jun 24 - Jun 28	M Tu W Th F	9:00am - 12:00pm*
\$326	Athena Coding	Squadron Roc at Albert H. D	om eWitt Officers' Club

Athena Coding: Olympic Chess

Ages 6 - 12

Learn Chess with Athena! We've designed a high energy, stimulating approach to chess that is great for all ages. Students will spend much of their time playing each other and challenging the instructor. At the beginning of each class, students are challenged with puzzles. They will learn movements, strategy, openings, variants, and more!

Class #24890	Jul 1 - Jul 5	M Tu W F	9:00am - 12:00pm*
\$239	Athena Coding	Squadron Room at Albert H. DeWitt Officers' Club	
No class Jul 4			

Athena Coding: Minecraft Coding and Design Studio

Ages 6 - 12

Using Minecraft Educational, our course covers Game Design, Animation and Storytelling, Programming, Architecture and Design, electrical circuitry using Minecraft's Redstone circuit system, Logic gates, Modding and more! Computer, iPad, or Chromebook required. Rentals provided for a \$40 fee.

Class #24899	Jul 8 - Jul 12	M Tu W Th F	9:00am - 12:00pm*
\$326	Athena Coding	Squadron Room at Albert H. DeW	'itt Officers' Club

Athena Coding: Junior Alchemists - Chemistry for Kids

Ages 6 - 12

Junior Alchemists will pique interest in scientific inquiry and introduce students to a deeper understanding of its development and application. We allow them to see the basic principles of science in the world around them, using experiments such as vinegar and baking soda volcanoes, writing in invisible ink, and designing roller coasters.

Class #24901	Jul 8 - Jul 12	M Tu W Th F	1:00pm - 4:00pm*
\$326	Athena Coding	Squadron Room at Albert H. DeW	'itt Officers' Club

Athena Coding: Hollywood Filmmaking

Ages 8 - 12

From the writer's room to the silver screen, we'll guide you as you turn your idea into an amazing script and then we'll help you bring it to life! All students are divided into production teams to brainstorm ideas, draft a script, act out their own scripts, shoot with iPads, and edit their movies. Films are shown at the end of class!

Class #24918	Jul 15 - Jul 19	M Tu W Th F	9:00am - 12:00pm*
\$326	Athena Coding	Squadron Room at Albert H. DeW	/itt Officers' Club

Athena Coding: Dungeons and Dragons

Ages 7 - 12

Our exciting and imaginative program provides a fun and engaging way for students to develop their social, problem-solving, and teamwork skills while exploring the thrilling world of D&D. Dungeon Masters will guide students through a fantastical world filled with monsters, treasure, and challenges, while they work together to overcome obstacles and complete guests.

Class #24919	Jul 15 - Jul 19	M Tu W Th F 1:00pm - 4:00pm*	
\$326	Athena Coding	Squadron Room at Albert H. DeWitt Officers' Club	

Athena Coding: Al Adventures

Ages 7 - 12

Our AI course introduces children to Artificial Intelligence, fostering creativity. Engaging with cutting-edge technologies like ChatGPT, Stable Diffusion, DALL-E, and Novel.ai, they create chatbots, animations, stories, and films, developing critical thinking and collaboration skills. Expert instructors guide them, unveiling the limitless possibilities of AI. Laptop, Chromebook, or iPad required. Rentals available for a \$40 fee.

Class #24920	Jul 22 - Jul 26	M Tu W Th F	9:00am - 12:00pm*
\$326	Athena Coding	Squadron Roc at Albert H. D	om eWitt Officers' Club

* WOW-X: Extended Care

Care before and after camp will be available for an additional charge. Check ActiveNet for more information.

YOUTH - SCIENCE & SPORTS CAMPS & RAP

Athena Coding: Da Vinci's Workshop

Ages 6 - 12

Join us today to create your own masterworks; no experience required! Our Renaissance instructors will guide your child through exciting new lessons every class! Students will learn fundamental artistic skills in a variety of mediums including acrylic painting, watercolors, clay sculptures, cartoons, sketching and drawing.

Class #24921	Jul 22 - Jul 26	M Tu W Th F	1:00pm - 4:00pm*
\$326	Athena Coding	Squadron Roo at Albert H. De	om eWitt Officers' Club

Athena Coding: Game Design & Animation

Ages 6 - 12

Join us for a project-based learning experience blending storytelling with coding. The course introduces young minds to programming using MIT's Scratch and Python via code.org. Students bring ideas to life, creating interactive games and animations. Our environment fosters digital literacy, computational thinking, and problem-solving skills. Laptop, Chromebook, or iPad required. Rentals available for a \$40 fee.

Class #24922	Jul 29 - Aug 2	M Tu W Th F	9:00am - 12:00pm*
\$326	Athena Coding	Squadron Room at Albert H. DeW	/itt Officers' Club

SPORTS CAMPS

KSB Skate Dojo: Skateboarding Camp

Ages 5 - 18

KSB Skate Dojo will teach the basics and fundamentals of Skateboarding. Skateboarding helps build confidence and is a great, creative activity. There is a rental fee for a skateboard (\$50), helmet (\$50) and/or pads (\$50) per week, payable to the instructor on the first day.

	T		
Class #24811	Jun 17 - Jun 21	M Tu W Th F	9:00am - 3:00pm
\$309	KSB Skate Dojo	City View Skat	e Park
Class #24812	Jun 24 - Jun 28	M Tu W Th F	9:00am - 3:00pm
\$309	KSB Skate Dojo	City View Skat	e Park
Class #24813	Jul 8 - Jul 12	M Tu W Th F	9:00am - 3:00pm
\$309	KSB Skate Dojo	City View Skat	e Park
Class #24814	Jul 15 - Jul 19	M Tu W Th F	9:00am - 3:00pm
\$309	KSB Skate Dojo	City View Skat	e Park
Class #24815	Jul 22 - Jul 26	M Tu W Th F	9:00am - 3:00pm
\$309	KSB Skate Dojo	City View Skat	e Park
Class #24816	Jul 29 - Aug 2	M Tu W Th F	9:00am - 3:00pm
\$309	KSB Skate Dojo	City View Skat	e Park
Class #24818	Aug 3 - COMPETIT	ON Sa	9:00am - 3:00pm
\$21	KSB Skate Dojo	City View Skat	e Park
Class #24817	Aug 5 - Aug 9	M Tu W Th F	9:00am - 3:00pm
\$309	KSB Skate Dojo	City View Skat	e Park

NAofA Cheer and Dance Camp

Ages 7 - 12

The National Academy of Athletics presents cheer and dance camp. This camp packs a ton of fundamentals, as well as simple fun routines and performance skills! Youth will learn stretching techniques for flexibility, balance, rhythm, and coordination. Cheer and Dance teaches youth about teamwork, trust, and the importance of practice and dedication. The staff guides campers through the process of improving their individual skills, understanding basic cheer concept and building confidence while having tons of fun!

Class #24933	Jul 15 - Jul 19	M Tu W Th F	9:00am - 12:00pm*
\$194	Aaron Locks	Harrington Field	

NAofA Jr. Academy Soccer Camp

Ages 4 - 6

The National Academy of Athletics Junior Academy soccer camp will introduce campers to the fundamentals of soccer. Campers will learn to kick and stop the ball with their feet. Coaches will use positive reinforcement as they learn to dribble, pass, shoot, and play games!

Class #24930	Jun 24 - Jun 28	M Tu W Th F	9:00am - 12:00pm*
\$194	Aaron Locks	Harrington Field	
Class #24931	Jul 8 - Jul 12	M Tu W Th F	9:00am - 12:00pm*
\$194	Aaron Locks	Harrington Field	
Class #24932	Jul 22 - Jul 26	M Tu W Th F	9:00am - 12:00pm*
\$194	Aaron Locks	Harrington Field	

RAP

Rec Afterschool Program - RAP

August 26, 2024 to June 5, 2025 Grades K - 5

More information about ARPD's 2024-25 Recreation Afterschool Program (RAP), including fees, schedule, and registration process, will be available at RAP sites and on the ARPD website after May 1st. RAP is open to students enrolled in kindergarten through fifth grades. All new and returning participants need to register at the beginning of each school year.

ONLINE REGISTRATION STARTS ON WEDNESDAY, JUNE 26th at 10:00am

FALL Session: August 26 - November 22, 2024

Please note that RAP does not start on the first day of school *A minimum of 8 students must be registered, at a school, in order

to be a RAP Pick-Up Site.

For more information about our RAP Program and Online

For more information about our RAP Program and Online Registration, please visit www.alamedaca.gov/Departments/ Recreation-Parks/Recreation-Afterschool-Program-RAP

* WOW-X: Extended Care

Care before and after camp will be available for an additional charge. Check ActiveNet for more information.

DANCE CLASSES

Ballet 1

Ages 6 - 8

Students learn the concepts of abdominal control and "turnout from the hip" as well as stretching, strengthening, and coordination. Includes full barre and center work. See website for uniform information.

Class #24852	Jun 29 - Aug 3	Sa	10:30am - 11:15am
\$170	ABA Staff	Alameda Ballet 1402 Park Stre	

Dance With Me Ballet

Ages 3 - 4

For our youngest dancers (ages 3-4) plus one caregiver! Dancers, along with a parent/guardian, learn the basics of Ballet and get acclimated to the Ballet class environment. Good for kids who deal with separation anxiety. See website for uniform information.

Class #24859	Jun 29 - Aug 3	Sa	9:30am - 10:15am
\$155	ABA Staff	Alameda Ballet Academy, 1402 Park Street	

Kids Dance Fitness

Ages 5 - 11

This fun dance class is sure to keep kids positive, focused and fit! Exercise the entire time while learning the foundational steps and movements from various dances genres including jazz, hip hop, latin, and more.

