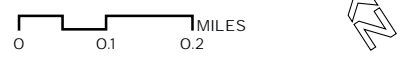




# LINCOLN MIDDLE SCHOOL

## SUGGESTED ROUTES FOR WALKING & BIKING TO SCHOOL

- Suggested Route to School
- O -Street Shared-Use Path
- On-Street Bicycle Lane
- On-Street Bicycle Route
- Crossing Guard
- Traffic Signal
- All Way Stop
- Crosswalk



**HOW TO USE THIS MAP**

This suggested route to school map is intended to encourage adults and students to consider walking or bicycling to school. Adults are responsible for choosing the most appropriate option based on their knowledge of different routes and the skill level of their student.

# Let's Get to School Safely!



## Walk, Skate & Scoot Safely



**BE ALERT** Stop, look, and listen for cars (including from behind!) before crossing. Look left, right, left.



**BE SMART** Cross at street corners where drivers can see you.



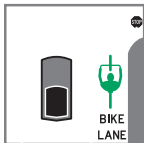
**BE VISIBLE** Make eye contact with drivers before crossing the street.

**BE SAFE** Wear your helmet and safety gear while skating or using a scooter.

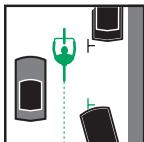
## Bike Safely



**BE SAFE** Protect your brain; it's the law. Fit your helmet snug and level on your head just above your eyebrows.



**BE PREDICTABLE** Follow all signs, signals, and rules of the road, just like a driver.



**BE ALERT** Look for drivers turning or exiting a driveway. Stop for people in crosswalks. Ride a safe distance from opening car doors.

**BE CAUTIOUS** Go slowly when riding on sidewalks and stop at all intersections. Consider walking your bike through crosswalks.

## Drive Safely

**SLOW DOWN** in school zones. The safe speed may be less than 25 miles per hour.

**BE AN EXAMPLE** Follow instructions from safety patrol/crossing guards.

**LOOK FOR CHILDREN** walking, crossing, and bicycling on the street from all directions.

**STOP FOR PEOPLE** crossing in crosswalks, intersections, and in the middle of the street.

**GO WITH THE FLOW** Follow school dropoff and pick-up rules. Pull all the way to the curb rather than letting kids out in the street.

**FOLLOW THE RULES OF THE ROAD** Avoid mid-block u-turns, turning against "No Right on Red" signs, and dropping off along red curb zones.

**RESPECT YOUR NEIGHBORHOOD** Park in legal spaces and avoid double parking or blocking driveways. Consider carpooling, walking, or biking to school.

**AVOID** texting, phone calls, and other distractions while driving, biking, or walking.

## Get Involved

**PLAN** your travel route to school

**CREATE OR JOIN** a "walking school bus" or "bike train"

**LEARN MORE** about how to implement SR2S at your school by visiting [www.alamedacountySR2S.org](http://www.alamedacountySR2S.org) or emailing [staff@alamedacountysr2s.org](mailto:staff@alamedacountysr2s.org)

## Suggested Routes to Lincoln Middle School



### About Safe Routes to Schools

"Healthy Kids, Safer Streets, Strong Communities" is the mission of Alameda County's Safe Routes to Schools program (SR2S). We organize and support fun, educational activities that encourage families to walk, bike, carpool, and take transit to school.