

Community Emergency Response Team 2019 Training Schedule



CERT – Course 1- 2019 6-class series	CERT – Course 2- 2019 6-class series
Feb 26 Tue 6pm – 9pm PP Mar 5 Tue 6pm – 9pm DM1 Mar 14 Thu 6pm – 9pm DM2 Mar 19 Tue 6pm – 9pm FH Mar 20 Wed 6pm – 9pm HT Mar 23 Sat 9am – 4:30 SAR	Apr 20 Sat 9am- 12pm PP Apr 27 Sat 9am- 12pm DM1 Apr 27 Sat 1pm- 4pm DM2 May 4 Sat 9am- 12pm FH May 4 Sat 1pm- 4pm HT May 11 Sat 9am - 4:30 SAR
CERT – Course 3- 2019 6-class series	CERT – Course 4- 2019 6-class series
Sep 4 Wed 6pm - 9pm PP Sep 9 Mon 6pm - 9pm FH Sep 10 Tue 9pm - 9pm HT Sep 17 Tue 6pm - 9pm DM1 Sep 18 Wed 6pm - 9pm DM2 Sep 21 Sat 9am - 4:30 SAR Saturday morning classes are 9 am12 pm. Saturday afternoon classes are 1 pm 4 pm. CERT is a 6-class series; in order to receive a certificate of completion you must attend all six classes. ALL CLASSES ARE FREE and presented at: City Hall West 950 West Mall Square, Rm. 201, Alameda, CA 94501 (Between Saratoga Street & Lexington Street in Alameda Point)	
Please choose course date(s) above, PRINT your registration information below, and mail this entire form to:	
City of Alameda Fire Department Disaster Preparedness Office 1300 Park Street Alameda, CA 94501 (510) 337-2129	
Name:	Day Phone
Address:	City/Zip
Email address:	

Community Emergency Response Team (CERT) Training

(PP) Personal Preparedness and Hazard Mitigation

This introductory class provides an overview of the entire series and information on how to prepare your home and your family. We will cover four important steps to take before the next earthquake.

(DM1 & DM2) Disaster Medical 1 & 2 (two classes)

Learn basic triage - the sorting and prioritizing of the sick and injured. Learn how to give initial care, use basic 1^{st} aid techniques, and how to prepare for the extended care of a disaster victim. Learn the elements of critical incident stress.

(FH) Fire Suppression/Hazardous Materials (HAZMAT) Awareness

This class will provide students with basic fire theory, the elements of fire, and extinguishment methods for various fuel types. The course includes discussion of how and when to use a fire extinguisher and how to protect other homes from impinging fire with fire hoses. Also, this class will provide a basic understanding of hazardous materials.

(HT) Hazardous Materials (HAZMAT) Mitigation/Terrorism Response

This class will provide a basic understanding of how to recognize a potential HAZMAT situation, how HAZMAT and Terrorism incidents differ, and what to do to protect yourself and others from both types of emergency situations.

(SAR) Disaster Search Techniques, Basic ICS & Completion Exercise

Students will learn to recognize structural damage, how to make a systematic search for people who are unable to self evacuate and techniques to move heavy objects that impede rescue. An introduction to basic Incident Command System (ICS) will also be taught. The completion exercise includes search and rescue, extinguisher use, size-up, and triage.

Classes are open to anyone 18 years or older who lives or works in Alameda and children ages 14 - 17 accompanied by an adult. Please register for classes by returning the registration form to:

Alameda Fire Department
Disaster Preparedness Office
1300 Park Street
Alameda, CA 94501

For further information please call the CERT hotline at (510) 337-2129 or visit us online at www.alamedaCERT.org