Class #24889	Jun 22 - Aug 3	Sa	10:00am - 10:50am
\$116	Kate Barnes	Auditorium F at Veteran's	Room 250 Memorial Building

Pre-Ballet

Ages 4 - 5

Students are exposed to the basic concepts, rhythms and positions of ballet. They also learn proper classroom etiquette in a fun, creative and focused environment. See website for uniform information.

Class #24851	Jun 29 - Aug 3	Sa	10:30am - 11:15am
\$155	ABA Staff	Alameda Bal 1402 Park St	





MARTIAL ARTS CLASSES

Aikido for Kids

Ages 5 - 15

Our kids Aikido program involves various exercises catered to children in order to promote their mental awareness, physical capabilities, and coordination skills which build healthy values, character, and self-esteem. There is a \$30 fee for gi/uniform, payable to Instructor on first day. One registration per child per family, please.

Class #24771	Jun 18 - Jul 10	Tu W	4:30pm - 5:10pm
\$67	Alameda Aikikai	2429 Clement Ave., Alameda, CA	
Class #24772	Jun 18 - Jul 10	Tu W	5:15pm - 5:45pm
\$67	Alameda Aikikai	2429 Clement	Ave., Alameda, CA
Class #24773	Jul 16 - Aug 7	Tu W	4:30pm - 5:10pm
\$67	Alameda Aikikai	2429 Clement	Ave., Alameda, CA
Class #24774	Jul 16 - Aug 7	Tu W	5:15pm - 5:45pm
\$67	Alameda Aikikai	2429 Clement Ave., Alameda, CA	

Wado Kai Karate

Ages 8+

Traditional Japanese karate style that emphasizes natural movements, precision, timing, and is suitable for all ages. Improve your flexibility and stamina, develop inner strength and calmness of character while learning how to react to any situation.

TUESDAY OR SATURDAY 1 class per week option! Students may attend, Tue. or Sat.					
Class #24820	24820 Jun 18 - Aug 6 Tu OR Sa 5:00pm - 6:30pm				
\$124	Mikhail Faiguenblat Auditorium Room 250 at Veteran's Memorial Building				
TUESDAY AND SATURDAY 2 class per week option; students may attend Tue. AND Sat.					
Class #24819	Jun 18 - Aug 6 Tu AND Sα 5:00pm - 6:30pm				
\$155	Mikhail Faiguenblat	Auditorium Room 250 at Veteran's Memorial Building			

Youth laido

Ages 10 - 17

Classical Japanese sword art that is over 450 years old. Develop awareness, calm mind, mental and physical harmony, and achieve victory without having to unsheathe the sword. Beginners welcome!

Class #24825	Jun 20 - Aug 8	Th	4:50pm - 6:00pm
\$109	Mikhail Faiguenblat	Auditorium Ro at Veteran's N	oom 250 Nemorial Building
No class Jul 4			

TWEENS & TEENS - ADVENTURE & SAILING CAMPS

TWEEN ADVENTURE CAMP

Tween Summer Adventure Camp

Grades Incoming 6 - 8

*Trip Price and Times are Available Online

The 2024 Tween Summer Adventure Camp is almost here. Our week long sessions are fun, engaging, educational and recreational. Each week offers an affordable and well-supervised program which includes an AWESOME field trip, plus local walking excursions, arts and crafts, sports, outdoor physical games, special events and much more! Your tween will make new friends, try new and exciting activities and leave with amazing memories. Registration is available per week (no single days allowed).

On non-trip days, Camp is located at Longfellow Park (520 Lincoln Ave). Drop-off is 8:00 a.m. and pick-up no later than 5:30 p.m. Full payment is required at time of registration. Please send your child with a packed lunch and refillable water bottle. Simple snacks (goldfish, granola bar, fruit and Trail mix) will be provided in the morning and afternoon. Additional snacks (Candy bars, Gatorade, chips and Cup of Noodles) will be available for purchase.

Field trips are on Thursdays of each session (except Session 3 and Session 4 (camping trip, 7/9 - 7/11). Pick-up and drop-off for field trips takes place at the Underground Teen Center, unless noted otherwise (2203 Central Avenue at Walnut Street). Trips and trip times are subject to change.

WEEK 1	Jun 17 - Jun 21	Class #24735	Six Flags Discovery Kingdom
WEEK 2	WEEK 2 Jun 24 - Jun 28 Class #24753		** iFly (Indoor Skydiving)
WEEK 3	Jul 1 - Jul 5	Class #24754	**Quarry Park Adventure
WEEK 4	Jul 8 - Jul 12*	Class #24759	Camping Trip at Lake Del Valle
WEEK 5	Jul 15 - Jul 19	Class #24760	** White Water Rafting
WEEK 6	Jul 22 - Jul 26	Class #24761	Six Flags Hurricane Harbor
WEEK 7	Jul 29 - Aug 2	Class #24762	** Sea Horse Ranch
WEEK 8	Aug 5 - Aug 9	Class #24763	Santa Cruz Beach Boardwalk
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Longfellow Park, 520 Lincoln Avenue

 * Tu W Th only; ** Waiver is needed for tween/ teen to attend the trip.

Summer Adventure Camp and Day Trips

Please Note: A valid Parent/guardian email address must be provided at registration. ARPD Teen Staff will send important information via email to parents/guardians prior to each camp week (waiver information, what to bring, drop-off times, etc.) If a waiver is not signed prior to trip day, your tween will not be able to attend the trip and you will be called to pick your tween up.

Parents must state 1) Whether their tween must remain with Leader on the trips or if he/she has permission to stay with a buddy and must check-in with Leaders at designated times; and 2) Whether or not their tween may sign-in and sign-out by themselves each day and the time they can sign out. Cancellations and Withdrawal Fee: A \$20 fee will be assessed to withdraw your tween/teen from a camp session, and must be requested no later than the Monday, 7 Days prior to the first day of camp. No refunds will be issued for withdraws made thereafter. Late pick-ups are \$1 per minute, per child; fees will be added to your ARPD account.

Summer Day Trips

Grades Incoming 6 - 12, Trip Price and Times are Available Online Join ARPD for an exciting and affordable Summer Day Trip! With a wide variety of trips, we've got something for everybody! Join your friends, or make new ones. Register soon, space is extremely limited! Pick-up and drop off is at the Underground Teen Center (2203 Central Avenue at Walnut Street) unless noted otherwise. Trips are subject to change. If you have questions, call (510) 747-7529. Full payment is required at time of registration. Please send your child with a packed lunch and refillable water bottle.

Jun 20	Th	Class #24733	Six Flags Discovery Kingdom	
Jun 27	Th	Class #24744	** iFly (Indoor Skydiving)	
Jul 5	F	Class #24745	**Quarry Park Adventure	
Jul 9-11	Tu-Th	Class #24750	Camping Trip at Lake Del Valle	
Jul 18	Th	CLass #24746	** White Water Rafting	
Jul 25	Th	Class #24747	Six Flags Hurricane Harbor	
Aug 1	Th	Class #24748	** Sea Horse Ranch	
Aug 8	Th	Class #24749	24749 Santa Cruz Beach Boardwalk	
** Waiver is needed for tween/ teen to attend the trip.				

SAILING CAMP

ACSC: Teen Sailing Camp for Beginners

Aaes 13 - 16

Learn to independently sail a small boat at ACSC. This two-week full-day camp is for teens who are brand new to sailing. Develop your safe-boating skills in a fun, supportive environment.

Class #24830	Jun 17 - Jun 28	M Tu W Th F 9:30am - 4:30pm	
\$974	Alameda Community Sailing		munity Sailing Center, amp



STEAM CAMPS

STEAM

Ages 12-14

Our program is filled with hands-on activities that allow teens to explore challenges through various experiences that are S.T.EM. curriculum based. The curriculum is based on the idea of educating children in four main academic disciplines- Science, Technology, Engineering, and Mathematics, with a fun recreational twist. These camps are intended to show campers how STEM shapes their world, including their hobbies and interests. Each week your youth will design, build, and test several different approaches to STEM. Example Activities: Coding, Exo-skeleton Hand, Holograms, Environmental Sciences, etc.

ARPD Staff		Leydecker Park	
WEEK 1: DND - FULL DAY			
Class #25466	Jun 17 - Jun 21	M Tu W Th F	9:00am - 4:00pm
Res \$355, NRes	\$380	Extended Res \$75	, NRes \$125
WEEK 2: STAR \	WARS - FULL DAY		
Class #25475	Jun 24 - Jun 28	M Tu W Th F	9:00am - 4:00pm
Res \$355, NRes	\$380	Extended Res \$75	, NRes \$125
WEEK 3: SNACI	K VS. CHEF - FULL	DAY	
Class #25483	Jul 1 - Jul 5	M Tu W F	9:00am - 4:00pm
Res \$355 , NRe	s \$380	Extended Res \$75	, NRes \$125
No class Jul 4			
WEEK 4: GAMII	NG - FULL DAY		
Class #25488	Jul 8 - Jul 12	M Tu W Th F	9:00am - 4:00pm
Res \$355 , NRe	s \$380	Extended Res \$75	, NRes \$125
WEEK 5: ANIM	E - MORNING		
Class #25571	Jul 15 - Jul 19	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes	\$190	Extended Res \$38	, NRes \$63
WEEK 5: ENVIR	ONMENTAL - AFT	ERNOON	
Class #25572	Jul 15 - Jul 19	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes	\$190	Extended Res \$38	, NRes \$63
WEEK 6: STAR \	WARS FOOD - MC	RNING	
Class #25575	Jul 22 - Jul 26	M Tu W Th F	9:00am - 12:30pm
Res \$230, NRes	\$ \$255	Extended Res \$38	, NRes \$63
WEEK 6: JURAS	SIC WORLD - AFT	ERNOON	
Class #25576	Jul 22 - Jul 26	M Tu W Th F	12:30pm - 4:00pm
Res \$ 175, NRes	\$190	Extended Res \$38	, NRes \$63
WEEK 7: PERCY	JACKSON - MOR	NINGS	
Class #25580	Jul 29 - Aug 2	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes	\$190	Extended Res \$38	, NRes \$63
WEEK 7: MARVEL COMICS - AFTERNOON			
Class #25587	Jul 29 - Aug 2	M Tu W Th F	12:30pm - 4:00pm
Res \$ 175, NRes	\$190	Extended Res \$38	, NRes \$63
WEEK 8: HARRY	POTTER - AFTER	NOON	
Class #25586	Aug 5 - Aug 9	M Tu W Th F	9:00am - 4:00pm
Res \$355, NRes	\$380	Extended Res \$75	, NRes \$125

DRIVER'S ED

Online Driver's Ed Course

Ages 15+

DMV allows teens to receive their Learner's Permit at age 15 1/2 and a license at age 16. This mandatory class is the FIRST required step that must be completed for drivers under 18. This is an online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more at your own pace. A licensed instructor is available to answer any questions. Receive DMV-approved Certificate of Completion. Registration is on-going.

Class #24767	Jun 17 - Aug 9	12:00am - 12:00am
\$52	Bay Area Driving School	Online Course - Take At Your Own Pace

Virtual Driver's Ed

Ages 15+

This is a virtual Driver's Education class with a live instructor. Students will enjoy a series of Driver's Education lectures, including understanding the responsibilities of having a driver's license, learning the rules of the road. Independent assignments will also be completed during the week. Receive a DMV-approved certificate. This is a mandatory class for drivers under 18.

Class #24768	Jun 17 - Jun 21	M Tu W Th F	9:00am - 12:00pm
\$212	Bay Area Driving School		Virtual Class
Class #24769	Jul 8 - Jul 11	M Tu W Th F	9:00am - 12:00pm
\$212	Bay Area Driving School		Virtual Class
Class #24770	Jul 29 - Aug 1	M Tu W Th F	9:00am - 12:00pm
\$212	Bay Area Driving School		Virtual Class

TEEN CENTER

Underground Teen Center Summer 2024 - Drop In

Incoming Grades 6 - 12

The Underground Teen Center (UTC) provides a safe place for tweens and teens to have fun, socialize with friends, and participate in active and enriching activities with adult supervision. The UTC has a big screen TV, pool table, video games, ping pong/shuffleboard, board games, music, and a snack bar. There is no charge to visit The Underground, however, some activities may require a small materials fee. Participants must sign-in and sign-out on a daily basis.

Jun 17 - Aug 9 Class #24732 12:00pm - 5:00pm	
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TWEENS & TEENS - VOLUNTEERING

VOLUNTEERING

Alameda L.I.T. Program - STEAM

Ages 14-15, Grades 9 - 10

\$25 Application fee

Alameda Leaders In Training Program offers teens the opportunity for hands-on learning experiences to develop basic job skills. Interns will work with Pre-K to Teens (12-14) under the supervision of the Camp Supervisor. The intern's role is to enhance our Summer Camp experience for our campers.

MINIMUM REQUIREMENTS:

- 1. Intern must be ages 14 15 years old
- 2. Must have a 2.5 GPA or higher.
- Must have:
 - A cover letter explaining (1) why you should be chosen for this program and (2) what you hope to learn for this opportunity.
 - Unofficial Transcript
 - Letter of Recommendation(s):
 - 3.0 GPA or higher: Only one recommendation from a personal (ex. parent, sibling, friend) or professional (ex. Teacher, coach, office admin) reference
 - 2.5 2.99 GPA: Two letters of recommendation from professional references.
- 4. If applicable, a resume of any leadership experiences, club/organization memberships (ex. Book clubs, science club, archery club, band club, sorority/fraternity youth auxiliary clubs, etc.), Sports (ex. Basketball, cheerleading, etc.) within the last 2 years. *If you do not have a resume, this will not affect your admittance into the program. Resume building will be a task within the program.
- Intern must be energetic and enthusiastic about working with children, demonstrate
- 6. maturity and professionalism.
- 7. Intern must have reliable transportation.
- 8. Intern should be able to work outdoors as well as able to stand for at least 1 hour.

If you are interested or have questions regarding the Alameda L.I.T. Program, send an email to Stacy Thomas, Recreation Supervisor I at sthomas@alamedaca.gov. Applications will be sent to you after March 1, 2024.

VOLUNTEER REGISTRATION

Parents/Guardians

Your tween/teen is responsible for all correspondence regarding the Summer Teen Volunteer Programs; beginning with the application process and continuing throughout their volunteer service. This program strives to prepare your child for his/her first job. The more responsibility that your tween/teen volunteer has in the successful execution of completing their service, the better prepared they will be to apply for jobs and enter the workplace. Please ask your teen/tween to call, email, organize, and initiate! Your cooperation is greatly appreciated.

Questions? Please direct your teen/tween to contact with Ashley Cendejas, Recreation Assistant: email:

acendejas@alamedaca.gov, phone: 510-747-7575.

Jr. Leaders Volunteer Program - NEW!

Incoming Grades 9 - 12

This exciting NEW program is for incoming 9th -12th graders (we encourage candidates who have previously participated in the ARPD Summer Teen Volunteer program). This program aims to prepare Jr. Leaders to enter the workforce and one day work for ARPD. Jr Leaders will further hone their skills to effectively work with youth while having a fun & meaningful learning experience. They will be assigned to work alongside staff in various ARPD youth programs (Tiny Tots, Day Camp, WOW, STEM, Sports Camp, etc.), based on need. Jr. Leaders will learn how to, and be responsible for leading activities with youth and implementing them during their shifts. In addition to their daily shift, Jr. Leaders will participate in a weekly "staff" meeting with Recreation Supervisor and/or Recreation Manager.

Applicant pool is limited to the first 20 applicants who register online. All applicants are interviewed and 8 Jr. Leaders are selected for the program.

How to be a Jr. Leader! Closely follow these steps:

- 1. Register Online for Class #24821
- Attend the Mandatory Interview on Wednesday, May 29 from 4:00pm - 5:00pm in room 390 at the Veteran's Memorial building, 2203 Central Ave.
 - Note: No email reminder will be sent for the interview be sure to attend!(No make-up interview date will be offered).
- Check Your Email & Make Payment. You will be notified by June
 6th whether or not you have been selected to participate in the
 program. ARPD will send you an invoice for \$240 payment once
 you have been selected.
- Attend the MANDATORY Training on Friday, June 14 from 4:00pm
 5:30pm at the Veteran's Building, 2203 Central Ave, #390.
- Check your Email, again! Your schedule for your first week will be sent on June 24 (approximately 2 weeks) prior to your first day. Show-up on time your first day on Monday, July 8th, in the provided uniform, ready to make a difference!

Cancellation and Withdrawal Fee: A \$20 fee will be assessed to withdrawal your tween/ teen from program session. Cancellations must be requested no later than Monday (7 days) prior to first day of camp. No refunds will be issued for withdrawals made thereafter.

Parents please see Volunteer Registration Box page 32

Class #24824	Jul 8 - Aug 2	M Tu W Th F	8:00am - 5:30pm
\$240.00*		or selected candic	

DO NOT apply for this program if you are unavailable for any program dates between 8:00am & 5:30pm (with the exception of health care needs, i.e. Dr. appointment)

- Jr. Leaders will work a 5 hour shift daily within the hours of 8:00am 5:30pm.
- Shift times and park assignments will be made based on Department need.
- Weekly "staff" meeting will be each Wednesday during the program dates from 4:30pm - 5:30pm at the Vets. Bldg. 2203 Central Ave.



VOLUNTEERING - TEENS& TWEENS



Leadership And Volunteer Alameda Youth Committee (Summer)

Grades 6 - 12

Alameda Youth Committee (AYC) is currently recruiting members for the 2024 Summer. ARPD is seeking responsible and motivated teens to help coordinate activities for teens, assist with community events, take action on community issues and help with fundraising. AYC provides youth with a great opportunity to gain valuable leadership skills, make new friends and have fun! use your creative, experience, initiative and community spirit to make a difference in Alameda. As a group, AYC will create an event for the community to be held at the end of the summer.

New! AYC has brought back Elected Board Members. Participants will now be able to run for leadership office and use their skills to run the committee meetings with their fellow elected peers and members. Members are required to attend all meetings unless they notify the supervisor of their absence. AYC hours count towards school community service requirements. Applications are available at the Underground Teen Center and on our website at alamedaca.gov/recreation Board Member applications are due Monday June 3rd by 5:00pm. Elections will be held on first meeting June 4th.

AYC meetings every Tuesday at the Veterans Memorial Bldg. (2203 Central Ave., Room 390) from 4:00pm - 5:00pm. Members are required to attend meetings regularly. AYC hours count towards school community service requirements. Hours include some weekends for community events. There is a \$25 fee which include a AYC T-shirt and purchases for supplies and materials for end of year event. For more information, please call Ashley Cendejas at acendejas@alamedaca.gov

	_		
Jun 4 - Aug 6	Tυ	Class #24751	\$25 (includes t-shirt)

Operation Green Sweep

Incoming Grade 6 - 12 are welcome to participate!

Help to maintain and beautify our city parks and community centers! Duties include (but are not limited to) park clean-up, light trash removal, weeding, planting etc. Equipment provided. Transportation is provided to and from park sites. Teens will meet Mondays and Fridays, 9:30 am to 12:00 pm in front of the Veteran Building (2203 Central Ave.) by 9:30AM For any questions please contact Ashley Cendejas at acendejas@alamedaca.gov

Class #24755	Jul 1 - Aug 2	Mon & Fri	9:30 am - 12:00 pm	
\$50 - includes	ARPD Staff	Veteran's Memorial Building,		
T-Shirt		2203 Central Avenue		

Summer Teen Volunteer Program

Incoming Grades 7 - 12

Note: This activity requires applicants to fill out an application, attend an interview, register for their session and attend a mandatory training. Spaces are first come, first served and are limited. Application deadline closes on May 1, 2024 at 5:00 pm.

Are you looking to start somewhere for your volunteer hours? Are you ready to develop your leadership & job skills and learn to be helpful and understand the younger youth in the community? The Summer Teen Volunteer Program provides a learning opportunity for teens and tweens to work with K - 5 youth in ARPD WOW Programs and develop their skills while also earning community service hours.

Teen Volunteers are responsible for assisting ARPD Program Leaders facilitate WOW program activities such as sports, games and enrichment activities. Volunteers will help with program set-up, break down, clean-up, preparation and various other duties assigned by ARPD staff.

Volunteer applicants are interviewed to determine program acceptance. Volunteers must attend the mandatory training (details below) and they are responsible for tracking and submitting their own timesheet to earn community service hours.

How to be Teen Volunteer! Closely follow these steps:

1. Fill out an application

- Applications are due Wednesday, May 1 by 5pm.
- Applications are located in ARPD Office, at the Underground Teen Center (Veterans Building), or on our website www.alamedaca.gov/ Departments/Recreation-Parks
- Turn in ARPD office at 2226 Santa Clara Ave
- Attend the mandatory interview for your park site from 4:00pm – 4:45pm in room 390 at the Veteran's Memorial Bldg, 2203 Central Ave. at Walnut:
 - Godfrey Park: Thursday, May 9, 2024
 - Washington Park: Tuesday, May 14, 2024
 - Krusi & Franklin Park: Thursday, May 16, 2024
 - All applicants must participate and pass their interview for program acceptance to receive a registration form. Applicants who do not pass their interview will be promptly notified.
 - Applicants who miss their site interview for any reason must attend one of the other two scheduled interviews. There will be no make-up dates for missed interviews, please do not inquire.
 - Please note, you will not receive an email reminder for your interview.
- Once accepted, Fill out a Registration Form and turn in by May 24, 2024 by 5pm (no registration forms will be accepted after due date.) \$30 per session/ week. Spaces are first come, first served and are limited
 - <u>Choose 1, 2 or 3 sessions</u> (1 week enrollment minimum, 3 week enrollment maximum)
 - M F, no program on 7/4.
 - Choose 1 shift time: 3-hour shifts, AM or PM NOT BOTH!):
 - AM Shift: 9:00am 12:00 pm
 - PM Shift 1:00pm 4:00 pm
 - Volunteers are not permitted to work more than their 3 hour shift.
 Community service is not approved for extra time (45 hours max).
- 4. Attend the MANDATORY Teen Volunteer Program Training on Thursday, May 30 from 4:00pm – 5:30pm in room 250 at the Veteran's Memorial Bldg., 2203 Central Ave. If you miss the training you will be withdrawn from your session(s) and refunded, minus \$20 withdrawal fee, NO EXCEPTIONS

Cancellation and Withdrawal Fee: A \$20 fee will be assessed to withdrawal your tween/ teen from program session. Cancellations must be requested no later than Monday (7 days) prior to first day of camp. No refunds will be issued for withdrawals made thereafter.

Parents please see Volunteer Registration Box page 32

MARTIAL ARTS

Aikido for Teens and Adults

Ages 15+

Aikido is a powerful system of self-defense that blends with the energy of your opponent to render their attacks harmless. Through regular practice, adults may use Aikido as a means to enhance and maintain their health and flexibility. There is a \$45 fee for gi/uniform, payable to Instructor on first day.

Class #24775	Jun 18 - Jul 11	Tu Th	6:00pm - 7:15pm
\$67	Alameda Aikikai	2429 Clement Ave., Alameda, CA	
Class #24776	Jul 16 - Aug 8	Tu Th	6:00pm - 7:15pm
\$67	Alameda Aikikai	2429 Clement Ave., Alameda, CA	

Muso Jikiden Eishin Ryu Iaido

Ages 16+

Classical Japanese sword art that is over 450 years old. Develop awareness, calm mind, mental and physical harmony, and achieve victory without having to unsheathe the sword. Beginners welcome!

victory willioui	naving to unsheathe	ine sword. beg	ginners weicome:		
THURSDAY OR 1 class per weel	SATURDAY c option! Students may	attend Th. or Sa	t.		
Class #24823	Class #24823				
\$109	Mikhail Faiguenblat	Auditorium Room 250 at Veteran's Memorial Building			
No class on Jul 4					
THURSDAY AND SATURDAY 2 class per week option! Students may attend both Th. and Sat.					
Class #24824	Jun 20 - Aug 8	Th AND Sa	6:10pm - 7:40pm		
\$144	Mikhail Faiguenblat	Auditorium Room 250 at Veteran's Memorial Building			



MUSIC

Beginning Guitar

Ages 15+

You hear it, and a great song magically possesses you. One portal to the other side of that experience is the guitar. The goal of this class is making music and musicians, more than guitarists.

Class #24801	Jun 18 - Aug 6	Tu	6:00pm - 7:00pm
\$165	Greg Wishnev	Veteran's - Room 180 at Veteran's Memorial Building	

Taiko Drums - Beginner

Ages 12+

This fun class covers simple rhythms and basic form. It provides light exercise for students of all ages. There is a \$10 materials fee for drum sticks payable at the first session.

Class #24799	Jun 18 - Aug 6	Tu	6:30pm - 7:30pm
\$91	Jeff Davidson	O'Club - Terrace Room at Albert H. DeWitt Officers' Club	

Taiko Drums - Intermediate

Ages 12+

This fun class covers more complex rhythms and skills and includes discussion about staging and showmanship. There is a \$10 materials fee for drum sticks payable at the first session.

Class #24800	Jun 18 - Aug 6	Tu	7:30pm - 8:30pm
\$99	Jeff Davidson	O'Club - Ter at Albert H. I	race Room DeWitt Officers' Club

Tuesday Night Music Club

Ages 15+

Discover practical techniques and strategies on the kaleidoscopic craft of songwriting; receive feedback, meet collaborators, make connections, improve as performer, and find the courage and inspiration to challenge yourself.

Class #24802	Jun 18 - Aug 6	Tu	7:00pm - 8:15pm
\$165	Greg Wishnev	Veteran's - R at Veteran's	oom 180 Memorial Building

DONATE NOW!Support Alameda Parks



DANCE

Ballroom Latin Dancing - Rumba & Samba

Ages 18+

Learn and perfect the foundational steps of International Ballroom Latin dances: rumba & samba! The course will focus on core footwork, technique, and partnerwork. Dance partner is not required.

Class #24886	Jun 19 - Aug 7	w	6:30pm - 7:25pm
\$149	Kate Barnes	Auditorium Room 250 at Veteran's Memorial Building	

Salsa & Bachata Shines

Ages 18+

Learn to dance Salsa and Bachata! Be part of a positive and uplifting dance class while learning the basics of both dances to get you moving on the dance floor in no time. The program focuses on shines (danced individually, not with a partner) and is beginner level, so no experience is necessary.

Class #24887	Jun 19 - Aug 7	w	7:30pm - 8:25pm
\$149	Kate Barnes	Auditorium Room 250 at Veteran's Memorial Building	

SAILING

ACSC: Small Boat Sailing for Beginners

Ages 18+

Learn to sail a small 'dinghy' sailboat in this weekend course. No experience necessary. We provide boats and life vests. You bring clothes that can get wet and your sense of adventure!

Class #24826	Jun 22 - Jun 23	Su Sa	9:30am - 4:00pm
\$299	Alameda Community Sailing	Alameda Community Sailing Center, Encinal Boat Ramp	
Class #24827	Jul 20 - Jul 21	Su Sa	9:30am - 4:00pm
\$299	Alameda Community Sailing	Alameda Community Sailing Center, Encinal Boat Ramp	



SPORTS

Basketball League

\$600 per team of 8

ARPD's Adult Basketball program offers three levels of 5 v 5 play. April 7- Jun 9, no games May 1. Online at www.teamsideline.com/arpd, Mar 1, 2024.

Pickleball Classes

See page 44

Softball League

ARPD's Adult Softball program offers Men's, Women's, and Coed teams. Team applications open online at www.teamsideline.com/arpd Feb 1 2024.

Women's Flag Football

\$75 Individual only

Alameda Women's Flag Football is back! Our Summer 2024 season has Thursday night games under the lights at Estuary Park in Alameda between 630pm and 10pm. The format of this flag football league is 5 v 5 Women's Non-Contact. Please note registration is for individuals. We will distribute players on teams as this is a fun social league. We are open to all women, womxn, trans, non-binary folx over age 18-everyone is welcome! Check www.teamsideline.com/arpd for more information on sign-ups.





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- Prepare for certification
- All materials included
- Student advisors

Categories Include:

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- Business
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- Computer Programming
- Construction and Trades
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- 6 Week Format
- Monthly start sessions
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Categories Include:

- Accounting and Finance
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Visit our website to find a course!

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Making Connections • Staying Active • Living Well

Programs and Services for Adults age 50 and older

1155 Santa Clara Ave, Alameda, CA (510) 747-7500

Website: www.alamedaca.gov/mastick
Suggestion Box, masticksuggestion@alamedaca.gov

Hours

Program Hours: Mon-Fri 9:00am - 3:00pm Facility Hours: 9:00am - 4:00pm (Courtyard ONLY) Mastick Thrift Shop: Tue & Sat: 10:00am - 2:00pm

Staff

Morace McKay, Recreation Manager mmckay@alamedaca.gov, (510) 747-7510

Ed Kallas, Recreation Supervisor I ekallas@alamedaca.gov, (510) 747-7511

Justin Long, Alameda Recreation and Parks Director ilong@alamedaca.gov, (510) 747-7570

MASTICK SENIOR CENTER ADVISORY BOARD (MSCAB)

The MSCAB is the active administrative advisory committee providing advice and counsel on all matters connected with accomplishing the Center's mission.

MSCAB Monthly Meetings

The MSCAB meets on the third Wednesday of the month at 9:30am in Room D. All are welcome! For more info, call (510) 747-7500.

Mastick Thrift Shop

Tue & Sat (Shopping): 10:00am - 2:00pm, Open to the public Donations accepted: Tu, Th & Sa, 9:30am - 1:00pm Proceeds support Mastick Senior Center programs. For details, call (510) 747-7500.

MSCAB Scholarship Program for Low Income Members

The MSCAB provides assistance four times per year to members meeting low-come limits set by HUD to offset the cost of Mastick programs and trips. Scholarships fund 50% of the program cost not to exceed \$50. To apply, visit the Mastick Lobby.

Application must be submitted at time of registration.

MASTICK MEMBERSHIP

Become a Mastick Member

Are you a member or thinking about becoming one? Do you simply need to renew your membership? Membership is FREE, extended to individuals, age 50+, and REQUIRED to participate in our programs.

To receive a registration form, call (510) 747-7500.

New Member Orientation

The New Member Orientation offers a guided tour to introduce you to the Center, an information packet outlining the various programs and services and a coupon for a complimentary lunch!

Join us on Thursdays, Apr 11, May 9, Jun 13, Jul 11 and Aug 8 at 10:30am in the Media Room.

Registration required, call (510) 747-7500.

VOLUNTEERS WANTED!

Volunteers are the backbone of Mastick Senior Center!

Join our team and experience the many benefits of volunteerism including new friendships, ability to assist others, and the opportunity to share skills or learn new ones! Training provided to ensure success in your new endeavor. To complete a volunteer application, visit the Mastick Lobby, or contact Daria, Volunteer Coordinator at dnyberg@alamedaca.gov or call (510) 747-7514.

BIRTHDAY CELEBRATIONS

Celebrate Your Birthday with Us!

Join us on Thursdays,
Apr 25, May 23, Jun 27, Jul 25 & Aug 22
at 12:30pm in Dining Room 2
for sweet treats and happy birthday wishes!



ART & CRAFTS

Chinese Ink Painting

This course teaches Chinese ink freehand flower and bird painting, involving a variety of flower and bird painting methods. It is similar to watercolor painting, but there are many differences, both in terms of painting materials and ideas. Students must bring their own supplies.

Class #24810	Jun 4 - Aug 27	Tu	10:00am - 12:00pm
Free	Mastick Volunteer	Room E at I	Mastick Senior Center

Ceramics: Beginning & Continuing Students

This session recommended for those with no ceramics experience. Some demonstrations, potential projects and classroom support provided. Students are asked to participate in daily clean up and maintenance of tools, materials and the classroom. On both Tuesdays and Thursdays from 12:30 - 2:45 pm, up to 16 registered students may use the facility to work on projects. This is first come, first served. Availability of the lab may vary depending on the availability of volunteer monitors.

Class #24578	Jul 16 - Sep 3	Τυ	10:00am - 12:00pm
\$80	Volunteer Led	Skill Center	at Mastick Senior Center
Class #24579	Jul 18 - Sep 5	Th	10:00am - 12:00pm
\$80	Volunteer Led	Skill Center at Mastick Senior Cer	

Drawing and Painting

Explore techniques in a variety of mediums such as watercolor, acrylic, pastel, graphite and colored pencil. Students work in the medium(s) of their choice. (No oil paints or products that emit strong odors). An understanding of basic art techniques is strongly recommended, but all levels of experience are welcome.

Class #24567	Jul 8 - Aug 26	M	12:30pm - 3:00pm
\$84	Mi'Chelle Fredrick	Skill Cente	r at Mastick Senior Center
Class #24568	8 Jul 12 - Aug 30 F 10:		10:00am - 12:30pm
\$84	Mi'Chelle Fredrick	Skill Center at Mastick Senior Cent	



Frame Weaving

Designed for beginners and experienced loom weavers. Instructor will supply frame loom, shuttle, warping thread, darning needles and scissors for first project. Second project is student's choice and must bring own materials. Instructor hopes to expose participants to the wonderful world of recycle and reuse! Will explore ways to use t-shirts, plastic grocery bags and more items.

Class #24944	Jun 8 - Jun 29	Sa	9:00am - 12:00pm
Free			stick Senior Center
Class #24945			9:00am - 12:00pm
Free	Kathleen Vital	Room B at Mastick Senior Center	

Make Origami Money Leis/Flowers

Designed for beginners and advanced in origami. Bring currency, other materials provided by Instructor.

Class #25048	Aug 3 - Aug 3 Sa 9:00am - 12:00p			
Free	Room B at Mastick Senior Center			
Class #25050	Aug 17 - Aug 17 Sa 9:00am - 1			
Free	Room B at Mastick Senior Center			





Stained Glass & Mosaics: Beginners and Intermediate

Designed for beginners to intermediate skill levels in glass art seeking to refresh, sharpen, and share their knowledge with fellow class members. Must be able to work independently to design, construct, and complete projects.

Class #24736	Jun 3 - Jul 8	M	9:00am - 12:00pm
\$78	Colene Leong	Skill Center at Mastick Senior Cente	
Class #24737	Jun 5 - Jul 17	w	9:00am - 12:00pm
\$78	Colene Leong	Skill Cente	er at Mastick Senior Center
Class #24738	Jun 8 - Jul 13	Sa	9:00am - 12:00pm
\$78	Colene Leong	Skill Center at Mastick Senior Cen	
Class #24797	Jul 22 - Aug 26	M	9:00am - 12:00pm
\$78	Colene Leong	Skill Cente	er at Mastick Senior Center
Class #24798	Jul 24 - Aug 28	w	9:00am - 12:00pm
\$78	Colene Leong	Skill Center at Mastick Senior Cen	
Class #25164	Jul 24 - Aug 28	w	12:30pm - 3:00pm
\$78	Colene Leong	Skill Center at Mastick Senior Center	

ARTS & ENTERTAINMENT

Mastick Movie Club

Enjoy movies and discuss with other members! Zoom connect link will appear on your receipt upon registration or contact ekallas@alamedaca.gov or call (510) 747-7511 to join Mastick's Zoom-Movie Club.

Class #24669	Jul 5 - Aug 2	F	10:00am - 12:00pm
Free		Via Zoom	

Mastick Movie Matinee

Join other Mastick Members on 1st and 3rd Wednesdays of each month to watch a variety of movies which include current blockbusters as well as the classics. Free popcorn will be provided. Check the monthly Mastick newsletter to find out what is showing.

Class #24670	Jun 19 - Aug 21	w	12:30pm - 3:00pm
Free	Dining Room 2 at Mastick Senior Center		

Music Appreciation

Join Bill Sturm, Volunteer, for a piano recital and music discussion on the 4th Thursday of the month.

Class #24673	Jun 27 - Aug 22	Th	1:30pm - 2:30pm
Free	Dining Room 2 at Mastick Senior Center		

The Great American Song Book

Join Glenn Fong, volunteer, for a musical journey on the piano! No registration required, simply join on the 2nd Wednesday of the Month.

Class #24678	Jul 10 - Aug 14	w	1:30pm - 3:00pm	
Free	Dining Room 2 at Mastick Senior Center			



DANCE

Hula 1

If you're new to hula or would like to refresh your skills, this class is for you! Hawaiian dance is an excellent exercise for everyone. As you dance, learn about Hawaiian stories, language and culture. Wear comfortable stretch clothing to allow for ease of movements. Join us for fun and aloha!

Class #24723	Jun 4 - Jun 25	Tu	11:30am - 12:20pm
\$43	Lani Cid-Iulio	Room A at M	astick Senior Center

Hula 2

This class welcomes men and women who have danced hula previously and are familiar with more of the basic hula steps. Along with the dance you'll learn stories and a little bit of Hawaiian language. Ladies and gentlemen should wear comfortable stretch clothing to allow for ease of movements. Fun, aloha and exercise all in one place!

Class #24726	Jun 4 - Jun 25	Tu	12:30pm - 1:20pm
\$43	Lani Cid-Iulio	Room A at M	astick Senior Center

Learn to Line Dance! Level 1

For those who are brand new to line dancing. You will learn basic steps, sequencing and terminology for your foot movements and step - by - step instruction for each dance. Come join us in activating your body and mind with music.

Class #24552	Jun 5 - Jun 12	w	9:30am - 10:30am
\$20	Susie Okada	Social Hall at Mastick Senior Cente	
Class #24553	Jul 3 - Jul 31	w	9:30am - 10:30am
\$46	Susie Okada	Social Hall at Mastick Senior Center	
Class #24554	Aug 7 - Aug 28	w	9:30am - 10:30am
\$38	Susie Okada	Social Hall at Mastick Senior Center	

Line Dancing for Beginners: Level 2

Designed for beginners and returning beginners who have experience with basic steps and want to continue learning more steps and dances.

Class #24549	Jun 3 - Jun 10	м	12:30pm - 2:00pm
\$20	Susie Okada	Social Hall at Mastick Senior Center	
Class #24550	Jul 1 - Jul 29	М	12:30pm - 2:00pm
\$46	Susie Okada	Social Hall at Mastick Senior Center	
Class #24551	Aug 5 - Aug 26	м	12:30pm - 2:00pm
\$38	Susie Okada	Social Hall at Mastick Senior Center	

Line Dancing for High Beginners: Level 3

Designed for line dancers who have mastered the basic steps and movements. New movements and more complex steps will be added. Additional step patterns, syncopation and various rhythms. High Beginner dances will feature varying degree of challenge.

Class #24556	Jun 5 - Jun 12	w	11:00am - 12:30pm
\$20	Susie Okada	Social Hall at Mastick Senior Cente	
Class #24560	Jul 3 - Jul 31	w	11:00am - 12:30pm
\$46	Susie Okada	Social Hall at Mastick Senior Center	
Class #24562	Aug 7 - Aug 28	w	11:00am - 12:30pm
\$38	Susie Okada	Social Hall at Mastick Senior Center	

FITNESS

Alexander Technique: Better way to Sit, Stand & Move

Are you moving to the best of your ability? Join Ms. Lenka Fejt (certified Alexander Technique teacher, B.S. Kinesiology) and learn how to apply the Technique's principles and improve your daily movements.

Class #24717	Jun 25 - Jun 27	Tu W Th	10:00am - 11:30am
\$51	Lenka Fejt	Room D at Mastick Senior Center	

August Walking Club @ Waters Edge Lodge

Go for a walking excursion around the lagoon with AES Therapy & Fitness and take in the beautiful sights. \$5 for entire class run.

Class #24649	Aug 1 - Aug 29	Tu Th	9:30am - 10:30am
\$5	AES Therapy & Fitness	Water's Edge 801 Island D	

BaM: Balance and Mobility

Improve balance, stability, mobility, and posture through core strengthening. Increase whole body strength to improve coordination (neuromuscular facilitation) and to assist in fall and injury prevention and recovery. No class on June 11 & 18.

Class #24245	May 21 - Aug 27	Tu	12:15pm - 1:05pm
\$87	Dan Mark	Social Hall at Mastick Senior Center	

Chair Yoga

This gentle form of yoga is practiced sitting in a chair or standing using the support of a chair. Relax your body and ease stress while building strength and flexibility.

Class #24718	Jul 8 - Aug 12	M	11:00am - 12:00pm
\$63	Tatiana Stollman	Social Hall a	t Mastick Senior Center

Balance, Mobility & Stability

Join fellow seniors in a safe and welcoming environment to feel safe when moving from place to place. Practice gentle movements which will help improve your balance, mobility and stability. After taking this class you? Il be able to sit and stand easier. Taking this class may also decrease your probability of falling and prevent injury. Exercises for strength and flexibility will be featured. Soft ambient music will be played during the session.

Class #24719	Jul 8 - Aug 12	M	12:15pm - 1:05pm
\$63	Tatiana Stollman	Room A at Mastick Senior Center	

Fitness with Kendra

Full body workout that includes stretching, strength and balance training, and low impact cardio with light weights, and a chair. All moves can be modified for all fitness levels, are completed at your own pace, and are set to fun music. Chairs and weights provided.

Class #24740	Jun 6 - Jun 27	Th	11:45am - 12:45pm
\$39	Kendra Meuser	Social Hall at Mastick Senior Center	
Class #24741	Jul 11 - Jul 25	Th	11:45am - 12:45pm
\$30	Kendra Meuser	Social Hall at Mastick Senior Center	
Class #24742	Aug 1 - Aug 29	Th	11:45am - 12:45pm
\$48	Kendra Meuser	Social Hall at Mastick Senior Center	

Get Balanced @ Waters Edge Lodge

Created by a team of physical therapists, this class is proven to prevent falls. Participants are tested before and after to track and celebrate changes. Learn exercises for vision and vestibular systems, strength, flexibility, proprioception, and quick reflexes. Practice "After a Fall Recovery Sequence" and progress from mostly seated to mostly standing.

Class #24645	Jun 3 - Aug 21	MW	11:00am - 12:00pm
\$126	AES Therapy & Fitness	Waters Edge Lodge, 801 Island Driv	
Class #24646	Jun 3 - Aug 21	MW	2:30pm - 3:30pm
\$126	AES Therapy &	Waters Edge Lodge, 801 Island Drive	

Walking Club @ Waters Edge Lodge

Go for a walking excursion around the lagoon with AES Therapy & Fitness and take in the beautiful sights. \$5 for entire class run.

Class #24647	Jun 4 - Jun 27	Tu Th	9:30am - 10:30am
\$5	AES Therapy & Fitness	Water's Edge Lodge, 801 Island Drive	
Class #24648	Jul 2 - Jul 30	Tu Th	9:30am - 10:30am
\$5	AES Therapy &	Water's Edge Lodge, 801 Island Drive	



Mastick Volunteer Walking Group

Meet friends at the Fruitvale BART Station (unless otherwise noted) to explore the greater Bay Area on public transit. Wear walking shoes, dress in layers, bring water and lunch (purchasing lunch optional, depending on destination). Fun and exercise guaranteed! Schedule provided upon registration. Bart fees apply.

Class #24671	Jun 17 - Aug 26	м	9:30am - 12:30pm
Free	Sheila Shener	Fruitvale BART or other designated locations	

Pilates: In Person & via Zoom

Pilates is designed to develop muscle strength, balance, and tone. Controlled breathing and proper body alignment are key. Session includes standing, sitting, and lying down positions, and covers all core areas, legs, glutes and arms. Yoga-type mat, comfortable clothing, water bottle, dumbbells suggested.

Class #24720	Jul 10 - Aug 14	w	9:00am - 10:00am
\$63	Tatiana Stollman	Room A at Mastick Senior Center	

Pole Walking for Veterans

Sierra Club Military Outdoors special program enables us to offer Pole Walking for Exercise and Maintaining Mobility training FREE to veterans and their family members. Learn skills to reduce fall risk and improve your balance, endurance, gait, posture, strength, and spine function. Easy-to-learn techniques help to navigate everyday obstacles. Quality poles provided for your use. More info and registration (required) at www.sierraclub.org/loma-prieta/military-outdoors. All participants must also register with Alameda Recreation and Parks by calling 510-747-7500.

Class #24547	Aug 10	Sa	9:30am - 12:30pm
Free	Jayah Paley	Social Hall at Mastick Senior Cen	

Strength Training and Cardio

Move to music and gain the benefits of resistance training designed to develop bone density, muscle mass, and endurance. Class easily modified for all fitness levels.

Class #24721	Jul 10 - Aug 14	w	10:30am - 11:30am
\$63	Tatiana Stollman	Room A at Mastick Senior Center	
Class #24722	Jul 12 - Aug 16	F 10:45am - 11:45am	
\$63	Tatiana Stollman	Room A at Mastick Senior Center	

50+ ADULTS - FITNESS, FOOD PROGRAMS & HOT TOPICS

Yoga for Bone Health

Yoga to promote bone health, based on research by Dr. Loren Fishman demonstrating that a targeted yoga practice can slow, stop, and even reverse the progress of osteopenia and osteoporosis, and prevent the development of these conditions in those who do not have them. Suitable for all levels of ability and experience with yoga.

Class #24451	Jun 18 - Aug 6	Tu	5:15pm - 6:30pm
\$67	Leah Orloff	Social Hall at Mastick Senior Center	
Class #24453	Jun 19 - Aug 7	W 3:00pm - 4:15pm	
\$67	Leah Orloff	Social Hall at Mastick Senior Center	

Yoga with Dina

Alignment-based yoga targets modified poses focusing on strength, flexibility, and balance. Synchronize your mind and body while having fun. Dress in layers, bring a yoga mat, strap, and blanket for relaxation/warmth.

Class #24563	Jun 4 - Jun 18	Tu	9:00am - 10:15am
\$36	Dina Hondrogen	Social Hall at Mastick Senior Cente	
Class #24565	Jun 6 - Jun 20	Th	10:00am - 11:15am
\$36	Dina Hondrogen	Social Hall at Mastick Senior Center	
Class #24564	Jul 2 - Jul 30	Tu	9:00am - 10:15am
\$58	Dina Hondrogen	Social Hall at Mastick Senior Cente	
Class #24566	Jul 11 - Aug 1	Th	10:00am - 11:15am
\$47	Dina Hondrogen	Social Hall at	Mastick Senior Center

Zumba Gold Toning with Anna

Zumba Gold Toning is a lower-intensity version of Zumba Fitness. It is a low-impact fitness class with simple moves, which makes it perfect for active older adults and low fitness participants. It combines Zumba Gold Fitness with Zumba Toning Sticks or light hand weights to enhance muscle strength, tone and endurance.

Class #24580	Jun 4 - Jun 25	Tu	2:00pm - 3:00pm
\$43	Anna Gardner	Social Hall at Mastick Senior Cente	
Class #24581	Jul 2 - Jul 30	Tu	2:00pm - 3:00pm
\$53	Anna Gardner	Social Hall at Mastick Senior Center	

Zumba Gold with Anna

Zumba Gold is a modified version of regular Zumba dance classes, designed for older active adults, beginners and everyone else who wants to keep active at a lower intensity. It includes a medley of dance styles, icluding merengue, cha-cha, belly dance, rumba, tango and salsa.

Class #24582	Jun 6 - Jun 27	Th	2:00pm - 3:00pm
\$43	Anna Gardner	Social Hall at Mastick Senior Center	
Class #24583	Jul 11 - Jul 25	Th 2:00pm - 3:00pm	
\$33	Anna Gardner	Social Hall at Mastick Senior Center	



FOOD PROGRAMS

Lunch Served: Weekdays

To make a reservation, call (510) 747-7503. Application required.

Monday - Friday at 12:00pm		Dining Room opens at 11:45am		
Reservations required	Eligibility Requirement: Age 60+		\$4 Donation	

Brown Bag Program

For information, call (510) 534-8540.

HOT TOPICS

Billing and Delivery Scams

Join William Smith, retired FBI Agent, to learn about how scammers use fictitious email, text messages and fake shopping websites to deceive people into revealing sensitive information by claiming they owe a debt or did not pay a bill. Also discuss why seniors are targeted and how to identify such phishing emails.

Class #24654	Aug 14	w	1:00pm - 3:00pm
Free	Bill Smith	Room E at Mastick Senior Center	

Book Club

Contact ekallas@alamedaca.gov or call (510) 747-7511 to join Mastick's Zoom-Book Club. Members will receive the Zoom meeting I.D. and passcode information 24 hours before the class begins.

Class #24658	Jul 2 - Aug 6	Tυ	12:15pm - 3:15pm
Free	Volunteer Led	Via Zoom	

Caretaker Fraud: Family and Non Family

Join William Smith, retired FBI Agent, to learn about the scope and types of caretaker fraud, factors leading to it, how it is rationalized by the offender, ways to prevent it and what to do if detected.

Class #24650	Jun 12	w	11:00am - 1:00pm
Free	Bill Smith	Room D at Mastick Senior Center	

Create a Secure Future:Advance Health Care Directives

Join a LAS Representative to learn about Advanced Health Care Directives and how to complete them. Information about appointing an agent, end-of-life decsion-making and POLST forms. Referrals for other planning tools, such as wills and Durable Powers of Attorney for Finance.

Class #24329	Aug 13	Tu	10:00am - 11:00am
Free	HICAP	Room D at Mastick Senior Center	

Keeping Elders Safe: Elder Abuse and Legal Remedies

Explains what elder abuse is and the laws that address it. Identifies signs of financial, emotional, physical abuse and neglect. Reviews legal remedies available to abused elders, including restraining orders. Covers practical tips to help prevent abuse. Provides information about agencies that can help.

Class #24327	Jun 11	Tu	10:00am - 11:00am
Free	HICAP	Room D at Mastick Senior Center	

On Line Dating Fraud

Join William Smith, retired FBI Agent, to learn the scope of the problem, why scammers target seniors, types of scams, the techniques used, what to be aware of, how to avoid these scams, and things to consider before meeting or sending money.

Class #24653	Jul 31	w	11:00am - 1:00pm
Free	Bill Smith	Room E at Mo	astick Senior Center

Shakespeare Discussion Group

Members will receive the Zoom meeting I.D. and passcode information 24 hours before the class begins.

Class #24675	Jun 21 - Aug 30	F	1:00pm - 3:00pm
Free	Kester	Via Zoom	

Social Security Fraud

Join William Smith, retired FBI Agent, to learn the scope of the problem, why seniors are targeted, types of social security email and phone scams, and how they are committed.

Class #24651	Jun 26	w	11:00am - 1:00pm
Free	Bill Smith	Room D at N	Nastick Senior Center

Texting Scams

Join William Smith, retired FBI Agent, to learn about the use of the telephone text messages to get people to respond to, and thereafter provide the information needed to access their bank and credit card accounts, or to instal malware on the phone.

Class #24652	Jul 17	w	1:00pm - 3:00pm
Free	Bill Smith	Room D at M	lastick Senior Center

The ABC's of LTC: An Overview of Long Term Care Insurance

Describes what long term care is and what Medicare and Medi-Cal cover. Explains the different ways of getting of long term care and options for financing it. Focuses on the features as well as the pros and cons of long term care insurance. Offers guidelines for purchasing long term care insurance. Explains how policies covering home and community-based care, stand alone or comprehensive, can help someone to remain safely at home.

Class #24328	Jul 9	Tu	10:00am - 11:00am
Free	HICAP	Room D at Mastick Senior Center	

The Last Gift Box

The class is based on the book, The Last Gift Box, A Present to those who Follow Me and offers practical ways to organize the "business" aspects of your life and share with your family and friends your decisions on how you wish to die and be remembered. Using factual information and humor, Tina takes this challenging but essential subject and makes it easy to talk about and act upon. You can fufill your resolution THIS YEAR!. Please consider making a \$5 donation to Mastick in class.

Class #24570	Jun 20	Th	10:00am - 11:30am
Free	Tina Cole-Kreitz	Room E at M	astick Senior Center

What To Do With Our Treasures?

Who Gets Our Stuff? Who gets Grandma's china? What to do with the dog? And the photos? Are we fair? How do we tell them? Your home full of items asks for your attention. You make decsions now concerning your treasures future, have the discussions with your family and friends about your decisions for who gets what. Often a terrifying task, but Tina gives you guidance and concrete ideas with humor and caring. You will leave the class with homework and support to complete your tasks sort, separate, decide. It is the best gift you can give your family and friends. Please consider making a \$5 donation to Mastick in class.

Class #24571	Jun 12	w	10:00am - 11:30am
Free	Tina Cole-Kreitz	Room E at	t Mastick Senior Center



KAYAKING

Seniors Sea Plane Lagoon Kayak Tour

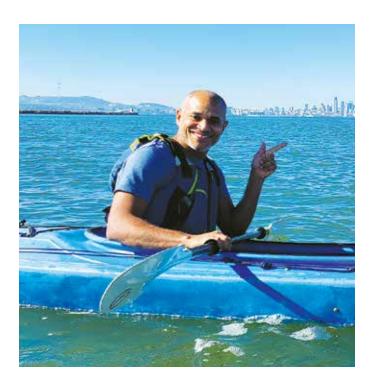
Join us at The Encinal Boat Ramp for a special kayak tour around the Sea Plane Lagoon. These tours are designed for "Boomers", run at a pace that is just right for you using very stable double sea kayaks. you will see a variety of marine life, Navy vessels, scenic Bay views and more!

Class #24572	Jun 7	F	10:00am - 12:30pm
\$58	Joe Stack	Launch from Encinal Boat Ramp 190 Central Ave.	
Class #24573	Jul 12	F	10:00am - 12:30pm
\$58	Joe Stack	Launch from Encinal Boat Ramp 190 Central Ave.	
Class #24574	Aug 2	F	10:00am - 12:30pm
\$58	Joe Stack	Launch from Encinal Boat Ramp 190 Central Ave.	

Sunset Kayak Tour for Seniors

Join us at The Grand Street Marina for a special kayak tour around the Oakland Channel paddling toward Jack London Square under a setting sun. This tour is designed for "Boomers", and run at a pace that is just right for you using very stable double sea kayaks. You will see a variety of marine life, Coast Guard vessels, scenic Bay view and more!

Class #24575	Aug 30	F	6:00pm - 8:30pm
\$53	Joe Stack	Launch from Grand Street Marina	



LANGUAGE

Language Clubs

Volunteer Led Language Clubs for French, German, Italian and Spanish meet at Mastick Senior Center.

Call (510) 747-7500 for information.

Spanish Beginning

A second language is always an asset and Spanish is one of the best. Full class participation in reading, writing, listening, vocabulary and grammar while learning Spanish.

Class #24576	Jun 3 - Jul 22	M	9:00am - 10:00am
\$53	Juanita Palkovic	Room D at Mastick Senior Center	

Spanish Conversation

Learn reading, writing, listening, grammar and listening while enjoying Spanish as a second language.

Class #24577	Jun 3 - Jul 22	м	10:30am - 11:45am
\$53	Juanita Palkovic	Room D at Mastick Senior Center	

SPORTS

Billiards

Free

Class #24655	Jun 18 - Nov 15	M Tu W Th F	9:00am - 3:00pm
Free		Billiards Room	

Bocce Ball

Free Ongoing. Volunteers will guide new players through the rules.

Class #24657	Jun 20 - Aug 29	Th	1:30pm - 3:00pm
Free	Volunteer Led	Bocceball Co	ourt at Mastick Senior Center

Pickleball: Learn to Play

This class is designed for beginners and for first time players! You will learn basic shots like the dink, volley, serve and return of serve. Court positioning and basic strategy will be discussed. Start your lifelong enjoyment of this fastest growing sport! Taught by Marcia Neishi who is both a skilled tournament player as well as a certified instructor through the International Pickleball Teaching Professional Association.

Class #24794	Jul 11 - Aug 1	Th	11:00am - 12:30pm
\$116	Marcia Neishi	Pickleball Courts at Leydecker Par	

Pickleball: Beginner/Intermeditate Learn via Game Play Analysis

This class is designed for Beginning and Intermediate players! Develop your game by playing with others who have similar skill-sets as yours and receive feedback/coaching/analysis about your game from the instructor. Note: If 8 or fewer players register, the duration of the class will be changed to one hour (60 minutes). Taught by Marcia Neishi who is both a skilled tournament player as well as a certified instructor through the International Pickleball Teaching Professional Association

Class #24790	Jun 3 - Jun 24	M	11:30am - 1:00pm
\$116	Marcia Neishi	Pickleball Courts at Leydecker Po	

Pickleball: Intermediate Drills

Improve your game and sharpen your skills! Enjoy drills designed to benefit the intermediate level player. Designed and run by Marcia Neishi, skilled tournament player and certified instructor through the International Pickleball Teaching Professional Association.

Class #24792	Jun 6 - Jun 27	Th	1:00pm - 2:00pm
\$88	Marcia Neishi	Pickleball Courts at Leydecker Park	
Class #24795	Jul 11 - Aug 1	Th 1:00pm - 2:00pm	
\$88	Marcia Neishi	Pickleball Courts at Leydecker Park	

Pickleball: Advanced Drills

Improve your game and sharpen your skills! Enjoy drills designed to benefit the advanced level player. Designed and run by Marcia Neishi, skilled tournament player and certified instructor through the International Pickleball Teaching Professional Association.

Class #24793	Jun 6 - Jun 27	Th	2:00pm - 3:00pm
\$88	Marcia Neishi	Pickleball Courts at Leydecker Park	
Class #24796	Jul 11 - Aug 1	Th	2:00pm - 3:00pm
\$88	Marcia Neishi	Pickleball Courts at Leydecker Park	

Pickleball: Beyond the Basics

Improve your game and sharpen your skills! Enjoy drills designed to benefit the advanced beginner/intermediate player. Learn more effective dinking, volleying and 'the 3rd shot'. Designed and run by Marcia Neishi, skilled tournament player and certified instructor through the International Pickleball Teaching Professional Association

Class #24791	Jun 6 - Jun 27	Th	11:00am - 12:30pm
\$116	Marcia Neishi	Pickleball Co	ourts at Leydecker Park

Table Tennis

Must be a Mastick Senior Center Member prior to participating. Join us for a friendly game of table tennis and improve your hand-eye coordination, reflexes, balance, brainfitness, while gaining muscle and cardio endurance. This game is easy on the joints, burns calories, and guarantees giggles with friends.

Class #24677	Jun 21 - Aug 30	M F	9:00am - 3:00pm
Free	Dining Room 2 at Mastick Senior Center		Center

SERVICES

Services To Support Everyday Living

For assistance with Case Management, Health Insurance Counseling, call (510) 747-7505.

Abuse & Legal Assistance

- For legal assistance, contact Legal Assistance for Seniors (LAS) at (510) 832-3040.
- If you need protection from abuse, call the 24 Hour Elder Abuse Hotline 1-866-225-5277.

Alzheimer's Caregiver Support Group

The Alzheimer's Caregiver Support Group meets virtually (via Zoom) from 10:00am to 11:30am on the second and fourth Thursdays of the month. This group is for individuals caring for a loved one with Alzheimer's Disease or dementia. To register, please call 1-800-272-3900 or email Heather Gray at hgray 1@alz.org.

Computer Lab

Several computers, which are connected to the internet, are available for use by Mastick Members on Monday – Friday between 9:00am and 3:00pm in Room C. Occasionally, availability may be limited by scheduled classes.

Diabetes Support Group

If you or someone you love has diabetes, consider joining the Diabetes Support Group provided by the Alameda County Public Health Department Diabetes Program. For more information, contact (510) 383-5185. Meetings are held on the fourth Wednesday of the month, 10:00am to 12:00. Advance registration required. To register, please call (510) 747-7500.

Health Insurance/Medical Bills

For health insurance counseling or assistance with Medicare or medical bills, contact the Health Insurance Counseling & Advocacy Program (HICAP) at (510) 839-0393.

Lending Library

A variety of books are available to borrow. Honor system: Simply borrow the book(s) you want to read and return to container located outside of the Media Room when finished.

Senior Connections

- Case Management Services

Senior Connections is a collaboration between Mastick Senior Center and Alameda Family Services to provide case management assistance for Alameda seniors needing help with health insurance, housing needs, in-home support services, food resources and so much MORE! The Case Manager is available on Tuesdays, Wednesdays, and Thursdays by appointment. To schedule an appointment, call (510) 747-7505. This program is funded in part by the Mastick Senior Center Advisory Board (MSCAB).

50+ ADULTS & REGISTRATION

TRANSPORTATION

Transportation Assistance

On Tuesdays, Wednesdays and Thursdays, from 9:00am to 2:00pm, Katherine "Kat" Kaldis, Paratransit Coordinator, is available by appointment to assist you with your paratransit and transportation needs. To schedule an appointment, call (510) 747-7513 or email kkaldis@alamedaca.gov



WELLNESS

Qigong: Beginner

Qigong is an ancient discipline that includes visualization, mindfulness, and focused breathing. It is practiced to balance emotions, improve health, and enhance the mind, body, and spirit. Class easily modified for all fitness levels.

Class #23939	Apr 9 - May 14	Tu	10:00am - 11:00am
\$59	Robert Dorsett	Room A at Mastick Senior Center	
Class #24970	Jun 4 - Jul 9	Τυ	10:00am - 11:00am
\$64	Robert Dorsett	Room A at Mastick Senior Center	
Class #24972	Jul 16 - Aug 20	Tυ	10:00am - 11:00am
\$64	Robert Dorsett	Room A at Mastick Senior Center	

Qigong: Advanced

Designed for more seasoned Qigong students or those who have taken Qigong at Mastick or somewhere else, previously. We will review and practice everything learned in Robert's Tuesday - class, refine those exercises and add more as time permits. Students may join at any time... register in person or over the phone to receive a prorated price.

Class #24969	Apr 11 - May 16	Th	10:00am - 11:00am
\$59	Robert Dorsett	Room A at Mastick Senior Center	
Class #24971	Jun 6 - Jul 11	Th	10:00am - 11:00am
\$64	Robert Dorsett	Room A at Mastick Senior Center	
Class #24973	Jul 18 - Aug 22	Th	10:00am - 11:00am
\$64	Robert Dorsett	Room A at Mastick Senior Center	

HOW TO REGISTER

Register Online:

- www.alamedaca.gov/recreation
- Enter your email address to sign in.
- If you do not have an account, just follow the instructions on the screen to create one. Be sure to add your family members as well.
- If you have forgotten your password, enter your email address and click on the "Forgot My Password" link to reset your password.
- Contact ARPD Staff during regular business hours if you lock yourself out of your online account.

By Email:

• arpd@alamedaca.gov

By Mail or In Person:

- Alameda Recreation and Park Department (ARPD)
 2226 Santa Clara Ave, Alameda, CA 94501
- Mastick Senior Center
 1155 Santa Clara Ave, Alameda, CA 94501

By Phone:

ARPD: (510) 747-7529Mastick: (510) 747-7500

- Full payment is due at the time of registration. Checks payable to ARPD. American Express, Discover, MasterCard or VISA accepted. No refunds, credits or make-ups for any class you miss.
- Withdrawals may be requested by e-mail or phone with a \$20 processing fee (or otherwise stated). The remainder of the fee may either be refunded or left as a credit on your online account to be used in the future.
- PARENTS/GUARDIANS there is a late fee of \$1 per minute per child for every minute you are late picking up your child/children from programs/classes – payable that day.

FINANCIAL ASSISTANCE

ARPD is providing Financial Assistance for families who qualify.

Up to 75% in assistance is available for Youth Programs, Camps and Classes.

To learn more, or to apply, please visit our website:

www.alamedaca.gov/recreation. Printed copies of our
Financial Assistance Program Procedures and Application are
available at the ARPD office during regular business hours.

FACILITIES & PARKS



Shoreline Park

Tillman Park

510-521-8307

Towata Park

510-748-9466

198 Packet Landing Road

220 Aughinbaugh Way

3315 Bridgeview Isle

2203 Central Avenue

Underground Teen Center

Veteran's Memorial Building, Rm 170

Veteran's Memorial Building

510-521-1551

Grand Street Boat Ramp North End of Grand Street

Harrington Field

3400 Oleander Avenue Jean Sweeney Open Space Park

1925 Sherman Street

Krusi Park

3001 Otis Drive 510-522-4341

Levdecker Park

3221 Mecartney Road 510-521-1266

1011 Pacific Marina

Mastick Senior Center

1155 Santa Clara Avenue

510-747-7500

McKinley Park

2165 Buena Vista Avenue

510-522-6161

Neptune Park 2000 Webster Street

O'Club

641 West Redline Avenue **Portola Triangle Park**

800 Portola Avenue

Washington Dog Park

Next to Washington Park

Tennis Courts

Washington Park

1228 8th Street

510-521-0162

Whale Park

151 Coronado Avenue

Woodstock Park

355 Cypress Street 510-521-0656



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RESIDENTIAL **CUSTOMER**

2024 STARLIGHT MOVIES IN THE PARK



FREEIN

FRIDAY, MAY 3RD

ENCANTO—Rated PG

Shown with Spanish subtitles ALAMEDA POINT MULTI-PURPOSE FIELD



THE SUPER MARIO BROS MOVIE—Rated PG

ALAMEDA POINT MULTI-PURPOSE FIELD

FRIDAY, JULY 26TH

TROLLS BAND TOGETHER—Rated PG

ALAMEDA POINT MULTI-PURPOSE FIELD

FRIDAY, AUGUST 23RD

KUNG FU PANDA 4—Rated PG-13

ALAMEDA POINT MULTI-PURPOSE FIELD

FRIDAY, SEPTEMBER 20TH

BARBIE—Rated PG

LEYDECKER FIELD. BAY FARM ISLAND







Barb

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ARPD PROGRAMS FOLLOW ALL STATE AND COUNTY HEALTH PROTOCOLS

DIVE IN MOVIE:



DISNEY'S LILO &

Rated PG-CLASS #26639

FRIDAY, JULY 19, 2024

PLEASE NOTE NEW MOVIE DATE!

Cost: \$15 Per Person

Encinal Swim Center

230 Central Ave, Alameda Doors Open at 6:30 pm



PRE-REGISTRATION & PAYMENT REQUIRED for each person attending the LILO & STITCH Dive In Movie. Register Online at www.alamedaca.gov/recreation